

TORONTO HIGH SCHOOL



"Ship to Shore"

August 2015

Upcoming Events

Term 3

25 Aug

Hunter Trials Boys
Tennis

26 Aug

Archibald Prize
Excursion

28 Aug

"Wear It Purple Day"

2 Sept

Prefect 2016 Induction
Yrs 7 & 8 Cybersafety

3 Sept

Forensic Science
Workshop

3 - 5 Sept

NSWCHSSA Athletics

9 - 17 Sept

Yr 11 Yearly Exams

17 Sept

Yr 12 Graduation

18 Sept

Last Day of Term 3

Term 4

6 October

Students return to
school

Field Ave Toronto
2283

Ph: 0249 591788

Fax: 0249 504459

Email toronto-

h.school@det.nsw.edu.au

Website: www.toronto-

h.schools.nsw.edu.au



NEXT P&C MEETING

Tuesday 25 August 2015

Commencing at 6.00pm

in the School Library

All Welcome!

Principal's Report

Mark McConville



GREAT ACHIEVEMENTS!

We are very fortunate here at Toronto High to have such high performing, talented students. It is always great to hear from parents as to what their children are up to. Please contact the school to keep us up-to-date with your child's achievements outside of school.

Toronto Learning Community Education Week Awards Ceremony

Congratulations to all of those students who received awards at the annual Toronto Learning Community Education Week Ceremony. It is a prestigious award to receive and one that should be treasured.

It was also great to be joined by our partner Primary Schools in the area and to meet some of the fantastic students who one day will be attending Toronto High School.

We were overflowing with family and friends, so we will be looking at what we can do next year to still acknowledge all the students who deserve to be and have room for everyone to attend.

Final 8 in Open Boys Rugby League

Congratulations to our THS team who unfortunately missed out on a semi-final berth in the NSWCHS University Shield, after a great game against Chifley HS last Thursday. This is a fantastic achievement to have made it to the final 8 teams in the state and each of our students and their coaches Mr Chapman and Mr Richards should be extremely proud of themselves. We came home with a wet sail and won the second half.

The support from the students in attendance was great; there was a real sense of school spirit which added to the occasion. Well done to all those involved.





Representative Sports

Congratulations to the following students who participated in state and regional representative sports recently -



Travis Holgate (Year 12) - NSWCHS State Softball Representative

Travis was recently selected as part of the Hunter Region team to compete in the NSWCHS State Softball Competition at Curl Curl earlier this month.

Despite some stellar performances the Hunter team placed 5th overall in the statewide competition. Well done Travis!

Northern NSW School Futsal Representatives

The following students have been selected in 5 of the Northern NSW Futsal teams to compete at the National Futsal Championships on the Gold Coast during the upcoming September school holidays. Each student has been selected for their outstanding individual futsal skills whilst participating at the recent regional and NNSW Schools Championships. Congratulations to -

Flynn Fittler, Billy Arthur, Tim McQuillan, Tyrell Paulson, Noah Fittler, Preston Cunningham, Brady McRitchie, Blake Arthur, Luke Callen, Kurtis McRitchie, Jorja Rocteur, Briana Waters

This is a great achievement for our students. *To be in 5 of the state teams!!!* That's fantastic!!! Mr Pauley has also been selected, again, as coach of the U/15 Yrs team.

"WINNERS" Bill Turner Plate

The THS U/15yrs soccer team recently won the Bill Turner Plate. The boys worked hard to earn a spot in the final, and through their sheer determination were rewarded with a hard fought 1-0 win over Swansea HS. The team comprised of –

Brady McRitchie, Tom Davies, Flynn Fittler, Liam Bell, Noah Fittler, Jack Brown, Alex Matthews, Todd Fenton, Nick Charlesworth, Preston Cunningham, Tim McQuillan, Blake Arthur, Taj Field, Luke Callen, Ryan Kirby



Thanks to our senior students Jessie Cowie and Zack Hancock for assisting Mr Pauley with the coaching duties. It is great to have senior students supporting our junior students.

