

TORONTO HIGH SCHOOL



"Ship to Shore"

September 2019



Upcoming Dates

18 September
Parent/Teacher
Interviews

Terry Kachel Shield U16
7's RL

20 September
Y10 Luna Park Exc

24 September
P&C Meeting

26 September
Y12 Graduation Evening

17 October
Court Visit

12 November
Y12 Sign Out day

13 November
Y12 Formal

27 November
Y7 2020 Information
Evening

3 December
Y7 2020 Orientation Day

Field Ave Toronto 2283
Ph: 0249 591788
Fax: 0249 504459

Email [toronto-
h.school@det.nsw.edu.au](mailto:toronto-h.school@det.nsw.edu.au)

Website:
[www.toronto-
h.schools.nsw.gov.au](http://www.toronto-h.schools.nsw.gov.au)

Facebook
Toronto High School
Official Site



NEXT P&C MEETING
Tuesday 24 September 2019
commencing at 6.00pm
in the School Library
All Welcome!

Principal's Report

Mark McConville



Technology and the Impact on Young People, Families and Education

"I'm writing to the school community to highlight the increasing concerns I have regarding technology and the impact it is having on young people, families and education, and to provide parents with strategies to support their children in developing healthy technology usage. These concerns come from my daily experiences working with over 1000 students and their families. These observations won't necessarily apply to all students and families, but as there has been an increase in technological interference with students' wellbeing and education, it is an important message for everyone. These issues are not limited to Toronto High School, they are societal issues that occur relentlessly everywhere, every day...."

This is an extract from the beginning of a letter that will be mailed to all families, placed on the THS Facebook page and is attached to this newsletter. I encourage you to take the time to read the full letter and discuss further with your family, children and friends.

Educational Support Dog



Owen (the Educational Support Dog) has commenced at Toronto High School. Owen has been especially trained (costing over \$30,000 – but provided free to THS) to support students at the school. Currently Owen will be focussed on providing support to students in our Special Education classes. Staff have been especially trained in managing Owen. Mrs Little is Owen's chief handler along with Mrs Leather and Mrs Hodges. If you have any concerns regarding Owen (e.g. your child has a phobia or allergy), please contact the school and ask to speak to Mrs Little.

A Clontarf Academy has been established at Toronto High School. This is an exciting opportunity for the school and our Aboriginal boys. The Director of the Toronto High School Clontarf Academy is Chris Bell. Chris is being supported by Matt Kiddle as the staff member. There was a meeting for the families whose students will be offered a place in the program. A little bit of information about Clontarf (taken from their website):

“The Clontarf Foundation uses a unique, innovative and highly successful approach to support young Aboriginal and Torres Strait Islander men.

Using the existing passion that these boys have for sport allows Clontarf to initially attract them to school, and then keep them coming. It is however, not a sporting programme – it’s about developing the values, skills and abilities that will assist the boys to transition into meaningful employment and achieve better life outcomes.

The Foundation partners with schools and communities to create ‘Clontarf academies’ which are embedded within the school grounds and education programme.

Full-time, locally based Clontarf staff mentor and counsel students on a range of behavioural and lifestyle issues while the school caters for their education needs. Any Aboriginal and Torres Strait Islander male enrolled at the school/s is eligible to participate in the Clontarf academy.

Through the use of supportive relationships and environment, the students develop improved self-esteem and confidence which enables them to participate in education, employment and society in a positive way.

Academy activities are planned within the focus areas of education, leadership, employment, well-being, life skills and sport. In order to remain in the programme, participants must continue to work at school and embrace the objectives of the Foundation.

The Foundation’s approach has been very successful, not only in attracting young men to school and retaining them but also in having them embrace more disciplined, purposeful and healthy lifestyles.”



Chris Bell
Clontarf
Director



The Clontarf
building has arrived

NAPLAN Online / NAPLAN Results

Toronto High School has declined the opportunity to engage with NAPLAN online for 2020. We may be forced to participate in NAPLAN online in 2021. I will keep the school community informed of any future developments.

Once again we completed the paper version of NAPLAN this year. At the time of writing this report the results haven't been released. I will share those results once they have been published.

Half Yearly Student Reports

Student Reports were issued at the end of Term 2. If you haven't seen/received your child's report you can:

- check their bag.....!
- Access your child's report via SENTRAL Parent Portal
- Contact the school office to organise another copy.

STARSTRUCK!

I had the pleasure of attending STARSTRUCK 2019, and what a fantastic show!

Starstruck is a wonderful experience for students, as they perform in front of thousands of people and make new friends with students from our school and other schools. Once again, we were one of the most highly showcased schools!

I would like to acknowledge Ms Milwright, Mrs Fotheringham, Mr Battle and Mrs Morgan for their efforts above and beyond to provide this opportunity to our students.

These are the events that students will remember of their school days.

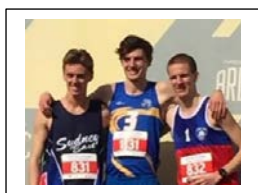


Great Achievements!

There are so many great things that our students are doing, both in school and out of school. If your child has achieved something notable outside of school – please feel free to inform us – it is always great to know what our students are up to!! Here are just a few of our students' achievements that we are currently aware of:

An exciting opportunity for Nicholas White in Year 11 who attended the Australian Youth Aerospace Forum (AYAF) held at the University of Queensland in the July school holidays. From over a thousand applicants Australia wide, Nicholas was one of only 30 males selected to attend the five-day live-in conference which provides students in Years 11 and 12 the opportunity to investigate careers and pathways in the fields of aviation, space and aerospace industries. A full program of University tours, guest speakers, local industry tours and team projects were presented over the 5 days. A great experience and highly recommended!





On July 26th Luke Young Y12 represented The Hunter region at the NSW AllSchools Cross Country at Eastern Creek. Luke ran the 17+ Male 8km race flew home to place first in All Schools and CHS.

This is the fifth consecutive time that Luke has won his age race at this event.

On the weekend of 24/5 August Luke competed in The Australian Cross Country Championship in Wollongong in the U20 race (18 and 19 year olds) and ran 8km. Luke finished in 10th place out of 83 contestants. Luke was the first place New South Wales male and bought the New South Wales team home to get the bronze medal in the team event.



On Monday 26th August Luke then ran the school cross country relay (5 x 2000m). The New South Wales team won and received the gold medal.

Luke had a great time competing and even managed to catch up with Steve Moneghetti. Luke only has two more competitions left to represent Toronto High School in, that being NSW CHS Athletics and NSW All Schools Athletics. He has thoroughly enjoyed his time competing whilst at school.



Big effort from Nicholas White in Year 11 on 8th September Nicholas competed in the Gloucester Mountain Man Tri Challenge – a race involving a challenging 24 km mountain bike ride, an 11 km paddle and a 10 km run back into Gloucester.

Nicholas placed first in the Under 18 section, and 23rd overall from 186 participants, many of which were team entries. Congratulations Nicholas!

Year 7 2020

Expressions of Interest have been taken for Year 7 2020. It is great to report for 2020 we have just about all the students in our partner primary schools coming to Toronto High School next year. In fact, we have a large number of students from out of our zone who also wish to attend Toronto High. There has been a waiting list established as we have been unable to accommodate all students wishing to attend Toronto High School in Year 7 2020.

There is a new NSW Department of Education Enrolment Policy that has commenced in Term 3 2019. This has placed an external cap on the number of students that can be enrolled at Toronto High School. This will have an impact on students seeking enrolment from outside our zone from now on. The new Toronto High School Enrolment Procedures will be published shortly on our website. The NSW Department of Education Enrolment Policy has been published on the NSW Department of Education Internet.

Subject Selection Evening

A subject selection evening was held recently for Year 9 2020 and Year 11 2020. This was an important night for students and parents to receive information about their subject selections for next year.

Considerable time and effort is placed into supporting Year 11 2020 subject selections, as correct placement can make a significant difference in HSC results. The current Year 10 students have spent several mornings in presentations from Head Teachers about the faculty subjects, had a subject selection information evening, have received individual support to check their subject patterns and appropriate choices.

If any parent or student has any concerns or questions regarding subject selections for next year, please contact Mr Pesle (DP).

Toronto Learning Community Education Week Awards Ceremony

Congratulations to the students who were acknowledged at the Annual Toronto Learning Community Education Week Ceremony. This ceremony involves Toronto High School and all of our partner primary schools (Arcadia Vale, Awaba, Biraban, Blackalls Park, Coal Point, Rathmines and Toronto Primary Schools).

The students from Toronto High School were recognised for their academic achievement or their sustained efforts over the course of Semester 1.



Prefect Induction 2019/20

Currently our potential Prefects for 2019/20 are commencing the initial stages of prefect selection. Those that are selected as prefects will then be inducted at a special assembly that will take place later this term. We have so many wonderful students at the school, I wish that I could have more than our 'prefect quota' on the leadership team. Good luck to those nominating!

Staffing Update

Russell Moore (HT Secondary Studies) was successful in gaining a temporary position for the next 12/18 months at Norfolk Island Central School as the Head Teacher Mentor. Russell will be supporting staff and executive to improve their teaching and leadership practices.

Steven Richards has been successful in securing the Relieving Road Safety Consultant position in the Hunter Region. Steve will be working in that position until the end of the year and then he will be returning to his teaching duties at Toronto High School.

It is great to see Toronto High School staff making a difference beyond their own school. Well done to Steve and Russ!

Student Assistance

Parents experiencing financial difficulty in meeting school expenses including subject specific fees and uniforms are invited to confidentially contact the school to discuss the process. A limited amount of funds is supplied by the Government for needy families to assist with educational expenses. I encourage parents to seek this assistance. Please contact Mrs Anderson (HT Wellbeing) for inquiries and support.

Mr. Mark McConville
Principal



TORONTO HIGH SCHOOL

Field Avenue TORONTO NSW 2283
PO Box 180 TORONTO NSW 2283
toronto-h.school@det.nsw.edu.au
02 4959 1788

18th September 2019

Technology and the Impact on Young People, Families and Education

Dear Parents,

I'm writing to the school community to highlight the increasing concerns I have regarding technology and the impact it is having on young people, families and education, and to provide parents with strategies to support their children in developing healthy technology usage.

These concerns come from my daily experiences working with over 1000 students and their families. These observations won't necessarily apply to all students and families, but as there has been an increase in technological interference with students' wellbeing and education, it is an important message for everyone.

This is not a Toronto High School issue, these are societal issues that are occurring everywhere, every day.

Toronto High School will soon be conducting family/community cyber safety sessions. These will be advertised via our website and Facebook page. Families and communities are requiring assistance and support as this is a completely new phenomenon to understand and navigate. By working with the community, we will hopefully be able to reinforce and support parental actions by providing consistent messaging and strategies across our community. I aim to make the Toronto community one of the most technologically savvy and safe in the nation.

The explosion of knowledge and the advancement of society due to technology is unprecedented and has led to remarkable developments in our community. Consider one area such as health and medicine and the advancements made over the last 20 years; it is truly amazing. Technology adds so much to our society, it isn't all bad. Social media, in particular, has revolutionised the way that society interacts and communicates.

We need to teach about, and with, technology in education. It is a part of everyday life and is important for our students to be prepared to participate in a digital world.

However, technology may also impact negatively on our young people and families. Some students are spending excessive hours on their devices engaging with social media, gaming and the internet. Some of the negative impacts that I have observed may include:

Addiction to technology.

This is becoming a significant issue whereby some students cannot cope if they are separated from their devices and cannot access technology. For some students, this could be a mental health issue. Some young people may experience genuine distress and anxiety when separated from their device.

Inspiration, Innovation and Excellence

Isolation from families.

Students may arrive home and lock themselves in their rooms for hours with little to no interaction with their family. There could be situations where everybody in the family goes to their own space to engage in social media/gaming without interacting with the other people in the same house. This behaviour could have a significant impact on the fabric of our society and the cohesion of family groups.

Engaging in 'surface thinking'.

Due to the number of notifications and constant interruptions on their phones, some students are not able to deeply engage with thinking. This has an impact on students' educational outcomes. Sustained concentration is required to understand challenging and complex concepts and problems.

Decrease in creativity.

Students are constantly engaged with technology, so they have few moments of boredom. Boredom plays an important role in creativity, problem solving and self-reflection. It is only in those moments of boredom that you have time to reflect on your thoughts and feelings, to solve problems and be creative. Great ideas come, in part, from being bored and having the time to think.

An increase in online harassment impacting on young people's wellbeing.

Most cyber harassment occurs outside of school hours. In a 2016 letter to parents I wrote "*... My main concerns are with the impact of social networking sites, ...the texting of inappropriate messages and images and the misuse of technology to invade the privacy of others... this can lead to the proliferation and acceptance of gossip that becomes increasingly more malicious, insidious and widespread creating serious harm to those that these comments are directed towards...*".

Exposure to inappropriate age related content and 'sexting' or 'Imaged Based Abuse'.

There are many sites on the internet which are not developmentally appropriate for young people to be accessing during adolescence. Some students are engaging in 'sexting' behaviour or image based abuse by sending explicit images of themselves to others or others forwarding images that they have been sent. These images are of young people, which is, from a legal perspective, electronic transmission of child pornography.

Future consequences.

Employers are utilising technology to conduct background checks on potential employees. Every message and image that is posted, shared and emailed is available for someone else to view in the future. Employers may make judgements and decisions about people based on their digital footprint.

Following are some suggested strategies to support families to ensure that young people are safe online and develop healthy technology usage habits:

- Discuss with your children appropriate behaviour on the internet and what to do if they are subject to harassment or other inappropriate behaviour. Educating and developing personal skills are crucial.
- Discuss 'sexting' and the consequences of sending explicit images to others.
- Seek support from your local GP to complete a mental health assessment if you believe your child is demonstrating symptoms of technological addiction. This should be treated and supported in the same manner as any other form of addiction.
- Supervise internet usage. Vigilance is the key to safe online behaviour. Only allow access to technology in open family spaces whereby your child's online behaviour can be supervised or moderated and there is the increased opportunity for interaction with others.
- Become familiar with the websites and applications your child is using. If you do not understand how they work, it is difficult to monitor online behaviour. Use technology to become familiar with technology. There are many sites you can google that will assist in your understanding of the apps and sites children are using. Googling 'hidden apps' will assist in understanding where children might be hiding inappropriate content on their phones.

- Conduct spot checks of your child's device use. Monitor sites they have been accessing. Have the passcodes/passwords of your children's devices, or have an agreement that passwords are provided immediately when requested along with their device.
- Lock devices away when not in use or during the night when your child should be sleeping.
- Restrict device access when completing school work or studying, unless technology is required to complete the work. All notifications and non-educational apps and sites should be turned off.
- Be mindful of your own technology usage as a parent or carer and make a point of planning technology-free time with your family.
- Encourage your child to take part in activities that foster creative thinking and do not rely on technology e.g. sport, dance, art, outdoor activities.
- Utilise Apple's Screen Time function (Google has similar for Android users). This provides users with information on how much time a person spends on their phone, how many notifications they receive and how often they use their phone. This can be an effective way to set time limits and restrictions as well as allowing young people to realise how much time they are actually spending on their phone.
- There is additional support information on a wide range of digital/technology issues at <https://www.digitalcitizenship.nsw.edu.au/> and <https://www.esafety.gov.au/>
- You can report any significant cyber concerns to Toronto High School, the local police or make a report at <https://www.esafety.gov.au/>. Please take screen shots, copy URLs or web addresses, scanned printouts of any messages or photos and videos as evidence of inappropriate/concerning behaviour.