Final 16 in NSW – Open Boys Baseball

Congratulations to our THS Open Boys Baseball team who made it to the final 16 teams, in the statewide Proud Shield. Unfortunately they didn't make it to the final 8 after losing to Woolaware HS, however to have progressed to the final 16 is certainly an admirable achievement. Our team consisted of students from Years 7 to 12 -

Alex Russell, Luke Meredith, Tom Holland, Angus Higgins, Elijah Ansell, Tom Crockford, Travis Holgate, Tee-Ara Sharpe, Nathan Fleming, Anika Butler, Alex Matthews, Liam Purcell, Daniel Moore

Thank you to Mr Craig Holland for providing his invaluable insight into the game and his coaching.



TORONTO HIGH SCHOOL

August 2015

Hunter Region NSWCHSSA Representatives

Congratulations to the following students who are representing the Hunter Region in the upcoming NSWCHSSA Athletics State Carnival in Homebush, from 3 September til 5 September –

Flynn Fittler, Jada Flint, Rhyan Legge, Luke Meredith, Bailey Nelson, Luke Young, Kristelle Manderson, Kathleen Young, Mikaela Bell, Anika Butler, Amelia Huntriss

THS SCHOOL BUS IS FINALLY HERE!!

On Tuesday 18 August we finally took receipt of the very first Toronto High School Bus!! The 22 seater bus has a wheelchair lift at the rear, and we are looking forward to using this bus to transport our students. The school has been raising funds specifically for this purpose over the last 4 to 5 years and would also not have been possible without the kindness and generosity of our local community - The Lions & Lioness Clubs, Toronto Workers Club, Toronto RSL Club & Rotary Sunrise of Toronto, for which we thank them.



Our next mission is to raise funds not only to have the bus re-sprayed and have our Toronto High School logo displayed, but also to build appropriate garaging facilities.

NEW STAFFING APPOINTMENTS

There have been two new staffing appointments to the school. Leanne Cox has been a long term casual in HSIE, and will now be permanently joining our team from 2016. Richard Stanley is currently a HSIE teacher at Francis Greenway High School and is the other appointment to the school. He too will be joining THS permanently in 2016. I would like to congratulate both new staff members.

PREFECTS INDUCTION 2016

Currently our potential Prefects for 2015/16 are conducting their speeches and voting will take place shortly. The prefects will then be inducted at a special assembly that will take place in Week 8 of this term.

YEAR 7 2016

Expressions of Interest have been taken for Year 7 2016. It is great to report for 2016 we have just about all the students in our partner primary schools coming to Toronto High School next year. In fact we have a large number of students from out of our zone who also wish to attend Toronto High.

If you know of anyone who is intending to apply to Toronto High School for enrolment in Year 7 2016, please tell them to contact the school immediately so they can be placed on the waiting list.

THE HIVE HOMEWORK CENTRE



MONDAYS 2.25PM TO 3.25PM – SCHOOL LIBRARY

EVERY Monday		Week 7 24/08/15	Week 8 31/08/15	Week 9 7/09/15	Week 10 14/09/15
'Literacy Club' with Mrs Hinten and Mrs Chapman	Volunteer Teachers	Mr Finch (HSIE) Miss Crawford (Maths)	Ms Robson (TAS) Mrs Gogarty (Science)	Mr McDonald (Maths) Mrs Gogarty (Science)	Ms Robson (TAS) Mrs Gogarty (Science)



TORONTO HIGH SCHOOL

August 2015

Deputy Principal's Report – Yrs 7, 9 & 11

Andrew Carlson (Rlg)



Hello again. For those of you who don't know me my name is Andrew Carlson and I normally sit a bit further down the hall in A Block, in the English Staffroom as the English Head Teacher. This term, however, I was successful in my application for relieving Deputy Principal (starting in Week 3) and will be taking Mr. Morgan's place until the end of the term. I see this as a great opportunity and enjoy the day to day challenges of being a Deputy Principal in a comprehensive school in the 21st century. It's also nice to see the students in a different light and to interact with parents and the wider community.

Loads of great things are happening in the school at the moment.

YEAR 7

Students are travelling nicely with some class changes occurring due to Half Yearly Exam results. It was pleasing to see so many kids achieving at a high level and being rewarded with a promotion into a more advanced class. Keep up the hard work guys!

YEAR 9

Students should have a number of Assessment Tasks outstanding at the moment. It's important that they stay on top of these as best they can. The early bird catches the worm! If, for whatever reason your child is struggling, encourage them to talk to their classroom teacher or alternatively they can go to The Hive (Homework Centre), located in the Library, on a Monday afternoon.

YEAR 11

Students are at the "pointy end" of their Preliminary course with only weeks to go. They should be preparing for their Yearly Examinations (Wednesday 9 September through til Thursday 17 September). Students are encouraged to utilise teacher expertise and class time so as to maximise their potential. I wish Year 11 all the best for the upcoming exams. Remember one of the most important keys to success is having the discipline to do what you know you should do, even when you don't feel like doing it!



Deputy Principal's Report – Yrs 8, 10 & 12

Andrew Pesle

YEARS 8 & 10

Class changes have been finalised and parents have now seen reports for all years, and should parents have any concerns please contact the relevant Year Advisors.

Subject Selection 2016

Year 8 students have already completed their subject elective choice selection for 2016, and if your child has missed out please contact Mrs Coates in the Maths Faculty. Based on this data the students will soon be informed about the success of their choices as the timetable develops.

Year 10 students are now set to focus on their studies to the end of the year and need to really consider their future educational pathways into Years 11 and 12. They will be finalising their subject selection choices in the near future so it is important that they talk to staff if they have any concerns about their final choices.





TORONTO HIGH SCHOOL

August 2015

YEAR 10

It has come to our attention that students in Year 10 are holding a “formal” in the near future. I would like to remind students, parents and the general community, that this is **NOT a designated school event**, therefore the school accepts no responsibility for this event. The organisers are holding the event as a private function and of their own volition.

Students complete their schooling at the end of Year 12 following the HSC exams. It is at that time when the Year 12 School Formal is held and organised by the school.

YEAR 12

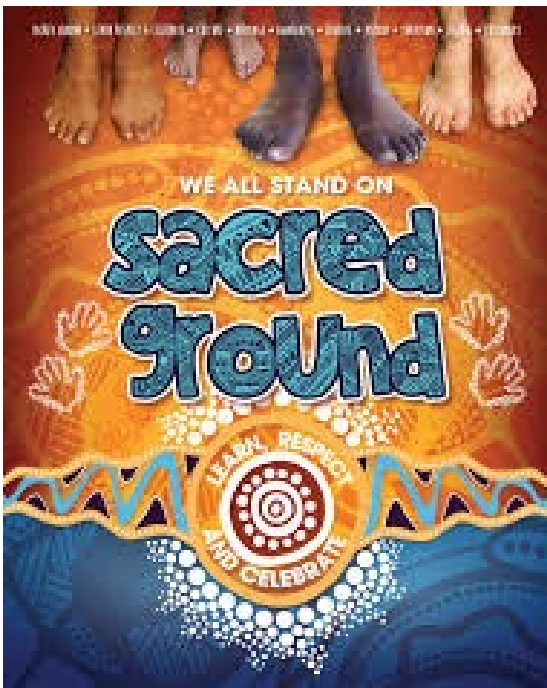
Year 12 have completed their Trial HSC Exams and these trial exams should highlight strengths and weaknesses allowing students to focus their future study directions. The school is able to further support Year 12 with counselling from their Year Advisor, Mentors, Head Teachers and School Counsellors as required. It is vital to keep Year 12 working steadily while reinforcing that this is the last term of their schooling. Please ensure that your child has a study program in place for the HSC. If you feel your child needs support in this area please contact the Relieving Year Advisor, Mr Connell.

Mr Connell is also our Careers Advisor and he is always up for a chat about future career paths. He has the most up to date information regarding TAFE courses and application dates as well as local employment opportunities. Should you have any enquiries please feel free to contact the school to arrange an appointment.

Last Day for Year 12

Year 12 students sitting for the HSC examinations are reminded that they must attend school until the last day of Term 3, being Friday 18 September 2015. Their Graduation Ceremony is on Thursday 17 September and information will be sent regarding this.

I would like to wish the students, the very best for their HSC and beyond. We are proud of the resilience, determination and optimism shown by so many Year 12 students in what is traditionally a challenging year. May they continue to shine!