Toronto High School is extremely proactive with cyber safety education. Students are exposed to multiple holistic, group and individual interventions to support them in making better decisions with their technology usage. We will continue to educate our students. We will also continue our strict policy on appropriate device use in class and zero tolerance to cyber harassment.

If families require immediate support, we are able to provide a range of options including counselling and wellbeing support. Another option that has been well received by multiple families, is the removal of technology/devices from the home and placing the equipment in the Toronto High School vault for short or long term storage. This provides a strategy to overcome the constant arguing and pressuring by children of their parents for the technology/devices to be returned. We have found that it has made a difference to those students (and families) who require an extended and enforced break from technology. Please contact Mrs Lauren Anderson (Head Teacher Wellbeing) if you would like to access additional support from the school.

Technology is a wonderful tool if used responsibly and appropriately. We all need to participate in the digital world. I would ask that you spend time with your children discussing appropriate behaviour on the internet and develop family guidelines for safe and appropriate technological use at home.

Yours sincerely,



Mark McConville
Principal

Deputy Principal's Report – Yrs 8,10 & 12

Andrew Pesle



NAIDOC DAY

Toronto High celebrated NAIDOC Day on Wednesday 3rd July. The day was filled with a variety of activities involving all students: our formal assembly “Voice. Treaty. Truth” which included guest speaker Roy Ah-See and entertainment, specific Aboriginal oriented lessons, a barbeque lunch for students and luncheon for the community and guests. Unfortunately, due to the heavy rain, the Touch Football game between students and staff had to be abandoned.

Thank you to our hardworking NAIDOC Day Committee for organising the day, particularly Kath Fotheringham and the Aboriginal Education Team for giving up a lot of their free time to make this day a success.

It was great working closely with both the Aboriginal community and school community to celebrate this special day.

Parent/Teacher interviews will be held on Wednesday 18th September 4pm-7pm Interviews are 5 minutes in length and must be booked via the Parent Portal. To book an interview go to: torontohs.sentral.com.au/portal

Subject Selection 2020

Year 8 students have already completed their subject elective choice selection for 2019, and if your child has missed out please contact Mrs Philipson in HSIE Faculty. Based on this data the students will soon be informed about the success of their choices as the timetable develops.

Year 10 students are now set to focus on their studies to the end of the year and need to really consider their future educational pathways into Years 11 and 12. They will be finalising their subject selection choices in the near future so it is important that they talk to staff if they have any concerns about their final choices.

YEAR 10

It has come to our attention that students in Year 10 are holding a “formal” in the near future. I would like to remind students, parents and the general community, that this is **NOT a designated school event**, therefore the school accepts no responsibility for this event. The organisers are holding the event as a private function and of their own volition.

Students complete their schooling at the end of Year 12 following the HSC exams. It is at that time when the Year 12 School Formal is held and organised by the school.

YEAR 12

Year 12 have completed their Trial HSC Exams and these trial exams should highlight strengths and weaknesses allowing students to focus their future study directions. The school is able to further support Year 12 with counselling from their Year Advisor, Mentors, Head Teachers and School Counsellors as required. It is vital to keep Year 12 working steadily while reinforcing that this is the last term of their schooling. Please ensure that your child has a study program in place for the HSC.

Mr Connell is also our Careers Advisor and he is always up for a chat about future career paths. He has the most up to date information regarding TAFE courses and application dates as well as local employment opportunities. Should you have any enquiries please feel free to contact the school to arrange an appointment.

Last Day for Year 12

Year 12 students sitting for the HSC examinations are reminded that they must attend school until the last day of Term 3, being Friday 27 September 2019. Their Graduation Ceremony is on Thursday 26 September and information will be sent regarding this shortly.

I would like to wish the students, the very best for their HSC and beyond. We are proud of the resilience, determination and optimism shown by so many Year 12 students in what is traditionally a challenging year. May they continue to shine!

Deputy Principal's Report – Yrs 7, 9 & 11



Greg Morgan

This term will see the completion of both the Year 12 and Year 11 courses. Year 12 will leave the school to sit their HSC exams and year 11 will turn into the new year 12 at the start of term 4.

All year 11 students must be deemed satisfactory in all subjects to be eligible for year 12 in term 4. If they are unsatisfactory in one or more subjects then they will not get a HSC in 2020. Unsatisfactory students will have to see the Principal to determine a course of action that will allow them to do their HSC over several years.

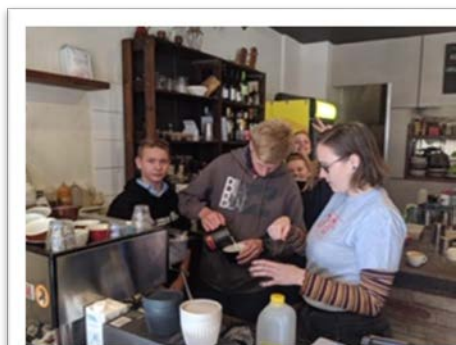
Please check with your child to see if they are well placed to move into year 12, the school will also be catching up with students at risk to put in supports to enable them to complete missed work.

The exam period for year 11 will be the last two weeks of Term 3. Students are only required to attend school to complete exams but must be in full school uniform. Once again a reminder that we are a full school uniform school. If your child is not in uniform, please provide a note and if anything is an issue please contact our Head Teacher Wellbeing, Mrs Anderson for assistance.

This year at THS we have been running the Jumpstart program which is an initiative of the NSW Department of Education. It is a year-long project that gives students a deep dive into different vocational areas whilst still attending normal classes. So far we have done small business, graphic design, construction and now we are doing hospitality.

Recently the students learning construction created new garden beds for the school. Big thanks to the students for their hard work!

Another exciting excursion was to at Moor Restaurant at Newcastle East where they spent the day in the restaurant learning all things coffee making, coffee roasting, cooking and a day in the life of restaurant work. The students enjoyed some lunch and a break at the beach.



A "Wellbeing Wednesday" Juice and Smoothie stall will be held Lunch Weeks 8 and 9 – Only \$2 each

On 17th June THS celebrated Olympic Day with the presentation of the Olympic flag to Luke Young who competed in The Youth Olympics in Buenos Aires in 2018, by local Olympian, Belinda Wright who was part of the Bronze Medal Softball team at Beijing Olympics 2008. Belinda spoke to the students about her softball career and her passion for encouraging others to achieve their dreams.

Olympic Day commemorates the birth of the modern Olympic Games in 1894 and is celebrated by millions of people in more than 160 countries. Its mission is to cultivate fitness, well-being, culture and education, while promoting the Olympic values of excellence, friendship and respect, as well as the three pillars of Olympic Day: move, learn and discover.

Well done Luke for all your athletics achievements.



Attention Y10 students

Your Class of 2021 Senior Jerseys are in the process of being organised.

They will cost **\$88.00** which you can start to pay off by either :-

- school office
- "\$ Make A Payment" Portal www.toronto-h.schools.nsw.gov.au
- THS App

Order will be finalised Week 1 Term 1 2020.

Order forms were handed out at Rollcall, if you missed out they are available from Mrs Little and on the THS website/parent hub/notes home.

Sample sizes are available for trying on in the English Staffroom

Mrs Little

Year Advisor.

MUNA (Model United Nations Assembly) 2019

I want to start by thanking Toronto Sunrise Rotary for sponsoring my team to participate in such a life changing experience. I have been extremely lucky to participate in both the regional and national levels of MUNA this year. Regionals was a great experience, I made many friends, as well as increased my diplomacy skills, and I even got to experience sights I had never seen before. The debate was well structured, and the organisers clearly knew what they were doing. After winning the regional round, we moved on to the national level - seeing and using the old parliament house was amazing; I learned so much about our history and culture, all the while sharpening my debating skills alongside some of the most experienced and amazing people in the country. The actual process of UN proceedings is somewhat confusing, but after some help and some really experienced organisers stepping in, we managed to understand what was going on and how the proceedings were to flow. Overall, the experience of MUNA was amazing and realistic, I made new friends, gained new skills, and even got some nice photos, and I am looking forward to representing Toronto High school and Toronto Sunrise Rotary next year.

Cody Moran Y11



**Cody Moran and Caleb Watts
attending the formal dinner**

The Rotary Club of Toronto Sunrise

Sunrise have been supporting our students for many years in many different areas, one of which is RYPEN (Rotary Youth Program of Enrichment) this has been held at the Myuna Bay fitness camp for many years but due to recent issues on that site it was relocated to The Family Camp at Tea Gardens. This year Sienna Petri and Brayden Wilks were selected by THS to attend. The event starts at 3pm on the Friday afternoon and finishes Sunday afternoon. The program is designed to foster friendships from all over the district as far west as Dubbo and develop leaders for the next generation. Students are involved in challenging activities that encourage them to rely on those around them and provide assistance for others where necessary. One event that all students talk about is climbing a ladder and falling back into the arms of their peers, this is a big step when you do not know the people you are trusting. They also do rock wall climbing, archery, canoeing, high ropes and many other fun activities.

Other areas of Sunrise involvement are National Youth Science Forum in Canberra, The Conocophilips Science Experience throughout NSW and they are also involved with the Science Challenge at The University of Newcastle as well as many fundraising events in the local Community to raise funds to make these opportunities possible. On completion of these programs students attend a meeting with a parent to describe what they have achieved from the program, this has proven to be very rewarding for Sunrise Rotary members as they can see the benefits these programs are making on our students.

Trevor Connell

Career Adviser



On Wednesday 12th June, Years 10, 11 and 12 were inspired by a presentation “The Truth Project” which was delivered by Jana and Scott from Year13. The program aims to demystify the journey from school to work, laying out how students can align their skills and passions to the best post-school options for them. Using greats from the past like Leonardo da Vinci and modern day titans like Apple’s Tim Cook, The Truth Projects drew fascinating connections between history, culture and the modern world to shed light on how our students can build their futures.

They were also shown how to find and use data to fuel their decision making going forward into the world of work. Using The Truth Project’s own custom workbooks students scanned QR codes with their phones to find useful resources to help navigate to the future they want.

Thanks to Mr Connell for providing this opportunity to our students.



Congratulations to the six students below for completing the 2019 Premier’s Reading Challenge! All have completed multiple challenges and in some cases, ten Challenges! The PRC Certificates will be awarded to the students when the school receives the Certificates.

Heather Cook (Year 7)	Emma Fischer (Year 7)	Jackson Waters (Year 7)
		
Miranda Christmas (Year 9)	Tara Lundy (Year 9)	Georgia Sullivan (Year 9)
		

Student Based Apprenticeship or Traineeship (SBAT)

Brianna Carrall Year 11 has started as a Nurse with Hunter New England Health., this involves working 1 day per week for a total of 800 hours during Years 11 and 12. Brianna works with a nursing mentor who demonstrates the work undertaken by a nurse in the John Hunter Hospital. Brianna also attend TAFE one half day per week to complete the training. At the end of this paid program it is hoped Brianna will be given permanent fulltime employment. This is a very challenging and rewarding program to be involved with.

Caitlin Longbottom Year 12 is completing her Business Administration Medical SBAT also with Hunter New England Health working at a couple of health care facilities locally and in Hamilton. Caitlin started her program in Year 11 and is approaching the completion of 2 years of hard work to obtain a Certificate III. As with all SBAT programs this is a paid while you learn program and is hoped that Caitlin will receive permanent employment at the completion.

We have many other students involved in SBAT's in areas such as Macdonald's, Kentucky Fried Chicken and Dominoes, however, there is almost no limit to where a students can complete an SBAT.

For more information drop in and see the Career Adviser.

Trevor Connell

Link to Lakesmail article- <https://www.lakesmail.com.au/story/6256535/high-school-students-earn-while-they-learn-for-career-in-nursing/>



Toronto High School has introduced a new online *Learning Management System* called **CANVAS**. Staff are currently adding the **Scope and Sequence**, **Assessment Schedule** and **Assessment Notifications** for each class with more content to follow in the future.

Students can access Canvas by logging in at the following address: <https://torontohs.instructure.com/>

There is also a Canvas app available in the [App Store](#) and [Google Play](#)



Student logo

5th June Today THS students were treated to a presentation by the local Army Cadet Group that meets at Fassifern every week.

Army Cadets encourages young people to explore their full potential, develop confidence, learn a range of skills – navigation, perform drills, survival skills, safely handle defence and civilian weapons, rope and boats and make friends along the way.

Our students were obviously enthralled with what was shown to them and many are now keen to join.

Thanks Mr Connell for organising the morning.



TORONTO NEWSAGENCY

GIFTWARE AND STATIONERY SUPPLIES

SCHOOL BOOK PACKS

We are the primary stockist for your 2020 Year 7 book packs for Toronto High School and they are ready to order!

We also do packs for Years 8, 9 and 10!

Simply go to; www.torontoschoolandofficesupplies.com.au

Select the school and student year from the drop down box at the top of the page and you're ready to go!

We will have the packs ready for pickup at the Year 7 orientation evening or in store after that night.

DID YOU KNOW THAT WE SELL INK?

COMPARE OUR PRICES AND SAVE \$\$\$ TODAY!

ALSO, IF YOU HAVE ONE OF OUR STORE REWARDS CARDS, YOU'LL RECEIVE YOUR 6TH INK CARTRIDGE FOR ½ PRICE!





Enrolment policy

Information for parents

The Enrolment of Students in NSW Government Schools policy is in place to assist schools to meet their obligations under the *Education Act 1990* - to ensure that every student has a place at their local school. The policy also communicates to staff and the community a transparent enrolment process.

Why was the enrolment policy revised?

Across the state, many communities are changing. Some are growing at rates never seen before. Some schools that used to be able to accept out-of-area enrolments, no longer have the room to do so.

The revised policy is designed to support schools to manage all enrolment applications, encourage greater consistency in decision-making and make sure the enrolment choices are clear for parents.

What are the changes?

The enrolment cap

The enrolment cap is the number of students that can be enrolled at a school based on the school's permanent accommodation. The enrolment cap tells us whether the school may or may not have the capacity to accept non-local enrolments. It is not a target or limit on the number of local enrolments a school can take.

Each school with a local intake area will have a cap set by the department from Term 4 2019.

Within the enrolment cap, a number of enrolment places (the buffer) must be kept aside for the likely number of local students who will need to enrol during the year. For this reason, a school will not take non-local students once they reach their buffer, unless there are exceptional circumstances.

100-point residential address check

Parents planning to enrol their child at a school that is near or at their buffer or cap will be asked to complete the 100-point residential address check to confirm they live within the school's designated intake area. This means you will need to provide documents to verify your child's current address.

So that schools only seek information relevant to your child's enrolment, a list of approved documents for the residential address check is available from the school or the department's website at <https://education.nsw.gov.au/policy-library/policies/enrolment-of-students-in-nsw-government-schools>.

Selection criteria for non-local enrolment

Sibling enrolments are now clearly prioritised (where possible) and selection criteria for non-local enrolment will not include student ability, performance or achievement.

The revised Enrolment of Students in NSW Government Schools policy

Frequently Asked Questions: August 2019

1. I was advised of my school's enrolment cap. How was the cap determined and what does it mean?

The school's enrolment cap is the number of students that may be accommodated based on the number of permanent classrooms.

It is an indicator of whether or not a school may have the capacity to accept non-local enrolments.

It is not a target nor a limit on the number of local students that a school may enrol.

It is not intended to reflect staffing, or current or future demand for enrolment.