NAIDOC DAY

Toronto High celebrated NAIDOC Day on Wednesday 19 August 2015.

The day was filled with a variety of activities involving all students: our formal assembly “We All Stand On Sacred Ground” which included guest speakers and entertainment; specific aboriginal oriented lessons, and a barbeque lunch. The activities concluded with students and staff participating in the annual Students v Staff Touch Footy Game.

Thank you to our hardworking NAIDOC Day Committee for organising the day, particularly Sue Hodges, Tania Dotta, Verity Robson, the TAS Faculty, and the Aboriginal Education Team for giving up a lot of their free time to make this day a success.

It was great working closely with both the Aboriginal community and school community to celebrate this special day.



JEANS FOR GENES

On Friday 7 August, our students raised \$580 to support the Children's Medical Research Institute's Jeans for Genes Day. This fundraising will support research into birth defects and diseases such as cancer, epilepsy, and a range of genetic disorders. Thank you to the SRC and Ms Jayne for organising this worthy event.

UNIVERSITY OPEN DAY

The University of Newcastle held an Open Day on Saturday 22 August 2015. The Open Day provided an opportunity for our students to learn more about Newcastle University. They were able to speak to staff and current students about their degrees, their options and university life in general, as well as being able to take tours of the campus and facilities. Feedback received from students has been very positive, with the day being extremely worthwhile and many questions were answered. Further information regarding the University can be obtained from Mr Connell, Careers Advisor, or found at <http://www.newcastle.edu.au/future-students>.

WEAR IT PURPLE DAY – Friday 28 August 2015

Students and staff are invited to wear purple accessories to support the day for young people who are sexuality and gender diverse. A day to reiterate that no-one should be subjected to any form of bullying, belittlement, invalidation or discrimination because of who they are. Cakes and drinks will be available for students to purchase on the day.



REMINDER - THS UNIFORM SHOP – 20% Off Sale!!!!

Daylight Sportswear have advised they will be holding their **THS Uniform Shop Annual 20% Off Sale** during the last 2 weeks of Term 3 - that is Week 9 (Wednesday 9/9 & Friday 11/9) and Week 10 (Wednesday 16/9 & Friday 18/9) on **instock items only**. The sale is not applicable on special orders. There are strictly no refunds, exchanges, rainchecks or laybys on 20% off sale items. The shop will only be open during normal opening times, however phone sales are available and parents are invited to phone to organise their purchases. Please contact Mel on Ph 0438 080 840 for any enquiries.

TBAY

Parents/Caregivers wishing to sell their second hand uniforms can avail themselves of the school's TBAY service. Further information regarding this initiative can be found on the school website (www.toronto-h.schools.nsw.edu.au) under "Uniforms".

DONATIONS OF SCHOOL UNIFORMS

Parents/caregivers are more than welcome to donate their second hand uniforms to the school to assist needy families. Donations can be left at the school front office.

PAYMENT OF STUDENT FEES

Invoices were mailed to parents recently and for your information the school front office is open for student payments from 8.00am to 2.30pm. Payments can be made by cheque, cash or EFTPOS, and credit card payments can also be taken over the phone.

THS UNIFORM SHOP – OPENING HOURS

Wednesday 12.00 pm to 4.00 pm

Friday 10.00am to 2.00pm

For any enquiries please contact Mel on Ph 0438 080 840

The THS Uniform Shop is proudly operated by Daylight Sportswear



TORONTO HIGH SCHOOL

August 2015

HUNTER BOWLS CHALLENGE

The inaugural Hunter Bowls Challenge was played across four venues in the Hunter District recently, with four of our students participating. We won our first match in the morning against Hunter Sports No.2 convincingly which put us in the Lakes Zone final. We were defeated in a very close game (which went down to the very last end) by a very strong Hunter Sports No.1 side full of representative players. All players acquitted themselves well and were unlucky not to proceed to the regional finals.

Well done to Tom Crockford, Tristan Dumbrell, Shae Jordan, Imogen Jaeger-Daly. Thank you to our coach Mr Power.



HUNTER SSA ATHLETICS

Congratulations to the 36 students who participated at the Hunter SSA Athletics Carnival at Glendale on 22 and 23 July. This was a fantastic effort from each of our aspiring young athletes to compete at this zone carnival.

Making Mummies

Last term at school Year 7 were studying deserts in Humanities. At the end of the term we moved onto ancient Egypt. We learnt lots about ancient Egypt like the different gods and their deaths, tombs, hieroglyphics, how they lived, different history and their wealth.



Last week, 7S's awesome Humanities teacher Mrs Randle asked us to mummify each other (not actually) and some of us got wrapped in toilet paper like a mummy. We all had a good laugh and it was super fun.

I personally really loved that lesson it was fun. Humanities is my favorite subject and that lesson just made it better.

Written by Olivia Chate



TORONTO HIGH SCHOOL

August 2015

ECOLOGY FIELD TRIP

On 5 August 2015, 64 students from Year 8 Science visited Sydney Olympic Park to partake in an Ecology Field Trip. Students learned insect identification skills, features of mangrove adaptation, abiotic surveying and food web construction. The day was very exciting and was enjoyed immensely by all students. Special thanks to the Science staff - Mr Ditz, Mrs Oldham and Mr Golvers for escorting our students.



AURECON BRIDGE BUILDING COMPETITION

A group of Year 9 ISTEM students travelled to the NSW Art Gallery in Sydney to participate in the annual Aurecon School Bridge Building Competition. This competition involves Year 8 and 9 students in Australia and Year 9 and 10 students in New Zealand and aims to raise awareness of the engineering profession.



The students who took part were –
Lachlan Warham, Hayden Woolcott,
Daniel Moore and Connor Smith.



HUNTER VALLEY ELECTRIC VEHICLE COMPETITION

Two teams of students from Physics, Engineering Studies and Industrial Technology – Electronics, recently took part in the 2015 Hunter Valley Electric Vehicle Race. Students were required to build and race an electric bike at Cameron Park Raceway. This race was part of the Hunter Valley Electric Vehicle Festival that is all about thinking of sustainable transport in fun and innovative ways that support the development of electric vehicle industries.



Students involved included –

Matthew Watson, Jackson Fildes,
Sam Maxwell, Brayden Hjort, Heath
Masson, Cameron Stewart, Jaxon
Williams and Ben Haddow.





TORONTO HIGH SCHOOL

August 2015

Upcoming Assessment Tasks – TERM 3

*It should be noted that these dates are given as a guide and there may be *variances between classes and times. Students will receive 2 weeks written notice prior to an assessment task being due for submission. Please review the Toronto High School Assessment Policy for more information relating to assessment.*

TERM 3	7&8 Mathematics – Class Topic Tests throughout the term 7 LOTE – French ongoing assessment throughout the whole year. Students will be assessed on their Listening, Reading, Speaking & Writing of the French Language.	
<u>Week</u>	<u>Due Date</u>	<u>Assessment Task</u>
7	24 Aug	Year 12 English Advanced Speaking Assessment Task Year 11 Preliminary Visual Arts Task
	26 Aug	Year 11 Business Studies Assessment Task Year 12 Legal Studies Lecture Year 12 English Standard Viewing Assessment Task
8	31 Aug	Year 9 Maths Assessment Task Senior Science Safety Audit
9	7 Sept	Year 10 English – Shakespeare Assessment Year 11 Preliminary BOW Task
	9 Sept	Year 11 Half Yearly Exams (9/9/15-17/9/15)
10	14 Sept	Year 9 English Essay

Assessment Tasks extracted as at 18.8.15 and are subject to change.

Key School Contacts

DEPUTY PRINCIPALS

Years 7, 9 & 11

Mr Carlson (Rlg)

Years 8, 10 & 12

Mr Pesle

HEAD TEACHERS

English

Mr Carlson

Mathematics

Mrs Coates

Science

Mr Raso

CAPA

Mrs Allanson

HSIE

Mrs Philipson

PDHPE

Mrs Gromek

TAS

Mr Chapman

Support Unit

Mrs Milson-Black

Student Services

Ms Wilson-Babic

Year 7 Advisor

Mr Moore

Year 8 Advisor

Mrs Jenkins

Year 9 Advisor

Mrs Chapman

Year 10 Advisor

Mrs Willott

Year 11 Advisor

Mr Muxlow

Year 12 Advisor

Mr Richards

Boys Advisor

Mr Pauley

Girls Advisor

Mrs Fotheringham

ARCO/ADCO

Mrs Fotheringham &

Mrs Hodges

Student Support Officer

Miss Smith

Careers Advisor

Mr Connell

HAVE YOU CHANGED YOUR PHONE NUMBER? ADDRESS? EMERGENCY CONTACTS?