2. Our local enrolments exceed the cap; what do we do?

Every eligible child is entitled to enrol in their local school. To meet the Department's obligation under the Education Act 1990, schools that have exceeded their cap will continue to enrol local students.

Unless there are exceptional circumstances approved by the DEL, the school will use the prescribed 100-point residential address check to confirm local enrolment applications.

Schools will continue to be resourced to accommodate current enrolment, including the use of demountable classrooms if appropriate.

Where the school has increased local demand beyond permanent accommodation, the facilities will be assessed as part of the School Infrastructure NSW planning processes.

3. Has the intent of the revised enrolment policy changed from the previous one?

Not significantly. The revised policy includes the prioritisation of siblings and clarification for non-local enrolment processes (100-point residential address check and more specific advice on enrolment panel criteria).

The previous policy required each school to have an enrolment ceiling (the equivalent of the cap in the revised policy), that was based on permanent accommodation. The policy made clear that no additional accommodation (permanent or demountable) would be provided to cater for increased enrolments resulting from non-local placements.

In the revised policy, the enrolment cap for a school is established centrally, based on available permanent accommodation. Demountable classrooms are not usually counted towards the enrolment cap unless new or replacement accommodation planned for or under construction. The revised policy makes clear that no additional accommodation (permanent or demountable) will be provided to cater for increased enrolments resulting from non-local enrolments.

4. How were the caps calculated?

The caps have been designed to take into consideration the average number of students currently in classrooms in our 2,200 schools. The cap does not define the maximum number of students that can be enrolled in a school. Caps were determined by multiplying the number of permanent classrooms with the average number of students currently in classrooms for the school type. The caps take into consideration the range of different classroom spaces in our schools. Schools use a range of strategies when converting their Full Time Equivalent (FTE) into the number of classes.

5. What enrolment rights do siblings of currently enrolled students have?

The revised policy clarifies the enrolment rights for siblings of non-local students in schools with capacity constraints.

- In schools that are allowed to accept non-local students, selection criteria for any non-local enrolment panel will give priority to siblings of existing students, where possible.
- Siblings of currently enrolled students who were local when enrolled but are now non-local because of boundary changes are also entitled to enrol, even if their school is over the buffer or cap.
- Like other non-local students, siblings do not have an entitlement to be enrolled at a school that has reached its cap or local enrolment buffer level.

The revised policy retains its focus on the department's obligation to give paramount importance to the best educational and wellbeing needs of students. Supporting at-risk students will remain a consideration for principals and DELs in making decisions in relation to families seeking to enrol siblings in an at-capacity non-local school.

6. We have reached our enrolment buffer. I have already made offers to siblings of current students for 2020. Do I now have to tell those parents that they cannot attend?

No, any enrolment offers already made and/or accepted prior to Term 4 2019 will be honoured.

However, future decisions about siblings of current students need to be managed through the non-local enrolment criteria and panel process at your school.

7. The policy says that we can enrol students who are out of our local intake area if there are exceptional circumstances. Is there a definitive list of what circumstances might be considered 'exceptional'?

No, there is not a definitive list of the circumstances that could be considered exceptional. The policy does not (and should not) define the range and scope of exceptionality. This supports local and sensible decision making by the people who know the families best.

Exceptional circumstances should be determined on a case-by-case basis by the school's placement panel if the school is near its buffer. If the school is over its buffer level or cap, the decision is made between the principal and DEL. There are subject matter experts in state office who are able to provide advice to support decision making.

As an example, exceptional circumstances may occur when the safety and wellbeing of students could be compromised. We have an obligation to protect and ensure the wellbeing of our most vulnerable students.

Some examples of exceptional circumstances might include:

- Families in a situation characterised by domestic violence. The parent may not be able to prove their residential address at point of enrolment. The principal can waive the 100 point residential address check and enrol the child/ren with the approval of the DEL.
- Sometimes parents with limited resources and support who have a child with unique support needs and who is enrolled in a specialist support class in a mainstream school may seek to enrol their other children in the same school. The opportunity to keep siblings together might be a determining factor in the decision to access support for the child with a disability.
- Some refugee families are initially placed in temporary housing and enrol as local students. When permanent housing is provided this can be out of the school's local intake area. Consideration might be given to siblings coming into school at a later date if separating them from their siblings is likely to cause undue stress or trauma.
- Where a non-local family did not have reasonable expectation that their subsequent children may not have been able to enrol in the same school as their sibling. This expectation should be set by schools at the time of any non-local enrolment, however where that has not previously been the case, this may be considered an exceptional circumstance in consultation with the DEL.

8. Can my school accommodate a support class/unit when we are over our cap?

Yes, support classes/units are provisions for local and non-local students, who are identified through the placement panel process. The location of support classes is determined based on the best interests of the students.

Schools will continue to be supported to provide this important service for students and families. Additional demountable accommodation will be provided to enable the support class provision if it is required as a result of the support class establishment. The school's enrolment cap will be adjusted, if needed.

9. We have reached our enrolment cap. Do I have to discontinue a special program for which we have had a selection process for non-local students, and that includes a partnership with an external organisation?

No, you can continue to offer this type of program, but it would be for your local students to access. Non-local access may need to be grandfathered out, depending on the commitment already made to the program. You could continue to have a selection process for local students to be included in the specialist/extra-curricular program.

Schools will continue to be encouraged to develop and implement special programs, including those that involve partnerships with community organisations, which enhance students' learning, health, wellbeing and welfare outcomes.

Participation in these programs needs to be inclusive and non-discriminatory and should not be limited by a requirement for the student to be enrolled at the organising school.

10. How does the cap impact specialist high schools where many of their students are non-local?

There are currently 33 specialist high schools that have a cap. The types of specialist schools include:

- Creative Arts
- Sports
- Languages
- Performing Arts
- Visual Arts
- Technology
- Rural Technology
- Marine

If a school is identified by the Department as a specialist high school and has an evidence of enrolment based on specialist programs or provisions, then the principal and DEL should discuss the enrolment profile of the school and how the cap could be adjusted to accommodate the specialist provision.

11. My school operates differently to others. What options do I have to adjust the centrally set cap for my school?

The policy is being implemented in two phases to provide the opportunity for DELs and principals to discuss the centrally set cap and any adjustments that might be required to account for local factors or differing operating parameters.

The cap can be adjusted by reducing or increasing the number of designated permanent classrooms that are recorded for the school.

Any local adjustments to the cap need to be agreed with the DEL and endorsed by the Executive Director for the approval of the Deputy Secretary, School Operations and Performance.

12. Has consideration been given to the revised policy's impact on principal classification and school staffing?

Concerns regarding the policy's impact on individual circumstances is understandable.

Principals should be reassured that policy changes are not taken lightly and their potential effects are weighed against the need to manage resources efficiently across the whole school system.

Some schools will see a flow back of local enrolments which may offset the loss of non-local enrolment numbers.



What has not changed?

Schools will continue to enrol students who live in their local intake area, regardless of the school's cap status.

There are no changes to enrolment rights of siblings of non-local students. In schools with available places, each enrolment application is considered on its merits, including if siblings currently attend the school. If the school is below capacity, out-of-area applications for siblings of current students will be given enrolment priority.

Schools will continue to provide families with support and advice during the enrolment process, including assessment of exceptional and compelling circumstances particularly for vulnerable students and their families.

Schools will also continue to apply the policy fairly and consistently using transparent and accountable processes when making decisions around enrolment applications. Parents have a right to appeal to determine whether the stated processes have been applied in a procedurally fair manner.

But what do the changes mean for me?

What if my child is already enrolled but we do not live in that school's intake area?

Your child will remain enrolled at the school as the revised policy does not affect students already enrolled in NSW Government schools.

We were in area when my child was enrolled in the school. The department has since changed the school's boundary and our residence is now out of area. I have other children and I want them all to go to the same school.

What are my options?

At times it is necessary for the department to make adjustments to a school's local enrolment intake area. This could mean a family with a child/children already enrolled is then outside the local intake area. When this happens, the family will still be able to enrol siblings together at the school, regardless of whether the school is over the buffer or cap.

I already have a child enrolled as an out-of-area student in a NSW Government school. Can I enrol my other children at that school too?

This will depend on the capacity of the school:

- If the school is **not near its buffer**, then siblings should be able to be enrolled at the school. In fact, siblings of students currently enrolled will be prioritised, where possible, over other non-local enrolment applications.
- If the school is **nearing its buffer**, then the school will form a non-local enrolment panel. The panel considers non-local enrolment applications when the number of non-local applications received exceeds the number of places available below the buffer. Again, in this instance, siblings of students currently enrolled will be prioritised, where possible, over other non-local enrolment applications.
- If the school is **at capacity** they will not accept non-local enrolment applications unless there are exceptional circumstances.

I have already accepted an offer for my child to attend a school in 2020 that is not my local school. What happens now?

The enrolment will proceed. Non-local enrolments accepted before Term 4 2019 for students starting in 2020 should not be affected.

What is the criteria for enrolment in a school that is not my local school?

Schools that are able to accept non-local enrolment applications establish a non-local enrolment selection panel, if demand exceeds the number of places below the school's buffer.

Schools are required to make the selection criteria available to the school community.

My circumstances are challenging and I think this school is best for my child. We live outside the school's intake area. What should I do?

We understand that not everyone's circumstances are the same, and that there are instances where exceptional circumstances will need to be considered.

Your circumstances should be discussed with the principal of your local school who can assist you to negotiate an out-of-area enrolment if there are exceptional and compelling circumstances.

Contact

For general enquiries contact: 1300 679 332 or email: DoEinfo@det.nsw.edu.au

For enrolment enquiries, speak to your local school. Find school contact details at: <https://education.nsw.gov.au/public-schools/going-to-a-public-school/finding-a-public-school>

The revised Enrolment of Students in NSW Government Schools policy

Frequently Asked Questions: August 2019

1. I was advised of my school's enrolment cap. How was the cap determined and what does it mean?

The school's enrolment cap is the number of students that may be accommodated based on the number of permanent classrooms.

It is an indicator of whether or not a school may have the capacity to accept non-local enrolments.

It is not a target nor a limit on the number of local students that a school may enrol.

It is not intended to reflect staffing, or current or future demand for enrolment.

2. Our local enrolments exceed the cap; what do we do?

Every eligible child is entitled to enrol in their local school. To meet the Department's obligation under the Education Act 1990, schools that have exceeded their cap will continue to enrol local students.

Unless there are exceptional circumstances approved by the DEL, the school will use the prescribed 100-point residential address check to confirm local enrolment applications.

Schools will continue to be resourced to accommodate current enrolment, including the use of demountable classrooms if appropriate.

Where the school has increased local demand beyond permanent accommodation, the facilities will be assessed as part of the School Infrastructure NSW planning processes.

3. Has the intent of the revised enrolment policy changed from the previous one?

Not significantly. The revised policy includes the prioritisation of siblings and clarification for non-local enrolment processes (100-point residential address check and more specific advice on enrolment panel criteria).

The previous policy required each school to have an enrolment ceiling (the equivalent of the cap in the revised policy), that was based on permanent accommodation. The policy made clear that no additional accommodation (permanent or demountable) would be provided to cater for increased enrolments resulting from non-local placements.

In the revised policy, the enrolment cap for a school is established centrally, based on available permanent accommodation. Demountable classrooms are not usually counted towards the enrolment cap unless new or replacement accommodation planned for or under construction. The revised policy makes clear that no additional accommodation (permanent or demountable) will be provided to cater for increased enrolments resulting from non-local enrolments.

4. How were the caps calculated?

The caps have been designed to take into consideration the average number of students currently in classrooms in our 2,200 schools. The cap does not define the maximum number of students that can be enrolled in a school. Caps were determined by multiplying the number of permanent classrooms with the average number of students currently in classrooms for the school type. The caps take into consideration the range of different classroom spaces in our schools. Schools use a range of strategies when converting their Full Time Equivalent (FTE) into the number of classes.

5. What enrolment rights do siblings of currently enrolled students have?

The revised policy clarifies the enrolment rights for siblings of non-local students in schools with capacity constraints.

- In schools that are allowed to accept non-local students, selection criteria for any non-local enrolment panel will give priority to siblings of existing students, where possible.
- Siblings of currently enrolled students who were local when enrolled but are now non-local because of boundary changes are also entitled to enrol, even if their school is over the buffer or cap.
- Like other non-local students, siblings do not have an entitlement to be enrolled at a school that has reached its cap or local enrolment buffer level.

The revised policy retains its focus on the department's obligation to give paramount importance to the best educational and wellbeing needs of students. Supporting at-risk students will remain a consideration for principals and DELs in making decisions in relation to families seeking to enrol siblings in an at-capacity non-local school.

6. We have reached our enrolment buffer. I have already made offers to siblings of current students for 2020. Do I now have to tell those parents that they cannot attend?

No, any enrolment offers already made and/or accepted prior to Term 4 2019 will be honoured.

However, future decisions about siblings of current students need to be managed through the non-local enrolment criteria and panel process at your school.

7. The policy says that we can enrol students who are out of our local intake area if there are exceptional circumstances. Is there a definitive list of what circumstances might be considered 'exceptional'?

No, there is not a definitive list of the circumstances that could be considered exceptional. The policy does not (and should not) define the range and scope of exceptionality. This supports local and sensible decision making by the people who know the families best.

Exceptional circumstances should be determined on a case-by-case basis by the school's placement panel if the school is near its buffer. If the school is over its buffer level or cap, the decision is made between the principal and DEL. There are subject matter experts in state office who are able to provide advice to support decision making.

As an example, exceptional circumstances may occur when the safety and wellbeing of students could be compromised. We have an obligation to protect and ensure the wellbeing of our most vulnerable students.

Some examples of exceptional circumstances might include:

- Families in a situation characterised by domestic violence. The parent may not be able to prove their residential address at point of enrolment. The principal can waive the 100 point residential address check and enrol the child/ren with the approval of the DEL.
- Sometimes parents with limited resources and support who have a child with unique support needs and who is enrolled in a specialist support class in a mainstream school may seek to enrol their other children in the same school. The opportunity to keep siblings together might be a determining factor in the decision to access support for the child with a disability.
- Some refugee families are initially placed in temporary housing and enrol as local students. When permanent housing is provided this can be out of the school's local intake area. Consideration might be given to siblings coming into school at a later date if separating them from their siblings is likely to cause undue stress or trauma.
- Where a non-local family did not have reasonable expectation that their subsequent children may not have been able to enrol in the same school as their sibling. This expectation should be set by schools at the time of any non-local enrolment, however where that has not previously been the case, this may be considered an exceptional circumstance in consultation with the DEL.

8. Can my school accommodate a support class/unit when we are over our cap?

Yes, support classes/units are provisions for local and non-local students, who are identified through the placement panel process. The location of support classes is determined based on the best interests of the students.

Schools will continue to be supported to provide this important service for students and families. Additional demountable accommodation will be provided to enable the support class provision if it is required as a result of the support class establishment. The school's enrolment cap will be adjusted, if needed.

9. We have reached our enrolment cap. Do I have to discontinue a special program for which we have had a selection process for non-local students, and that includes a partnership with an external organisation?

No, you can continue to offer this type of program, but it would be for your local students to access. Non-local access may need to be grandfathered out, depending on the commitment already made to the program. You could continue to have a selection process for local students to be included in the specialist/extra-curricular program.

Schools will continue to be encouraged to develop and implement special programs, including those that involve partnerships with community organisations, which enhance students' learning, health, wellbeing and welfare outcomes.