Please ensure the school is informed of any changes in student's details, It is vital we are able to contact parents in the case of an emergency. Change of Details forms are available from the front office.

Library Newsletter

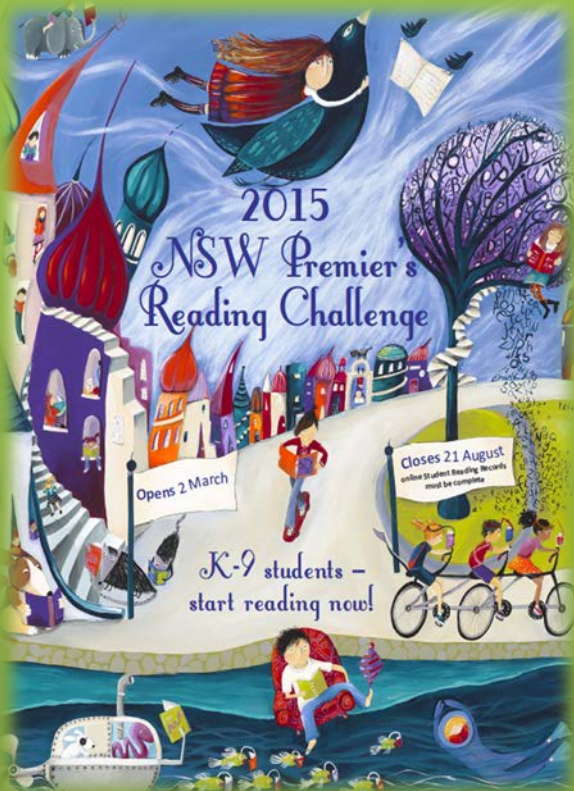
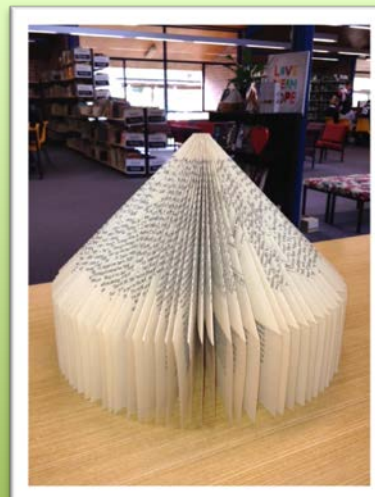
Toronto High School

NEWS

The Toronto High School Community is very grateful to have our Library back in action during the cold weather. The Library closure from the storm damage was an inconvenience, but I think we were lucky compared to other schools in our region. We wish all Year 12 students the best for the H.S.C Trial Examinations which were held recently. The Premiers Reading Challenge is also coming to an end for 2015, the closing date for students to complete their reading log is 21st August 2015.

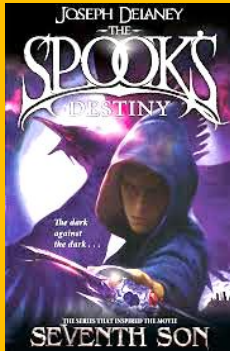
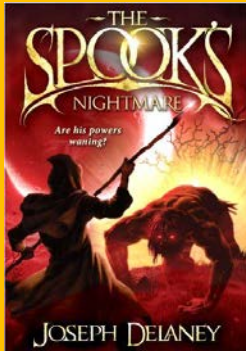
Students are reminded that The Hive Homework Centre is available every Wednesday after school here in the Library.