Participation in these programs needs to be inclusive and non-discriminatory and should not be limited by a requirement for the student to be enrolled at the organising school.

10. How does the cap impact specialist high schools where many of their students are non-local?

There are currently 33 specialist high schools that have a cap. The types of specialist schools include:

- Creative Arts
- Sports
- Languages
- Performing Arts
- Visual Arts
- Technology
- Rural Technology
- Marine

If a school is identified by the Department as a specialist high school and has an evidence of enrolment based on specialist programs or provisions, then the principal and DEL should discuss the enrolment profile of the school and how the cap could be adjusted to accommodate the specialist provision.

11. My school operates differently to others. What options do I have to adjust the centrally set cap for my school?

The policy is being implemented in two phases to provide the opportunity for DELs and principals to discuss the centrally set cap and any adjustments that might be required to account for local factors or differing operating parameters.

The cap can be adjusted by reducing or increasing the number of designated permanent classrooms that are recorded for the school.

Any local adjustments to the cap need to be agreed with the DEL and endorsed by the Executive Director for the approval of the Deputy Secretary, School Operations and Performance.

12. Has consideration been given to the revised policy's impact on principal classification and school staffing?

Concerns regarding the policy's impact on individual circumstances is understandable.

Principals should be reassured that policy changes are not taken lightly and their potential effects are weighed against the need to manage resources efficiently across the whole school system.

Some schools will see a flow back of local enrolments which may offset the loss of non-local enrolment numbers.

Hands on History Excursion

On Friday, 16/8/19, a group of 16 Year 11 Ancient History students braved a cold early morning at Fassifern station for the annual 'Hands on History' excursion. For over 8 years, Year 11 Ancient History students at Toronto High have been offered the opportunity to travel to Sydney University for this excellent experience. It offers students the chance to not only look at a range of artefacts that are thousands of years old but also to actually handle these rare items.

After the train ride south, we walked a short distance through Sydney's streets to the university. The sight of the main building always impresses students for the first time. Over the years, Toronto students have come to affectionately refer to the building as 'Hogwarts' – due to its medieval appearance (which includes several gargoyles.)

We passed through the main buildings archway and were soon outside our final destination – the Nicholson Museum. This museum is filled with ancient Egyptian, Greek, Etruscan and Roman artefacts collected over more than a hundred years. The museum was founded by the donation of a large amount of artefacts gathered by Sir Charles Nicholson in 1860. Since that time it has continued to grow.

The students first descended into the lower levels. Here the seminar room awaited with its collection of rare objects. Students donned their latex gloves – necessary when handling items several thousand years old – and began to explore. Each student had a box before them with several artefacts within. The contents of the boxes ranged from Neolithic stone tools, Egyptian medicine bottles, Greek religious figurines and Roman lamps - which once lit someone's home. Students chose an artefact from the box and sketched their chosen object. They investigated its construction and purpose. Several 'mystery' objects were then discussed – such as an oil lamp left in an Egyptian tomb by ancient looters – and two bronze swords. The swords were both over 3000 years old and each had a story about the owner – one was in fact owned by a 9 year old boy. The swords were greeted with wonder and awe by our students and each had a chance to hold and slowly examine these intriguing items from the distant past.

From here students ascended to the museum to examine the Egyptian 'Death Magic' exhibit. Here they closely examined a mummy of a young boy, several sarcophagi, the severed head of a priest and many objects used in the mummification process and the religious rituals surrounding death.

After lunch, our tour of the museum continued through several thousand years of history. Statues of Greek gods, Roman emperors, Greek vases and Etruscan burial containers were all part of the tour. Another highlight for many students was the large Lego Pompeii display. This was filled with a variety of ancient and modern facts including many anachronisms for the students to detect.

However, by now it was nearing our departure time and after another short walk we crammed back on a busy Friday afternoon train. We arrived back just as the sun was setting with all students having enjoyed the experience.

Through their behaviour, attention, curiosity and active participation on the day, the Toronto High students who attended the 'Hands on History' excursion were a credit to our school and its reputation. It was both an enjoyable and educational excursion and one that I have no hesitation in organising in future.

Glen Finch

HSIE



TORONTO HIGH SCHOOL PARENT / TEACHER INTERVIEW EVENING

Wednesday 18th September 4pm-7pm

Interviews are 5 minutes in length and must be booked via the Parent Portal.

Refer to the letter sent home on with your student.

To book an interview

Go to **torontohs.sentral.com.au/portal**

If not already registered on the site: register using: torontohs.sentral.com.au/portal/register

2. Enter in your email address, first name & surname, personal password for the portal.

3. After registration, logon to the portal using this address: **torontohs.sentral.com.au/portal**

4. Enter in your username (email address) and password.

5. The first time only, enter in the provided access key. NB: If you have older students at the school, please ensure the existing access key works for all students

6. Click on the student photo displayed.

To book an interview timeslot:

1. Logon to the Parent Portal using **torontohs.sentral.com.au/portal**

2. Note the link to the Parent/Teacher online booking in the banner at the top of the page.

3. Click the link to access the interview booking timesheet and complete for each student. If an interview is not required, please select the Not Required option when booking.

NB: If you have no internet access, or are experiencing problems, please contact the school.



Y10 student, **Harrison Burgess** is on an extended Rotary Exchange program in **Switzerland**, and sent us the following report-

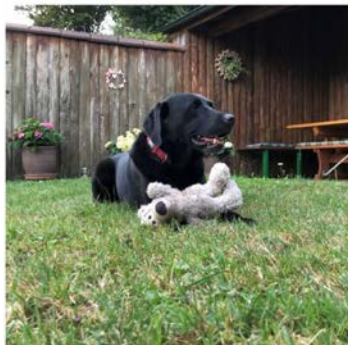
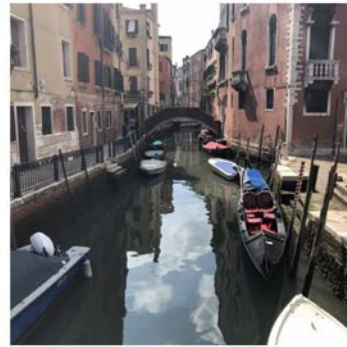
In the last 2 months I have done so much!

On the 23rd June, along with 75 other exchange students went to Zurich for the start of Europe tour. We went to Paris, Amsterdam, Brussels, Berlin, Bratislava, Slovakia and Venice.

After the Europe tour I went to my new family. They are very nice and good, now we have a dog for 2 weeks. Her name is Noobia, she is a Labrador. I am happy with family Dubach, Trudy is my guest mother and Bruno is my guest father. Now I have only 2 weeks of vacation, then I will be in fifth grade school.

There are 2 new exchange students, a girl Kaylee from Canada and a boy from Evan America, Kaylee will be in my class. Now my German is so much better (I think so).

In the next 2 weeks of the holidays I will travel and do things with my host family.



There are several ways to make payments to the school for fees and excursions

1. **THS office** – 7.45am – 2.30pm
2. **Phoning** the office between 7.45am – 2.30pm – payment by card.
3. THS **website** www.toronto-h.schools.nsw.gov.au **MAKE A PAYMENT** on top banner of the home page. Please ensure that the correct reference is used (so administration staff can identify what the payment is for). As it can take up to 3 days for the school to receive notification of the payment from Westpac, as soon as you receive your emailed receipt, **please email this directly to the school**. Alternatively, phone the school and advise your payment details. This is very important where there is a “cut off” date or limited numbers for an excursion.
4. THS **App** – Log into Parent Portal and follow the prompts.

Join the Conversation: Rathmines Park

Thursday 26 September

Lake Macquarie City Council is in the early stages of planning the future of Rathmines Park. Share your ideas on how we can enhance the heritage, community and recreational features and experiences of this unique site for the benefit of the community and visitors.

Join the conversation at a pop-up location, community workshop or complete the short survey.

Pop-up locations

7-9am – Rathmines shops, Fishing Point Road

Noon-2pm – Rathmines Park, near playground

Community workshop

6-8pm – Catalina Conference Centre, Dorrington Road, Rathmines

RSVP at Shape.lakemac.com.au/Rathmines-park from the 16 September.

Online

Can't make it in person? Share your thoughts and ideas online or find out more information about the project at shape.lakemac.com.au/Rathmines-park

Have your say before Friday 11 October.



T 02 4921 0636
E rrobson@lakemac.nsw.gov.au
lakemac.com.au

OUR NEW APP IS HERE

Apple devices only need to update our App in the Apple iTunes Store to get the new and improved App.


Android users will need to delete the old THS App from the device and download the new App from Google Play store called Toronto High School App

Don't forget to add the word 'App' on the end of our name.

Toronto High School App will allow you to instantly access our newsletters, canteen specials, upcoming events, important messages, canteen/uniform price lists, student and parent portal, student absence notes, plus much, much more!

You can also use this link to download THS App

<http://cms.yourphoneapp.com.au/promo/torontoh>

Do You need 

OUR MATHS STAFF ARE HERE TO ASSIST YOU

WHEN : MON, WED, THURS AND FRIDAY 7.30AM

WHERE: ROOM E8

WHO: ALL STUDENTS YEARS 7-12

COST: FREE
INCLUDES A MUG OF MILO

Key School Contacts

DEPUTY PRINCIPALS

Years 7, 9 & 11

Mr Morgan

Year 7 Advisor

Ms Crawford

Years 8, 10 & 12

Mr Pesle

Year 8 Advisor

Mrs Rowland

HEAD TEACHERS

English

Mr Carlson

Year 9 Advisor

Mrs Jayne

Mathematics

Mrs Jenkins

Year 10 Advisor

Mrs Little

Science

Mr Raso

Year 11 Advisor

Mr Banks

APA

Mrs Fotheringham

Year 12 Advisor

Mrs Jenkins

SIE

Mrs Philipson

Boys Advisor

Mr Battle

DHPE

Mrs Gromek

Girls Advisor

Mrs Halliwell

Abor. Ed. Co-ordinator

Mrs Fotheringham

Abor. Ed. Officer

Mrs Charlesworth

Clontarf Director

Mr Chris Bell

Secondary Studies

Mrs Jayne

ARCO/ADCO

Mrs Fotheringham

Support Unit

Mrs Julie Leather

Wellbeing

Mrs Anderson

Student Support Officer

Miss Smith

REMINDER TO PARENTS TO NOTIFY THE SCHOOL ABOUT YOUR CHILD'S HEALTH

We welcome information from parents about your child's health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child.

It is also important that you let us know if your child's health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as Asthma and Diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the Principal. This will greatly assist our school in planning to support your child's health and wellbeing.

Please also remember to notify staff in the school office of any changes to your contact details, or to the contact details of other people nominated as emergency contacts. There is a Change of Details Form included in this newsletter.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son's or daughter's health needs or as otherwise required by law.

ADMINISTRATION

Statements have been sent out Week 4 and planned again for Week 9.

If you receive a statement via school bytes with an unallocated credits total and you wish to apply that credit to a specific subject fee or excursion, then please contact the school via email, phone or a note with your student. We can then apply the credit to your student's fees.

We encourage all parents to supply an email address for the fast efficient distribution of information – **USE CHANGE OF DETAILS FORM IN THIS NEWSLETTER**

Did You Know

THS Website has a Parent Hub where you can find

- Permission notes and information for all excursions that are held
- Make a Payment instructions
- Opal Card info
- Uniform Shop information
- Assessment and reporting
- Fees
- Student & Parent portal
- Absence notes
- Canteen Menu and ordering
- And lots more

Have you changed address, family situation or phone number? If so please use Change of Details form in this newsletter



TAS NEWS

Marking time

Our HSC students have done so well to complete their major design projects this year. As part of the subject, students must complete a major design practical task and a comprehensive folio of their work for marking. HSC markers have been in to mark the projects.

We had an excellent array of projects from metalwork, woodwork and electronics area ranging from amplifiers to blanket boxes and fire pits. All students must be congratulated for their fantastic efforts as well as the teachers, Mr Mulhearn, Mr Walton and Mr Hoey for their encouragement and commitment in helping the students complete their work. Well done all.

Mr Chapman HT TAS





CHEESY AVO-TURKEY TORTILLA

MAKES	PREP	COOK
4	15 MINUTES	10 MINUTES

INGREDIENTS

1 avocado mashed	250g turkey mince
½ sour cream	S&P
1 packet taco mix	2 sliced shallots
2C GOR tasty cheese	2 fajita wrap
2C spinach	1 tomato diced
1 red onion diced	Parsley garnish

Method

1. In a pan cook turkey, add taco seasoning and S&P. When turkey is cooked sprinkle **GOR tasty cheese** in the pan and mix well.
2. Place tortilla wrap onto a plate and spread the mince generously around the fajita.
3. Sprinkle with more **GOR tasty cheese**, then top with spinach, tomato, avocado and sour cream.
4. Top with sliced shallots and serve

Spontaneous Spaghetti Carbonara

Ingredients:

1/2 fettuccini
 5 slices bacon
 1c vintage cheese
 1/2 lemon
 Parsley
 Salt
 4 eggs
 Pepper
 2t garlic
 2c milk
 Olive oil

1. Cook fettuccini according to package's instruction. When draining the pasta, leave 1 cup of cooking water.
2. Cut bacon and garlic into pieces. Heat 1 Tbsp. Olive oil in a large and add bacon to it. Cook for 6 minutes till cooked then add garlic. Cook for another 5 minutes
3. While bacon is cooking whisk eggs in a bowl. Add great ocean road vintage cheese/salt and pepper and Great Ocean Road full cream dairy milk, whisk until a thick sauce consistency.
4. When the bacon looks cooked and ready, stir in fettuccini. Pour the egg mixture on top of the reserved cooking water and mix in well. Cook for about 5 minutes, add salt if needed and sprinkle finely chopped chives (spring onion). Serve with another sprinkle of great ocean road vintage cheese and squeeze lemon juice.



By Damon Jenkins, Joshua Moran AND HAIDEN DREW
 From Toronto High School

Charli Woolnough & Amelia Carroll
TORONTO HIGH SCHOOL NSW

GARLIC BREAD LASAGNE



MAKES
SERVES 4



PREP TIME
20 MINUTES



COOK TIME
15 MINUTES

INGREDIENTS

1x baguette	200g mince
1 onion diced	1 C tomato puree
1 tomato diced	2 T garlic
90 g butter	2 C flour
3C milk	3 C GOR tasty cheese
2T mixed herbs	S & P

METHOD

1. Pre-heat oven 180'.
2. Slice baguette into 2cm slices. Melt 50g of the butter and garlic, spread over bread. Place onto lined oven tray, bake 7-10 minutes or until golden. Remove.
3. In a pan over medium heat cook mince, onion, chopped tomato, tomato puree, S&P and herbs.
4. Meanwhile in a pot melt butter, add flour and S&P. Heat for 1 minute on low then turn heat to medium and whisk in milk. Continue to whisk until a smooth creamy sauce appears then add **GOR cheese**. Mix well.
5. In a deep dish place bread, meat sauce then cheese sauce. Repeat until all ingredients are used.
6. Bake 15min. Serve with fresh salad.



TORONTO HIGH SCHOOL NSW

Charlize Burgoyne

Cheesy Bacon ~~Tatoes~~

MAKES	PREP	COOK
2 serves	15 minutes	20 minutes

Ingredients

3 potatoes, peeled & diced	1 t garlic salt
2 T butter	2 C GOR tasty cheese
3 rashers bacon diced	2 shallots sliced
Pepper	

Method

1. Preheat oven to 180° C
2. Line a baking tray with baking paper
3. In a microwave safe bowl add diced potatoes with 1T water, cover and microwave 7 minutes
4. Dice and fry bacon in a pan with butter
5. Remove potatoes and drain. Place potatoes into the baking tray and sprinkle with garlic salt, pepper, cooked bacon, sliced shallots and **GOR tasty cheese**
6. Mix well and bake 20 min in oven
7. Serve hot



Haloumi and Greens Pasta



MAKES

INGREDIENTS:

250g Haloumi
S&P
1C peas
2T Garlic, crushed
Fresh chives sliced
1C GOR Vintage cheese, grated
1 bunch broccolini

1/2 Onion, diced
100g Penne pasta
5C baby spinach
100g Butter
2T Olive oil
2t oregano

METHOD:

1. Slice haloumi into rectangular pieces, place in pan and fry each side gently with oil and oregano.
2. Cook pasta in pot as per packet method.
3. Place butter in pan, cook off peas, broccolini, onion, garlic, S&P. Add drained pasta and spinach. Add GOR Vintage cheese, simmer until spinach wilts a little.
4. Serve with sprinkled chives in a bowl.



Great OCEAN ROAD
Doing meals here ...

TORONTO HIGH SCHOOL NSW **Latora Bennett**

RAINBOW VEGE BAKE

Makes Prep Time Cook Time
Serves 8 10min 30mins

Ingredients

1 small cauliflower
2C milk
150g GOR tasty cheese
2C broccoli
2T butter
50g GOR vintage cheese

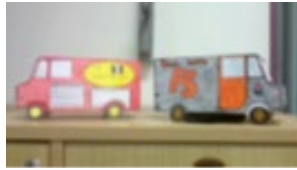
2 T plain flour
1C corn
1 red onion diced
2 carrots diced
2T crushed garlic
S&P

Method

1. Preheat oven to 180 °C
2. Cut cauliflower & broccoli into florets and dice carrot and onion.
3. Place cauliflower & broccoli in microwave with 2T water, cover and cook 7 minutes.
4. Meanwhile, melt butter & garlic in saucepan over medium heat, add flour stir for 1 to 2 minutes then gradually stir in milk until smooth and creamy. Add 150g GOR tasty cheese and mix well.
5. In a large oven proof dish place pre-prepared cauliflower, broccoli, carrot, corn and onion. Mix well then pour over cheese sauce.
6. Sprinkle with 50g GOR vintage cheese then bake 20minuets, remove and serve.



Great OCEAN ROAD
Doing meals here ...



Year 10 Food Technology creating their own food design for the unit of Food Trends. The Assessment Task was to create a Food Truck and make the food they could sell in it. Students also had to design and create their own packaging for the food to be sold in. Mexican was a favourite for students with Nachos and Burrito's. Also above are the Food Trucks they designed to sell their food from.



Year 12 F&B Specialisation Class who made super moist Chocolate Mud Cakes and then tried their hand at Cake Decorating

Better Living in Year 9. The course allows students to have an adventure with food to allow them to become more independent and open minded in the future. Students have been learning Basic Methods of Cookery and Multi-Cultural Foods. We have Lemon Meringue Tarts, a Fajitas Plate to share and freshly baked Chocolate Tarts.





What's Been Happening In Marine Studies?

In Term 1 and 2 Year 9 Marine Studies have been working towards achieving their Still Water Bronze Medallion.

The course teaches students to be aware of dangers in the water and how to respond in the event of a rescue. Students have been learning techniques on how to approach a person in distress in the water, how to use everyday objects as rescue aids and how to use contact and non-contact rescue techniques. Each student had to demonstrate their ability to use their learnt skills to carry out rescues in all different scenarios. A favourite activity for all was the warm-up, where students had to swim 100m legs of freestyle, breast stroke, side-stroke and survival backstroke within a set period of time demonstrating their physical ability and fitness. The students are now working towards achieving their CPR certificate, to complete the course.



Down by Stony Creek they have been collecting water samples for testing in 4 sites along the creek. Tests include, pH, turbidity, temperature, total dissolved salts, total suspended solids, dissolved oxygen and identification and abundance of macroinvertebrates. All in an effort to determine the water quality of the estuary next door. Students have enjoyed getting out and about exploring and enjoying the tranquillity of the creek.

Year 11 Chemistry ANSTO Excursion

As part of Year 11's depth study researching nuclear chemistry, they visited Australia's Nuclear Science and Technology Organisation (ANSTO) at Lucas Heights, Sydney.

The students had the opportunity to go onsite and learn about technological advancements made in the process of producing Molybdenum-99, view via a real-time screen the functioning of the OPAL reactor and visited the particle accelerator. The students participated in a lecture where they performed an experiment measuring radiation in everyday items and experienced standing above the OPAL reactor with the help of virtual reality glasses (that's why they are all looking down!)

Even though it is a long drive, it is always an eye opener and wonderful experience for everyone.

A big thanks to Mr Melling for driving the bus down and back and the parents who come along for the learning journey.



Budding Scientists

At this year's Science Experifest Y12 students had fun deconstructing and making Aspirin and ascertaining the Sodium content of Powerade.



Science and Engineering Challenge

Year 9 and 10 students attended Science and Engineering Challenge which is a nationwide STEM outreach program presented by the University of Newcastle

Groups of students had the opportunity to attempt a number of different challenges including building a bridge that had to withstand a trolley with increasing weights going across it, building a Mars Rover that had to travel over a rough terrain, sending messages through a secret code, and working out the best way to use a range of energy sources under a number of different conditions. Students loved the chance to be able to access the opportunities away from the classroom. Toronto High students produced some great structures on the day and should be proud of their achievements.

Over heard comments –

Thank You – What a fantastic learning opportunity – handouts are fantastic – challenging but exciting.



Creative and Performing Arts News

The end of Term two saw a celebration of all things Dance, Drama and Music at this Years Starstruck—No Limits. The students and staff had a wonderful time. Term 3 so far has been a very exciting and busy time for the CAPA department with major projects and performances being finalised for the HSC Practical components of the course. Students and staff have been busily working towards wonderful results for the HSC and we wish the students and staff all the best.

HSC DANCE

HSC Dancers had their Higher School Certificate practical exams on the Monday and Tuesday 12th and 13th August. Students have been dedicating themselves to their solo performances and composition works. Congratulations to Mrs Milwright, the students and their junior dances.

Makayla Angel

Jazlyn Evans

Cameron Heaton

Josie Hurst

Adelle MccConville

Jackson Yee

Kaitlyn Young



Congratulations also go to the Junior Dancers, Meika Borrow, Piper Fittler, Emilee Stitt, Kaylan Moloney, Dayna Manderson, Jazmin Grech, Madison Lloyd, Ashley Stephenson, Rhiannon McKay, Ebony Demir who successfully performed for the HSC dancers.

HSC Visual Arts

Visual Arts Body of Works are due on Monday 2nd of September. We have a variety of artworks that showcase the wonderful talent of each individual. Congratulations to Mrs Fotheringham and students on a wonderful year and best wishes for the Practical Marking.

HSC ARTISTS

Makayla ANGEL Ebony BERRY, Georgia DRISCOLL, Amelia FARMER, Isabella JONES, Hannah LEE-MCCARTY, Shae-Lee MCDONALD, Sophie MCSPORRAN, Elyssa WHITTAKER, Jasmine WIGGINGS.

HSC Drama

Drama students are busy rehearsing ready for HSC Markers to arrive on the 3rd of September. Parents, friends and caregivers were invited to a special performance practice night on Thursday 29th August. The evening was a great success with students using this time to fine tune their pieces. Best wishes to the Drama students on a successful HSC practical performance and congratulations to their dedicated teachers Mrs Burt, Mrs Gibson and Mrs Smith.

Drama Students

Bailey ACKLING-BEECHAM

Georgia DRISCOLL

Cameron HEATON

Shae-Lee MCDONALD

Joshua TRUEMAN

Flynn WILKINSON



HSC Music

The HSC Performance exams dates are set for Music and they will occur on Wednesday 18th September.

We have a variety of performances that showcase the wonderful talent of each individual. Congratulations to Mr Swadling, Mr Archer and students on a wonderful year and best wishes for the performance exam.

Joel BORROW

Emily BURGIN

Cameron HEATON,
Shae-Lee MCDONALD

Sophie MCSPORRAN

Piper MILLER

STARSTRUCK CHOIR

Nineteen students and Mr. Archer participated in the Combined Choir for Starstruck this year and what a time we had! There is nothing like three consecutive days of rehearsals and performances to help everyone learn about the “nuts and bolts” of being involved in the Performing Arts industry – lots of concentrating, lots of sitting around waiting and lots of expending energy when it’s finally time to perform. Despite the tiredness and boredom, ultimately Starstruck Choir is a fun experience. We get to work with other schools, learn more about the art of singing and performing, enjoy watching a spectacular show from the back of the stage and, most of all, experience the joy of knowing we’ve worked hard and done a good job! Congratulations team! You were fantastic!



Starstruck Drama

Congratulations to the 2019 Toronto High Starstruck performers. The format for this segment was in the style of physical theatre, where students were required to block out sequences and move in unison to create a visual narrative to the accompanying music. The piece titled "Fearless" revolved around a tale of love under pressure, a young couple enduring the struggles of separation during wartimes. Toronto high students made up one quadrant of the performers in this segment and due to their ongoing commitment, including lunchtime rehearsals and meetings, they performed with confidence and precision in each show. Despite being a highly structured piece, the mass movements of the students in unison, were effective in communicating on an emotional level as well as being technically and visually impressive. Behind the scenes students were continually supportive of one another and formed a real bond that made the whole experience a huge success. A huge thank you from Mr Battle to all of the drama students involved, and also to their parents and caregivers for supporting them and helping make this such a wonderful experience. We look forward to it all again 2020!



STARSTRUCK DANCE

Congratulations to the 2019 Dancers and their teachers Mrs Milwright and Mrs Fotheringham. This year we had two groups from Toronto High School and they did an amazing job at Starstruck. Our students performed and looked fantastic dancing amongst 2000 students in front of huge audiences for 5 shows. Each year the show continues to be fun and the teachers and students really enjoy the experience. Students were continually supportive of one and other and formed a real bond that made the whole experience a huge success. The girls performed in two items, a lyrical piece, 'Fleur Du Mal' and a fun jazz 'I'm still Standing' by Elton John. We look forward to it all again 2020!





THS Dance Ensemble

Hunter Schools Dance Festival

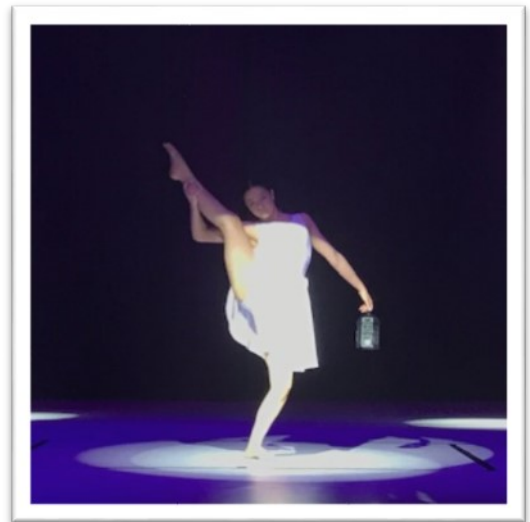
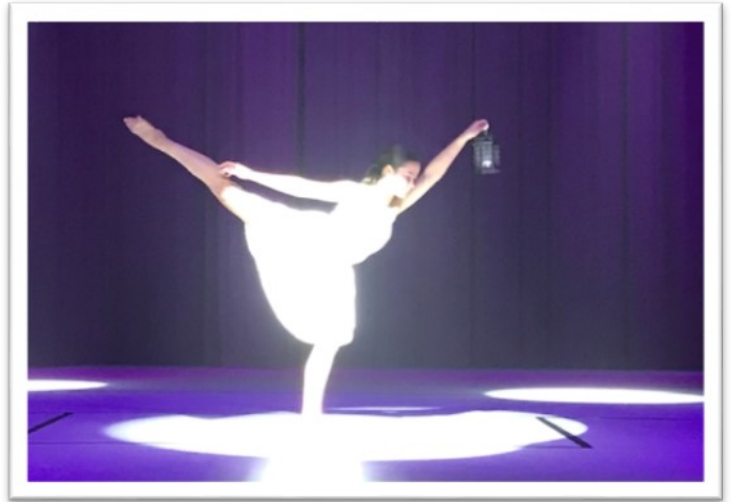


The Toronto High School Dance Ensemble performed on Monday 29th July at Panthers, Newcastle as a part of the Hunter Schools' Dance Festival. They performed their piece, "Redemption", which was choreographed by Ms Milwright. This piece has also been selected to perform in the prestigious NSW Public Schools State Dance Festival on Wednesday 11th September at the Seymour Centre in Sydney. This is an amazing achievement for the Ensemble, with schools from all over the state auditioning for a place.

This year, the Ensemble has also performed at the Hunter School of the Performing Arts "State of Dance" concert. At the end of the year they will perform in the CAPA Department's MADD Night held in the THS MPC. A busy time for these dancers, who range from Year 7 through to Year 11.

Congratulations, girls, on such a successful year!





Tomohawk - Youth Rock Grand Finalist

What a fantastic few nights!! Heavy Metal, Indy, Pop, Punk and Rock were all the flavour at this years Youthrock competition. This is a fantastic opportunity put on by the Department of Education for young and upcoming bands from all over NSW. Tomohawk did an amazing job to beat many talented bands from all over the state to progress through to the semi-finals. The band was so excited just to be selected as one of the top twenty one bands in NSW. They absolutely rocked the semi-finals securing a place in the finals as one of the top 7 bands. The finals were filled with electrifying performances from every band leaving everyone guessing who the judges would pick as the winner of Youthrock 2019. Elliott Road from Lucas Heights Community School went on to take 1st place with Tomohawk winning a special finalists award and receiving a day in the recording studio. They not only did Toronto proud, but all of Newcastle as well. Well done Tomohawk! If you would like to see their performance, go to the Youthrock official page on Facebook.



CAPA Students of the Month

Congratulations to these amazing students who have been chosen by the Creative and Performing Arts Faculty as 'Students of the Month'. The students, have excelled in their class and key learning area and we would like to acknowledge them for their outstanding efforts this term.

Music



Tahlia Valentine



PHOTOGRAPHY

VISUAL ARTS



Abby Rooker



Ellie Briggs



DANCE



Meika Borrow



DRAMA



Scarlett Turnbull

SPORTING NEWS

Well done to the boys **Open Boys' Soccer Team** who progressed to the Quarter-finals of the NSWCHS Puma Cup, as they defeated another strong team, Cronulla High School.

Nicholas Charlesworth's first half left-foot finish gave Toronto High School the win, in what was a high quality match at Lyall Peacock Oval.

Toronto were the more attacking side, in what has been depicted as our biggest soccer match in the last 20 years. Wingers Bailey Snowden and Cale Flannery treated the spectators to numerous step-overs and nutmegs, as they raided Cronulla's penalty area. With news spreading that Toronto was playing against the NSWCHS Goalkeeper, the boys knew they would need to capitalise, even though chances would be scarce.

Cronulla's quality showed, as they jumped on any loose ball and turned it into a rapid counter-attack. However, they were often met with the defensive wall of players wearing 22, 83 on their jerseys. Those players being Luke Croquett and Lachlan Horn respectively, preventing nearly every ball getting through to the always reliable goalkeeper, Hallam Carlson, who had a fairly quiet game. It was not only the 22, 83 boys that stood strong in defence; Clancy Muddle and Dario D'Angelo proved themselves to not only be part of a strong defensive unit, but also turned defence into attack.