Thankyou
Jayne Frost and Suzanne figures
Teacher /Librarians



'The BOOKLOOK'

Toronto High schools **NEW SERIES FICTION TITLES**



Heart of the Dread series

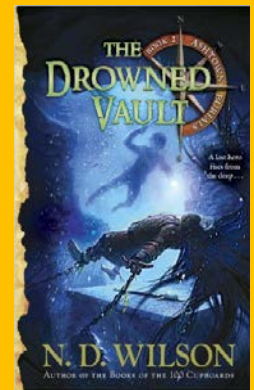
Frozen #1

By M. DeLa Cruz & M. Johnston

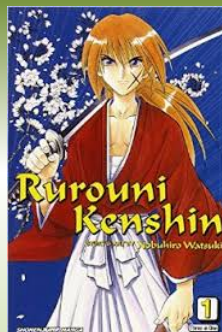


PERFECT LIES #2

MIND GAMES SERIES
BY KIERSTEN



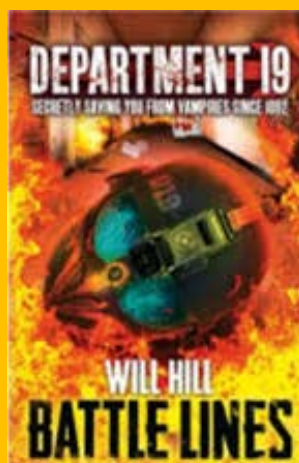
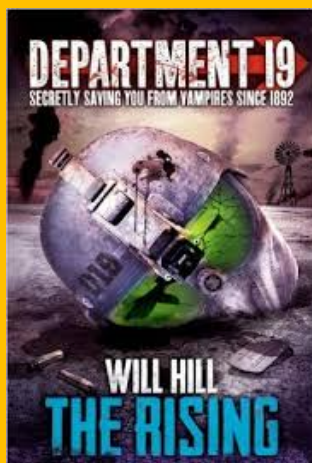
MANGA



DANGEROUS DECEPTION

#2

BY K. GARCIA
& M. STOHL



DEPARTMENT 19

DEPARTMENT SERIES 19

#2 #3

SECRETLY SAVING YOU
FROM VAMPIRES SINCE

1892

Toronto High School Canteen
Canteen Price List – Term 3 2015

Lunches can be ordered Before School and at Recess
Canteen Prices Can Change Without Prior Notice

Hot Food

Lean Sausage Roll - Wrapped	\$2.00
Lean Fat Pie - Wrapped	\$3.00
Cheese & Bacon Pie - Wrapped	\$3.00
Lean Potato Pie - Wrapped	\$3.00
Spinach & Ricotta Roll - Wrapped	\$2.00
Chicken & Vegetable Pie - Wrapped	\$3.00
Hot Dogs – Friday's Only	\$3.00
Mamee Noodles (Beef or Chicken)	\$2.00
Chicken Tempura Crackles	\$2.00
Single Serve Tomato Sauce	\$0.30
Single Serve Sweet & Sour Sauce	\$0.30
Single Serve B-B-Q Sauce	\$0.30

Price

Milk

Price

Plain Milk	(600ml)	\$1.50
Flavoured Milk	(500ml)	\$3.00
Up-N-Go – Chocolate	(250ml)	\$2.00

Drinks

Schweppes Soft Drink	(450ml)	\$2.50
Bottle Water	(600ml)	\$2.00
Iced Tea	(250ml)	\$1.50

Sandwiches

Light Cheese/Tomato/Lettuce	\$3.50
Ham/ Light Cheese	\$3.50
Ham/Tomato/Light Cheese	\$3.50
Chicken/Mayo/Lettuce	\$3.50
Egg /Lettuce	\$3.50
Vegemite/Light Cheese	\$3.50

Juice

Macquarie Juice	(500ml)	\$2.00
Golden Circle Popper	(250ml)	\$1.00

TO AVOID DISAPPOINTMENT
AND QUEUES PLEASE ORDER
BEFORE SCHOOL AS PRIORITY
IS GIVEN TO STUDENTS WHO ORDER

Toasted – Add 50c

Cakes

Chocolate Muffin - Wrapped	\$2.00
Fingerbun - Wrapped	\$2.00
Choc Chip Cookie - Wrapped	\$2.00
Chocolate Brownie - Wrapped	\$2.00
Cheese & Bacon Roll - Wrapped	\$2.00

Ice Blocks – Available Lunch Only

Sunnyboys – Cola/Lime/Raspberry	\$1.00
Milo Scoop Shake	\$3.00
Frozen Yogurt – Strawberry	\$2.00
Long Ice-Block	\$0.50

Burgers – Orders Only

Chicken Burger - Plain	\$3.50
Chicken Burger - Lettuce/Mayo	\$4.00
Chicken Burger - Lettuce/ Light Cheese/Tomato/Mayo	\$4.50

Snaps – Gluten Free

\$1.20

Chips – All Varieties

\$2.00



Advertising Request Form

Parent Name			
Contact Phone No.		Date	/ /

I hereby consent to the publication of my name, contact phone number and the items I wish to sell, on the THS school's publications including school newsletters, website, social media.