Dario D'Angelo came away with the Man of the Match award for his efforts throughout the game, facing up against a very talented Cronulla winger. Defensively, he just could not be beaten 1v1, or in the air. He also showed his quality in attack by making good runs and key passes to the midfielders, so that they could create chances for the captain and striker, Nicholas Charlesworth.

Playing as the attacking midfielder, Joshua Frazer-Whitten, supported by Eden Garbett and Joshua Deaves behind him, showed his class and skill from the onset. This proved vital as he conjured up some magic in the 30th minute, to deliver a perfect pass to Nicholas Charlesworth, who took the chance as he calmly slotted the ball into the bottom-right pocket of the goal; meanwhile, the goalkeeper was left clutching at air.

As the later stages of the game drew to a close, Toronto missed a few sitters (no names mentioned here). This allowed Cronulla to throw numbers forward, as their desperation grew. In what proved to be a very nerve-racking final 10 minutes, Toronto's defence refused to crumble under the immense pressure. As the final whistle blew, Toronto had won 1-0.

Equally important, the substitutes played a large role in the win by ensuring the energy and the quality of our side was sustained for the duration of the match. Mitchell Sueli, Flynn Fittler and Liam Bell all put in immense efforts, coming off the bench to keep Cronulla's attack at bay. Second goalkeeper, Declan Muddle, was not called upon, but showed he is eager to don the gloves if necessary.

Commiserations!! As they unfortunately lost quarter final in a tightly contested match on 30th July. THS played against a very strong Northern Beaches Secondary College (NBSC) – Freshwater, at Cromer Park, Cromer. The scores were locked at 0 all at the end of first half, with Toronto looking the better of the two sides, unfortunately, the boys did not capitalise in the game with a few clear chances and Freshwater took advantage of this midway through the second half, by converting chances of their own in quick succession to make it 0-2. In a desperate attempt to get two goals, numbers were sent forward in the last 10 minutes. Freshwater then went on a counter attack, scoring the final goal of the match to make it 0-3.

The final score was not a true reflection of the tightly contested game.

Making it to the NSWCHS quarter finals is an outstanding achievement! The school is very proud, not only of the team's achievement but also the way the boys conducted themselves throughout the cup.



FUTSAL

On the 4th June THS entered two U14 boys teams and three U16 girls teams.

Under 16-1 were beaten 3-1 in the semi final by St Pius Adamstown. Under 14-1 were beaten in the grand final also by St Pius Adamstown. All the boys played well on the day. Special mention to the 14-1s who will now progress to the next round of the tournament to play the winners from the other regions in NNSW. They were very impressive. Also, any student who is interested in trialling for the NNSW Futsal teams should see Mr Walton as soon as possible.

Under 14 Futsal boys made it through to NNSW State Championship stage that was played at Maitland 18th June.

The team was made up of:

1. Jake Callen
2. Banjo Fitzgerald
3. Jessie Fitzgerald
4. Jake Riley
5. Tom McDonald
6. Bailey Nightingale
7. Jayden Jensen
8. Angus Muddle

They had a 2-1 loss to Callaghan College, 3-0 win over Maitland Grossman High, 4-3 win over Green Point Christian College and then a 4-3 loss to St Pius. The boys were very unlucky to go down in the semi-final and for the most part outplayed the Pius team which is pretty much entirely made up of Newcastle Jets players. Goal scorers: McDonald 2, Jensen 4, B Fitzgerald 1, J Fitzgerald 1, Callen 2, Riley 1

Our team was also praised by the NNSW Rep selectors for their toughness and ability to stick to their team structures. All players in this team were personally invited to trial for the U14 NNSW rep side.

Well done boys, this was an outstanding performance.

FUTSAL Gala Day

The **Under 14 Girls**, **Under 16 Girls** and **Under 19 Boys** played a FUTSAL gala day at Howzat in Newcastle. They played teams from the likes of Waratah, McKillop, St Mary's, Whitebridge, Medowie, Kotara and Cardiff. The under 14 girls had a difficult draw and unfortunately did not make it to the semi-finals. Special mention to Margaret Carr who was fantastic in goals and kept her head up despite each goal that got past her. The under 16 girls went through their rounds undefeated, qualifying for the semi-finals. Unfortunately they were knocked out by a very strong team.

Special mention to Ellyse Lynch who was so impressive that she was asked to play for an Under 19 Girls Cardiff High team.

The Under 19 Boys were split into two teams - Year 11 students and Year 12 students. The Year 12s were unfortunately pitted against some very strong teams from other schools, and did not qualify for semi-finals. The Year 11 boys just missed out on the semi-finals in their last game.

Well done to all students who played and we hope you had a fun day!

The **Open Boys Rugby League** team travelled to the Queensland border to play Tweed River High School in the final 16 of the State University Shield Knockout competition. Made up of predominately Y10 students, the boys put on a huge performance to have score level 12-12 at half time. Unfortunately, the opposition used their home ground advantage, and the older age across the paddock to perform better in the second half and we ended up losing 26-18.

The future looks bright for Toronto High School Rugby team with all but 2 players being eligible to play in this team next year.

A huge thanks to the many parents who made the long journey up to Tweed Heads with a car full of boys.

Also thanks to Brenton Remington who jumped into coach the team in the absence of Steve Richards and Peter Chapman.





THS Baseball Team played in the Hunter final against Hunter Sports High School.

The game was played in drizzly conditions following a delayed start due to the rain. HSHS batted first and THS was able to hold them for the first couple of innings, but with 4 of our regular players out and volunteer players taking outfield positions, HSHS pulled ahead in 1 innings.

We were in with a chance and had two players that were struck with pitched balls. Joseph Watts crawled to first base following a crippling blow. Kynan Harding was also struck and took a walk to first before both were advanced by some solid batting to bring them both home.

On the last play of the match Alex Russell was advancing from third base to home when he was struck on the mouth by a ball and skidded on the wet grass.

The game was played in a very sportsmanlike manner and we are all very proud of their efforts and grateful to the boys who filled in admirably.

Both teams advance through to the final 16 in the Proud Shield.

In the next round of 16 of this competition we played Rouse Hill High School at our local ground, Waterboard Oval, Blackalls Park on Wednesday 14.8.19.

The 6 innings game was played with good sportsmanship and fairness. The boys must be congratulated on their game play and level of respect shown to the opposition. Toronto proved the victors 8-1.

We were led by our Year 12 boys, who took time out of their Trial HSC study to play. Liam Purcell has taken the year off his weekend baseball to concentrate on his study, but pitched the entire game for us, which included a massive 9 strike outs. Kynan Harding scored a home run from a drive down the first base line into the outfield. Angus Ping and Joel Borrow each got home twice and Alex Russell, Blake Nicholls and Zane Howarth also got home. Outfield fly balls were taken by Luke Croquett and Alex Russell. Alex also organised the outfield players while Zane hussled the infielders. Our only injury of the day was an awkward bounce taken by Cameron Mott on the arm. He also has the ball stitch marks on the arm to show for his efforts. It was a team result.

Well done, boys on a terrific result! Now we face The Rivers College in our next game.

Under 15s Basketball Coach Mansell and Coach Remington took the teams to Newcastle for the gala day. Amazing energy from both teams. The boys won all but one of their games, coming 2nd in their pool.

The girls started strong and then made an epic comeback against Whitebridge in the finals in the second half when they really found their flow!

The girls are advancing onto the Regional competition at Maitland.

Both coaches were proud to be reminded by many opposing teams and coaches on the great sportsmanship we have at Toronto.



U16's Rugby League

The Toronto High School U16's Rugby League team travelled to Lakeside Sporting Complex for the Knights Knockout Regional Gala Day on the 13/6. The team was coached by Mr Remington and Mr Hackney, filling in for Mr Chapman and Mr Richards on the day. In the first game the boys played against Hunter River High School and showcased their ability to break through the defensive line with hard running in the middle of the field. The forwards were relentless in their defence, with our smaller forwards making some great one-on-one tackles against much larger opposition players. The backs used their speed and ability to stop defenders in one-on-one situations, scoring a range of tries out wide. The final score was a 32-6 win for the team, which progressed them through to the Regional Semi-Final against Saint Mary's Gateshead High School.



The second game was a much harder game, and our boys never gave up even when the opposition got a 10 point lead in the first half. Our team scored two late tries and looked like the better team in the last 10-15 minutes of the game. The final score was a 24-12 loss.

The team for the day consisted of Luke Meredith, Zac Munz, Rhyan Legge, Tyler Coughlan, Bailey Snowden, Caleb Paulson, Blake Nicholls, Blake Simmon, Zane Howarth, Jordan Pohe, Jack Legge, Logan Brodie, Cody Shutz-Relf, Max Bradbury, Jake Morris, Jackson Radcliffe, Flynn Fittler.

AFL U15s Swan Shield

The Under **15's Boys AFL** team competed in the Swans Shield Knockout Gala day on the 12/6 at Teralba Park. The team played a tough game against Kotara High School going down 35-18. The boys played really well considering they were down on players, keeping the opposition to 11-6 at halftime. Most of the students in this team had never played AFL before with a majority of them having a rugby league background. The Team consisted of Harry Andrews, Daniel Evans, Lochlan Ford, Beau Gerrard, Jayden Hamilton, Oskar Hiles, Joseph Jobson, Lachlan Jones, Bailey Lustmann, Jake Morris, Angus Ping, Dylan Tracey, Thomas Borrow, Jack Brown and Bailey Urquhart. A massive thankyou to Caleb Paulson who assisted with coaching and ran water on the day. The team was coached by Mr Remington, who would like to thank all the boys who attended lunchtime training sessions for the team.



On Wednesday, our THS **U15 Girls Basketball team** played at the Regional Gala Day in Maitland.

This competition included all the winning Zone teams from Lake Macquarie, Newcastle, Maitland and Northern regions.

The girls faced off against Hunter Sports High School in their first game, playing strong defensively. Ashleigh Killian and Brooke Woods made several baskets each in this game.

As a consolation game, the girls then played Lambton High School, with more great defence and a range of scoring - including a 3pt shot from Ashleigh! Unfortunately the girls were defeated in their games, however, Coach Mansell commends their great sportsmanship and positive attitudes. They were all cheering each other on throughout the day and never gave up.

Big thanks to Ty Lewis in Year 11 for travelling to Maitland and bench scoring both games.

Thank you also to the parents and caregivers who took their time to assist the team, and came to watch the games.



Y9 & Y10 Sport Elective Term 2

Twelve Year 9 & Y10 students graduated from their sport elective Rural Fire Service that they enthusiastically attended this term - 100% attendance – Well done to you all.

Thanks to many volunteers who gave up their time teaching the students theory and practical skills that will equip them for their future life living in our beautiful bushy Lake Macquarie.

THS is so proud of you.





Welcome to the Toronto High School Uniform Store

The School Locker is proud to be working in partnership with your school.

Our goal is to provide great shopping experiences for families. Our retail stores are inspired by a simple idea – one store with everything you need for school.

The School Locker is delighted to extend a warm and friendly invitation to shop for your school uniforms in the on campus uniform store. Purchases you make from the school uniform store, from any of The School Locker superstores and from The School Locker website will generate revenue for your school.

Uniform store opening hours

Parent Orientation Evening

Wednesday 27 November 12:00pm - 8:00pm

Student Orientation Day

Tuesday 3 December 8:00am - 11:00am

Regular Opening Hours

Monday	8:30am - 11:00am
Wednesday	8:30am - 11:00am
Friday	12:30pm - 3:00pm

Payment options

The School Locker accepts cash, EFTPOS, Visa and Mastercard. Interest free and leasing terms are available. Ask the campus store staff for more details.

Can I order my uniforms online?

Uniforms are available for purchase online at theschoollocker.com.au. When purchasing online you may choose to have your order shipped to you, or you may collect your order from the school uniform store.

A wide range of technology devices, sports equipment, musical instruments, footwear and stationery is also available for purchase on The School Locker website.

Get the Student Advantage

Every student is eligible for a free Student Advantage membership which provides access to Student Advantage pricing online, and ensures your school earns revenue from all purchases you make at any of The School Locker stores.

Visit our website to set up your Student Advantage number online or visit the school uniform store and our friendly staff will be happy to help you.

theschoollocker.com.au/customer/account

For more information

Contact Wendy Sawan
Email Wendy.Sawan@theschoollocker.com.au

Phone 1800 826 155
Email service@theschoollocker.com.au

Website theschoollocker.com.au

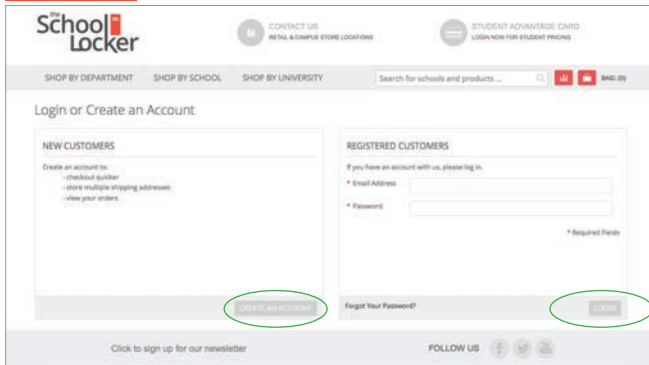


unlock their potential.

Quick guide to setting up your Student Advantage Membership online.

Get started by visiting theschoollocker.com.au/customer/account/

Step 1



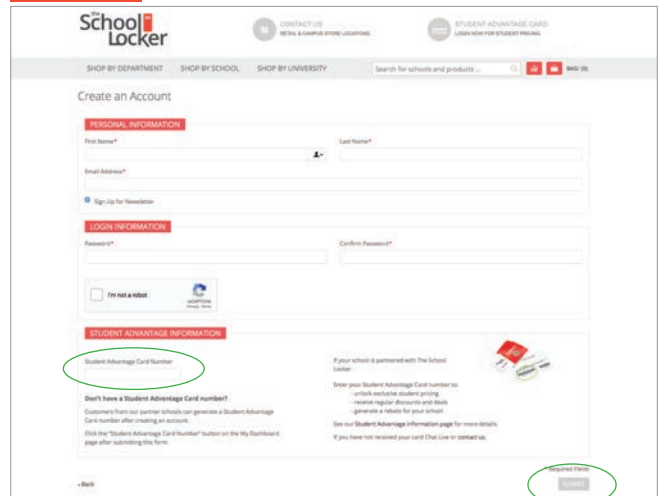
Are you a new customer?

Click **CREATE AN ACCOUNT** and go to **Step 2**.

Do you have an account but need to set up your Student Advantage Membership?

Login to your account using the *Registered Customers* form. Refer to **Step 3** instructions.

Step 2



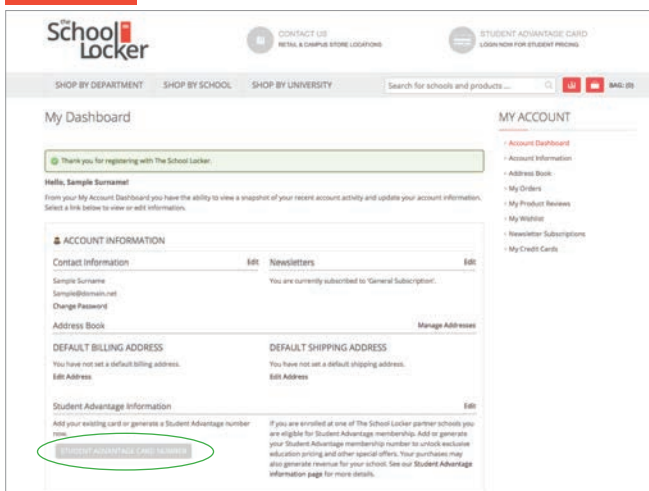
Complete the *Create an Account* form.

If you DO have a Student Advantage number provided by your school (via email or on a Student Advantage Card) enter it in the *Student Advantage Card Number* field and click **SUBMIT**.

That's it, you're finished. This will immediately assign your Student Advantage Number to your account so you see Student Advantage Pricing when you login.

If you DON'T have a Student Advantage Number, skip the *Student Advantage Information* section and click **SUBMIT**.

Step 3

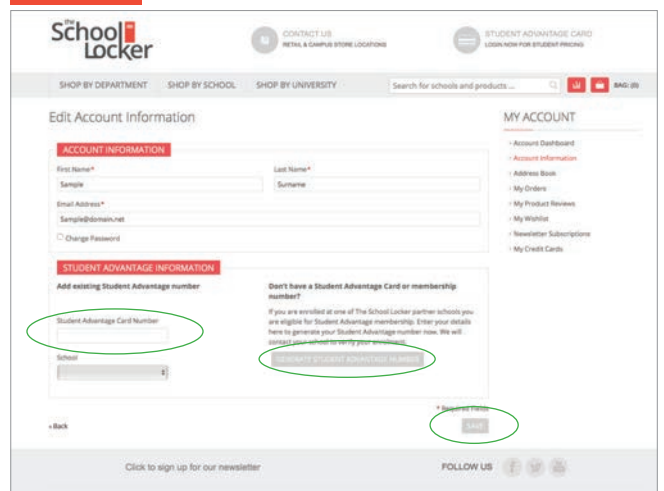


You will be re-directed to the *My Dashboard* page.

Click on the **STUDENT ADVANTAGE CARD NUMBER** button.

You will be re-directed to the *Edit Account Information* page.

Step 4



If you DO have a Student Advantage Number enter it in the *Student Advantage Card Number* field and press **SAVE**.

If you DON'T have a Student Advantage Number click on **GENERATE STUDENT ADVANTAGE NUMBER** button.

A pop-up window will appear. Complete your details including Parent/Guardian Name, Email Address, Student Name, School and Year Level. Click **SUBMIT**.

This will immediately assign your Student Advantage Number to your account. Click **SAVE** and you will see Student Advantage Pricing each time you login.

Dear parents, guardians and carers

Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the *Disability Standards for Education 2005*, in line with the *NCCD guidelines (2019)*.

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy](https://www.education.gov.au/privacy-policy) (<https://www.education.gov.au/privacy-policy>).

Further information about the NCCD can be found on the [NCCD Portal](https://www.nccd.edu.au) (<https://www.nccd.edu.au>).

If you have any questions about the NCCD, please contact the school.

Kind regards

Principal



Hunter Valley Buses Pty Ltd
ABN 68116171432
Telephone 02 4935 7200
Facsimile 02 4966 8200
Address 6 Glenwood Dr, Thornton NSW 2322
Post PO Box 3161, Thornton NSW 2322
cdcbus.com.au

1st May 2019

Dear Parent/Carer,

Hunter Valley Buses (HVB) are writing to you as a provider of school bus services to your child's school. HVB would like to address some concerns regarding the current use of School Opal Cards.

Transport for NSW (TfNSW) provides eligible school students with free or subsidised travel under the School Student Transport Scheme (SSTS) between home and school during school terms. There is no provision under the scheme to fund the carriage of students to or from any other location.

When using a School Opal Card, it is a condition of use that students must tap on at the beginning of a trip and tap off at the end of a trip at an Opal Card reader.

Our data indicates that only 40% of students with School Opal Cards are using them correctly.

Data gathered from Opal taps are used to determine the number of services provided to your school. If students don't tap on and tap off, lack of perceived patronage could lead to a service appearing underutilised, prompting a review of the number of services provided.

As a part of our campaign and ongoing commitment to provide the level of service needed for your school, HVB may have visible presence of Customer Support Officers both on buses and at schools to assist students in the correct use of School Opal Cards.

HVB are asking that students become aware of the following travel options to avoid any possible repercussions with either our Customer Support Team or TfNSW Revenue Protection Officers:

School Opal Card

Eligible students can apply or update their details online at:

<https://apps.transport.nsw.gov.au/ssts>

Students who are not eligible for a free School Opal Card have the following options:

School Term Bus Pass

Students who don't qualify for free school travel, may be eligible to purchase a School Term Bus Pass

<https://apps.transport.nsw.gov.au/ssts/#/termBusPass>

BENEFITS OF VOLUNTEERING

P&C activities create opportunities for parents and carers, students and staff to interact, building a feeling of respect and a stronger, safer, school community.

When you participate, you benefit by:

- Meeting other parents in the community
- Understanding more about what happens at school
- Getting to know the teachers better
- Sharing your skills with other parents/teachers and learning new ones
- Helping out sets a good example for your children

Your children will benefit too. Research shows that when parents are involved, students perform better academically, have a better attitude to school and improved behaviour!

TO FIND OUT MORE ABOUT YOUR P&C:



Visit the Supporting Our Students – Parents Carers and the Community section of the school website



Like us on Facebook –
search **TorontoHigh** PandC



Email us at:
TorontoHighPandC@gmail.com

The P&C also has an email distribution list which we use to send information and occasional calls for help. To join the list, send us an email.



PARENTS & CITIZENS ASSOCIATION

Supporting the 'Greatest School Around'

WHO ARE WE?

The THS P&C is the focal point for parent involvement at the school and provides a place for parents to discuss and debate matters of interest relating to the school and community.

All parents or guardians are invited to become members of the P&C. Membership costs \$1 per year and can be paid at anytime.

The P&C Executive oversees the P&C's operation while committees look after each of the services which the P&C provides.

All P&C members are invited to nominate for Executive positions. However new members are not expected to take on additional roles in their first year – not unless they want to, of course!



WHAT DO WE DO

The P&C provides strong community support for the school by encouraging parents to be involved in the workings of the school.

We run fundraising events and provide a number of outlets for families to provide feedback and suggestions on school improvements. These include:

- Fundraising to provide improvements to the school and new resources for students
- For the time -poor parents and carers we provide alternative ways to provide input into your students schooling via Facebook and email direct to the P&C
- Assist with the development of policies and management plans.

P&C MEETINGS

P&C meetings are held during school terms on the last Tuesday of the month at 6pm in the school library.

These meetings usually go for an hour.

All parents and carers are welcome to attend these meetings.



HELPING OUT

The P&C values the rich diversity of skills and experiences that each family brings to the school. We appreciate any help that families are able to offer.

Ways you can help include:

- Getting involved in fundraising activities
- Attend P&C meetings
- Volunteering on sports days
- Help supervise excursions
- Assist with the development of policies and management plans
- Respond to specific requests from your child's teacher.

To find a job that suits, come along to a P&C meeting or join our email distribution list.



Fresh North Queensland Mangoes

Direct from the farm to you!

Support Our Mango School Locker Fundraiser

If you *love mangoes*, here's your chance to indulge in fresh juicy Kensington Pride mangoes and support our fundraising drive.

We are selling trays of mangoes picked and packed during the premium harvest. **Delivery expected week commencing 2 Dec 19.** We will advise of exact date through Facebook and school app.

Cost per Tray is: **\$25.00** Holding between 12 and 23 mangoes weighing approx. 7kg

Place your order & payment online through our THS P&C Facebook page or drop your order form to the school with cash or direct debit completed and noted on the form by: **25 Oct 2019**

Direct debit: Toronto High P&C – BSB: 732-514 Account: 070 464
Use your name & Mango as the direct debit reference

For Further information contact: Emma Munz – THS P&C President
0413 942 064



CUSTOMER ORDER FORM

St Margaret's Creek Pty Ltd • ABN 21 685 452 996 • 419 Bartlett Road Giru QLD 4809

Name: Address:
 Email: Phone:

Payment made by: Direct Debit Payment to THS P&C Cash Payment to School Office

Coordinator/Office use

Coordinators Name	Price	Expected Delivery week beginning	Return form with payment by
Emma Munz	25.00	2 Dec 2019	25 Oct 2019

Place your order & payment online through our THS P&C Facebook page or drop your order form to the school office with cash or direct debit payment completed and noted on this form.

Direct debit: Toronto High P&C – BSB: 732-514 Account: 070 464
Use your name & Mango as the direct debit reference

Trays holding between 12 and 23 mangoes weighing approx. 7kg

NAME & MOBILE	QUANTITY	PAYMENT TYPE Cash/Direct Debit	TOTAL PAID
1.		\$	\$
2.		\$	\$
3.		\$	\$
4.		\$	\$
5.		\$	\$
6.		\$	\$
7.		\$	\$
8.		\$	\$
9.		\$	\$
10.		\$	\$
11		\$	\$
12.		\$	\$
13.		\$	\$
14.			
		TOTAL	\$

*Please note that while every effort will be made to deliver your order to your School/Club/Organisation on the preferred delivery date, the occasional delivery may be delayed due to logistical difficulties beyond our control. Your coordinator will notify you of any changes. Thank you for your understanding.

RYASP

Rotary Youth Academic
Support Program

Rotary
Club of Toronto



RYASP:
*An initiative of
The Rotary
club of Toronto
NSW*

What is RYASP

RYASP stands for "Rotary Youth Academic Support Program". It is a community service project run by the Rotary Club of Toronto NSW, with the aim to help support the academic learning and skills development of local students.

Background:

In 2018 the club ran a HSC study program for local students. The purpose of the project was to enable local students from low socioeconomic backgrounds access to professional help for preparation in the lead up to the HSC. The response and results were excellent for any program, let alone on the first try.

As a response to this success, with member Sarah Hill leading the charge, our club decided to expand the project to meet the needs of the local students.

Rotary



SERVICE ABOVE SELF

RYASP: Drop Ins' (Weekly Guided Study Group)

The "Drop In" program has been successfully running since February 2019, with consistent student numbers. Sessions are held from 9.30am to 11.30am most Saturdays at the Toronto public Library. Any and all local students are welcome to drop in to receive help on current work or in developing the skills needed to enhance their academic progress.

RYASP: Intensive Program

The "Intensive" program is based on our 2018 HSC program from last year. It is designed to aid current HSC students in their preparation for the HSC Trials and HSC exams. The number of sessions, subjects and length of sessions will expand from 2018 to meet the demands of the students. The time and dates are yet to be announced. The Trial intensive program will be held in July school holidays, the HSC intensive program will be held in the September school holidays.

RYASP requires the support of local volunteers, if you would like to help, the club is taking expression of interests now.

**Email your contact details and what courses you'd be interested in helping with to Sarah at s.j.hill@outlook.com
- recruitment will begin in May 2019.**

Contact Information

RYASP Director
Sarah Jane Hill
Rotary Club of Toronto NSW
P: 0401587775
E: s.j.hill@outlook.com

Toronto High School

NOTIFICATION OF CHANGE TO STUDENT DETAILS

DATE / / 20.....

Student Name: _____ Student Year: _____

Student Name: _____ Student Year: _____

Student Name: _____ Student Year: _____

PLEASE ONLY FILL IN THE DETAILS THAT HAVE CHANGED

FAMILY DETAILS

Home address:

.....
.....
(Street No.) (Street Name)

.....
.....
(Suburb) (Post Code)

Name for correspondence:

Address for correspondence:

.....
.....
(Street No.) (Street Name)

.....
.....
(Suburb) (Post Code)

Home Telephone number:

Mother's mobile number:Mother's work number:

Father's mobile number:Father's work number:

Best family email address for statements and newsletters:

.....
Other changed details (if any):
.....

OTHER PARENT NOT RESIDING WITH THE STUDENT (Please provide any relevant Court Orders)

Name

Address:.....

.....Telephone.....

PTO

Toronto High School

EMERGENCY CONTACTS

Add or amend an Emergency Contact

(1) Name:

Daytime telephone number:

Mobile telephone number:.....

Relationship to family:

(2) Name:

Daytime telephone number:

Mobile telephone number:.....

Relationship to family:
.....

(3) Name:

Daytime telephone number:

Mobile telephone number:.....

Relationship to family:
.....

REMOVE AN EMERGENCY CONTACT:

(1) Name:

(2) Name:

ANY OTHER RELEVANT INFORMATION

.....
.....

SIGNED: **DATE**/...../20.....

OFFICE USE ONLY

ERN

EBS STUDENT

EBS STATEMENT

CAREERS Yrs 10,11,12- EMAIL

TORONTO NEWSAGENCY

GIFTWARE AND STATIONERY SUPPLIES

SCHOOL BOOK PACKS

We are the primary stockist for your 2020 Year 7 book packs for Toronto High School and they are ready to order!


We also do packs for Years 8, 9 and 10!

Simply go to;

www.torontoschoolandofficesupplies.com.au

Select the school and student year from the drop down box at the top of the page and you're ready to go!

We will have the packs ready for pickup at the Year 7 orientation evening or in store after that night.

)1092 4959 (02



TORONTO HIGH SCHOOL



CANTEEN MENU

SANDWICHES

Made on White, Multigrain or **Gluten Free (G + 50c)**

Cheese	\$3.00
Tuna	\$3.00
Cheese & Tomato v	\$3.50
Ham, Cheese & Tomato	\$4.00
Chicken, Lettuce & Mayo	\$4.00
Chicken, Lettuce & Avocado	\$4.00
Egg, Lettuce & Mayo v	\$4.00
Curried Egg & Lettuce v	\$4.00
Roast Beef, Cheese & Pickles	\$4.00
Salad - Lettuce, Carrot, Tomato, Cucumber, Cheese v	\$5.00
Tuna & Salad	\$5.50
Ham / Chicken / Roast Beef & Salad	\$5.50

Order your own creation

TOASTIES

Made on White, Multigrain or **Gluten Free (G + 50c)**

Cheese v	\$3.00
Cheese & Tomato v	\$3.50
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.50
Chicken & Cheese	\$4.50
Baked Beans	\$3.00

WRAPS

Salad - Lettuce, Carrot, Tomato, Cucumber, Cheese v	\$5.50
Ham & Salad	\$6.00
Tuna & Salad	\$6.00
Roast Beef & Salad	\$6.00
Chicken, Avocado & Salad	\$6.50
Teriyaki Chicken & Salad	\$6.50

SALADS

Garden Salad - Lettuce, Carrot, Tomato, Cucumber, Egg, Pineapple, Cheese & Dressing v g	\$5.50
Ham & Garden Salad g	\$6.00
Tuna & Garden Salad g	\$6.00
Chicken & Salad - Chicken, Avocado, Lettuce, Carrot, Tomato, Cucumber, Egg & Cheese g	\$6.00
Greek Salad - Lettuce, Tomato, Cucumber, Spanish onion, black olives & Fetta v g	\$6.00

Vegetarian **Gluten Free** ** Made to Order **Occasional Item. Limit to 1 per week** EFTPOS is available

A wide selection of foods will be available to purchase over the counter – but not necessarily all items on the menu. Ordering before roll call is the only way to ensure your choice is available. **Online ordering [QUICKOLIQ](#)**



TORONTO HIGH SCHOOL



CANTEEN MENU

HOT FOOD

Soup of the week & Roll **	\$4.50
Curry Chicken & Mash **	\$6.00
Honey Soy Chicken & Fried Rice **	\$6.00
Homemade Beef Lasagne & Salad**	\$5.00
Homemade Vegetable Lasagne & Salad v **	\$5.00
Roast Chicken & Gravy Roll	\$4.00
Roast Beef & Gravy Roll	\$4.00
Fried Rice **	\$4.00
Homemade Pasta Bolognese **	\$5.00
Ham & Pineapple Pizza Melt	\$4.00
BBQ Chicken Pizza Melt	\$4.00
Margherita Pizza Melt v	\$3.50
Vegetarian Pizza Melt v **	\$4.00
Corn on the Cob v g **	50c
Raisin Toast (2 Pieces) v **	\$2.00
Lean Beef Pie	\$3.50
Lean Beef & Potato Pie	\$3.50
Lean Sausage Roll	\$2.50
Spinach & Ricotta Roll v	\$3.00
Chicken Fingers	\$2.50
Small Wedges v	\$2.50
Garlic Bread v	\$1.50
Hash Brown v **	\$1.00
Mamee Noodle Cup Chicken or Beef	\$2.50

BURGERS

Cheese Burger - Homemade Patty, Cheese & Tomato Sauce	\$4.50
Beef Burger - Homemade Patty, Lettuce, Carrot, Tomato, Beetroot & BBQ Sauce **	\$5.00
Vegetarian Burger - Homemade Patty, Lettuce, Carrot, Tomato, Beetroot & Honey Mustard v **	\$5.00
Chicken Burger - Chicken Schnitzel, Lettuce & Mayo	\$4.50
Sweet Chilli Chicken Burger - Chicken Schnitzel, Lettuce, Tomato & Sweet Chilli Mayo **	\$5.00
Hawaiian Chicken Burger - Chicken Schnitzel, Lettuce, Ham, Pineapple, Cheese & Mayo**	\$5.00
Crumbed Fish Burger - Crumbed Fish, Lettuce& Tartare Sauce **	\$4.50
Sauce - Tomato, BBQ, Sweet Chilli, Sweet & Sour	30c
Extra Fork/Spoon	10c

Vegetarian Gluten Free ** Made to Order Occasional Item. Limit to 1 per week EFTPOS is available

A wide selection of foods will be available to purchase over the counter – but not necessarily all items on the menu. Ordering before roll call is the only way to ensure your choice is available. **Online ordering [QUICKQLIQ](#)**



TORONTO HIGH SCHOOL



CANTEEN MENU

SNACKS

Fresh Fruit	\$1.00
Yoghurt v g	\$2.00
Fruit Salad v g	\$3.50
Fruit Salad & Yoghurt v g	\$4.00
Fruit Salad & Custard v g	\$4.00
Ham & Cheese Roll	\$2.00
Hard Boiled Egg v g	50c
Banana Bread v	\$2.00
Pear & Raspberry Bread	\$2.00
Home Baked Goods v	\$2.00
Potato Chips v	\$1.50

FROZEN SNACKS

Slush Puppie	\$2.00
Strawberry/Vanilla	
Cloudy Lemon	
Tangy Berries	
Tropical	
Forest Fruits	
Sour Apple	
Frozen Juice Popper	\$1.50
Quelch Fruit Stick	50c
TNT Sour Blue Raspberry	\$1.00
TNT Sour Red Berry	\$1.00
TNT Lemon Ice	\$1.00

Assortment of occasional frozen snacks

From 50c - \$2.00

DRINKS

Water	\$2.00
Just Juice Poppers	\$1.50
Orange	
Orange & Mango	
Apple	
Apple & Blackcurrant	
Paradise Punch	
Dairy Farmers Full Cream Milk	\$2.00
Small Dairy Farmers Classic	\$2.50
Chocolate	
Strawberry	
Iced Coffee	
Large Dairy Farmers Classic	\$3.50
Chocolate	
Strawberry	
Iced Coffee	
Vanilla	
Up & Go	\$2.50
Chocolate	
Strawberry	
Banana	
Vanilla Ice	
Caramel	

Vegetarian **Gluten Free** **** Made to Order** **Occasional Item. Limit to 1 per week** EFTPOS is available

A wide selection of foods will be available to purchase over the counter – but not necessarily all items on the menu. Ordering before roll call is the only way to ensure your choice is available. **Online ordering [QUICKOLIQ](#)**



CONGRATULATIONS

Toronto High School

FOR OFFICIALLY OPERATING A
GREAT CHOICE
HEALTHY SCHOOL CANTEEN

25 June 2019

A handwritten signature in black ink, appearing to read "Jo Mitchell".

Jo Mitchell
Executive Director
Centre for Population Health

A handwritten signature in black ink, appearing to read "Glenn King".

Mr Glenn King
Deputy Secretary
Department of Premier and Cabinet



Welcome to QuickCliq

ORDER YOUR CHILD'S MEALS ONLINE

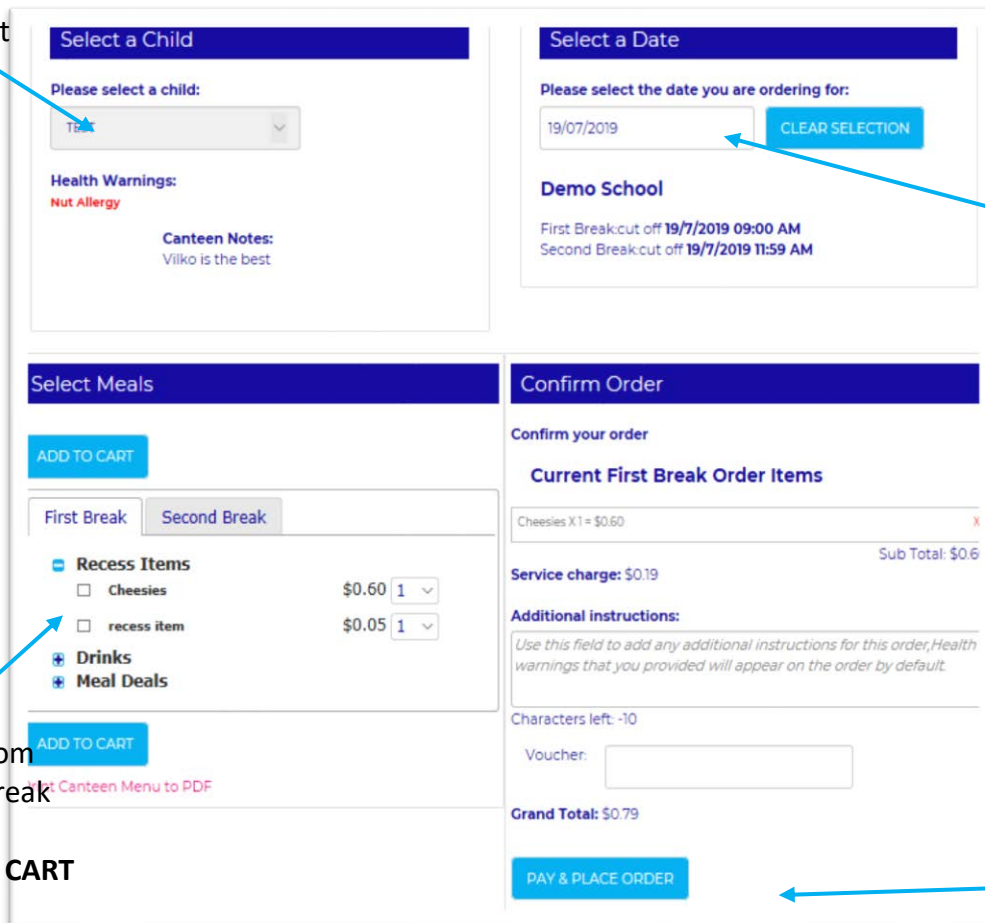
New to Quickcliq? SIMPLY REGISTER AT:
www.quickcliq.com.au

Select **SIGN UP** and fill out your details to register

Once you have an account, log in & select **ADD STUDENT** and enter in your child's details: Name, School, Year, Class & Teacher.

TO ORDER: Select **MEAL ORDER** from your account homepage.

Step 1 - Select Child



The screenshot shows the QuickCliq ordering interface with four steps highlighted by blue arrows:

- Step 1 - Select Child:** Points to the "Select a Child" section, which includes a dropdown menu for "Please select a child:" and "Health Warnings: Nut Allergy".
- Step 2 - Select Date from drop down calendar:** Points to the "Select a Date" section, which includes a date picker for "Please select the date you are ordering for:" and a "CLEAR SELECTION" button.
- Step 3 - Select your items from the various break options Click ADD TO CART:** Points to the "Select Meals" section, which includes a list of items under "Recess Items" (Cheesies \$0.60, recess item \$0.05) and "Drinks" and "Meal Deals".
- Step 4 - Click PAY & PLACE ORDER:** Points to the "Confirm Order" section, which includes a "PAY & PLACE ORDER" button.

Step 2 - Select Date from drop down calendar

Step 3 - Select your items from the various break options Click ADD TO CART

Step 4 - Click PAY & PLACE ORDER

PLEASE PLACE YOUR ORDER BEFORE THE CUT OFF TIME

If you need any assistance ordering online, please contact QuickCliq - 1300 11 66 37 or info@quickcliq.com.au

Why you will love using QuickCliq



One Family, One Account

You will have one unique and secure login to manage all your children's orders, even if they attend different schools. QuickCliq saves you time and gives you complete visibility over your family's needs.



Cashless

Tired of scrounging around for loose change every morning before your kids run off to school? With QuickCliq, lunch money is a thing of the past.



Healthy Alternative

We're giving control back to you over your children's diets. By ordering their lunch ahead of time, you can ensure they are eating healthy and balanced meals.



Mobile Friendly

QuickCliq was designed with mobile access in mind. Simply login to add credit and order, all from the convenience of your smartphone or tablet.



Plan Ahead

We understand that ordering every week can be a hassle. Now you can order up to a month in advance, helping you to save time and budget for the month ahead.



Easy Set Up

QuickCliq is free to set up and easy to use. Simply login, add credit to your QuickCliq wallet and you're good to go.



THE UNIVERSITY OF NEWCASTLE AUSTRALIA

sign up by yourself, with friends or family

Would you like to improve your fitness, health and wellbeing for free, at your local park?

ecofit

ecofit is an evidence-based program to increase physical activity levels through the use of local parks and facilities. It includes the use of a smart phone app, a group training session and a health check.

We are seeking people to participate who:

1. Are not meeting aerobic and/or resistance training public health guidelines (<150 minutes of moderate activity per week, and/or <2 days of strength training).
2. Have access to a smart phone,
3. Will have passed the pre-exercise screening test (by answering questions about your health).

Interested?
Get more info and see if you are eligible by emailing us at ecofit@newcastle.edu.au or call either 4985 4060 or 4921 7391




City of Newcastle | Lake Macquarie City Council

This program has been approved by the Health Services and Health Promotion Board, R1001 Program 8.8 - 0817-0008. Please see www.health.nsw.gov.au for more information. Contact details: 02 9514 8111

Transport for NSW provides students with **free** school travel

In return, we ask that you tap on and tap off every time when travelling on public transport to and from school.



Tap on and tap off your School Opal card every time

NSW Transport



Contact us via email: cricketsouthernlakes@gmail.com
Facebook - Toronto Workers District Cricket

COME JOIN THE FUN WITH CRICKET SOUTHERN LAKES

REGISTRATIONS NOW OPEN

Register online at www.playcricket.com.au



BIODIVERSITY DAY AT BLUE GUM HILLS REGIONAL PARK

Free Community Event
Bring a picnic and celebrate!

Thursday 3 October, 10am-2pm
Blue Gum Hills Regional Park
Minmi Road, Minmi

- Free sausage sizzle
- Live entertainment
- Native plants give away
- Learn about biodiversity
- Nature walks
- Culture walks
- Craft activities for all ages
- Interact with live animals
- Learn about volunteering in nature



LOWES
EXCLUSIVE OFFER
BOYS SUIT PACKAGE

SELECTED SUIT SEPARATES

JACKETS \$130.00

TROUSERS \$59.95

PARAMOUNT SHIRTS \$39.95

LOWES TIES \$25.00

TOTAL VALUE \$254.90

NOW **\$200**

SAVE \$54.90

*Offer applies to selected items only. While stocks last. Offer may vary. Excludes sale items. Offer can only be redeemed with the Lowe's app or app. See store for more details.





Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- groceries & labels
- books & supplies
- uniforms & shoes
- books & laptops
- uniforms & gear
- clothes & accessories

THIS OFFER IS ONLY AVAILABLE TO NEW Saver Plus MEMBERS WHO ARE CURRENTLY ELIGIBLE TO JOIN Saver Plus. THE OFFER IS ONLY AVAILABLE TO NEW Saver Plus MEMBERS WHO ARE CURRENTLY ELIGIBLE TO JOIN Saver Plus. THE OFFER IS ONLY AVAILABLE TO NEW Saver Plus MEMBERS WHO ARE CURRENTLY ELIGIBLE TO JOIN Saver Plus.

Contact your local Saver Plus Coordinator
Phone or SMS 1300 610355
Email Newcastle00@thesaverplus.com.au
Online www.saverplus.com.au
Find us on Facebook



© 2018 The Smith Family. All rights reserved. The Smith Family is a registered charity. The Smith Family is a registered charity. The Smith Family is a registered charity.

Raise free funds for us each time you shop online




Shopnate
The EasyFundraiser

PARTY SUPPLIES AND NOVELTY DECORATIONS

- ★ Novelty Balloons & Banners
- ★ Glow Sticks
- ★ Flashing Toys
- ★ Face Paints
- ★ Fancy Dress
- ★ Masks & Lots more

Pelican Packaging
16 High Street, Toronto
(02) 4950 5999

www.pelicanpackaging.com.au

Catering & Packaging Supplies

Cups & Containers
Cake Trays & Boxes
Cutlery
Bags & Foil Trays
Packaging Boxes
Tape & Much More!

Pelican Packaging
16 High Street, Toronto
(02) 4950 5999

www.pelicanpackaging.com.au

Mention TORONTO HIGH & receive a 5% DISCOUNT off all items!!!

 [glow.makeup.beauty](https://www.instagram.com/glow.makeup.beauty)

 **GLOW**
Makeup & Beauty



Bring a friend for FREE!
With Event season now approaching
bring a friend or split the cost to each
receive a full face makeup with an
experienced Makeup Artist

Face & Eye care also available
visit www.glowmakeup.com.au

call or text GLOW Makeup & Beauty
0421991298

or visit www.glowmakeup.com.au
& book your spot today



Liked by **CarlyTherese** and **99 others**
#GLOWMakeup&Beauty #MUA #GlamLife
Tag & upload your photo to Instagram
and tag us in using @glow.makeup.beauty
www.glowmakeup.com.au



**X
Driver
Testers** AUTO & MANUAL

www.XDriverTesters.com.au

XDT 
DRIVING INSTRUCTORS

Our vision at XDT is to
create the safer drivers of the future


As X Driver Testers we are able to:

- teach you or your Son/Daughter how to drive safely and legally
- clearly explain the test procedure
- conduct a simulated test before the big day
- dispel any common test myths like 'everyone fails the first time'

Look at our pass rate & photos on Facebook to see nearly all of our clients pass first time.

Available in
Lake Macquarie
& Newcastle
areas

CALL > 0433 251 516

 XDT Driving Instructors 