I understand that this form must be submitted to the school front office, with my signature, by the 12th of each month to ensure inclusion (see below). **This only applies during school terms, and when a newsletter is produced.*

Submission Deadlines for 2015 Newsletters – Term 4 – 12th October, 12th November

- All items must be in good condition.
- Seller's details published as advised above.
- No other information will be given out to prospective purchasers or any other party.
- Items will be listed once only.
- All details regarding the sale, price etc are strictly between the seller and the purchaser.
- The school is not responsible for any financial transactions in this regard.
- The school will not hold any goods on behalf of parents.

Parent Signature

[illegible]

FACT SHEET #38

Winter Fire Safety Checklist

FACT

Each year, the Fire and Rescue NSW attends approximately 4,500 residential fires in NSW with approximately 30% of them occurring in winter months, and 47% of fires starting in the kitchen

IS YOUR HOME WINTER FIRE SAFE?

We recommend this simple safety checklist to help keep homes fire safe this winter. Make sure you and everyone in your household follows the following safety advice:

- ☐ Never ever leave cooking unattended. **“Keep Looking When Cooking”**
- ☐ Most importantly, have an adequate number of suitable smoke alarms installed throughout your home and make sure that you test them regularly.
- ☐ Make sure you and all your family know two safe ways out of every room in your home.
- ☐ Have a written home escape plan in case of fire and practice it regularly.
- ☐ If you have a fireplace in your home make sure the chimney is clean, and its properly ventilated
- ☐ If you have a fireplace always place a screen in front of it when in use.
- ☐ Check electric blankets for damage or frayed cords before placing on the bed.
- ☐ Take care to keep curtains, tablecloths and bedding away from portable heaters.
- ☐ Keep wet clothing at least 1 metre from heaters or fireplaces and never leave unattended.
- ☐ If you use a clothes dryer make sure you clean the lint filter each and every time you use it.
- ☐ Only use one appliance per power point and switch off when not in use.
- ☐ Always extinguish candles or any other open flames before going to bed.
- ☐ Always handle candles or any other open flame with care.
- ☐ Store matches or lighters in a secure place not accessible to young children.
- ☐ Avoid the use of outdoor heating and cooking equipment inside your home. The use of this type of equipment indoors could lead to the build up of carbon Monoxide which could be fatal.

FIRE SAFETY TIPS

- Use only authorised installers of fixed heating appliances.
- If possible, in the kitchen keep a fire extinguisher and fire blanket placed near the exit.
- In Case of an Emergency Get out Stay Out and Call **Triple Zero (000)**.





TORONTO HIGH SCHOOL

August 2015

COMMUNITY NEWS

DORA CREEK CRICKET CLUB

Registration Days for the upcoming season are as follows –

When: Sat. 22nd & Sun 23rd August - Sat. 29th & Sun 30th August - Sat. 5th & Sun 6th September

Time: 12:00pm to 4:00pm (all 6 days)

Where: Dora Creek Workers Club auditorium

Catering For: All one day cricketers in our area.

All enquiries to Jake Balnave 0406208891 or Graham Field on 0413020766 or email creekcricket@yahoo.com.au

GREATER TORONTO SPRING FAIR

The annual Spring Fair is being held on Saturday 17th October from 10am to 3pm. For details please go to –

toronto.com.au/springfair or 1300488356



Rotary Club of Lake Macquarie

The Lake Macquarie 2015 FIFA Gaming Tournament

Would you like to be crowned the 2015 Lake Macquarie FIFA Gamer of the Year?

Join us for this open competition.

Rounds, Semi Final & Final.

\$10 per person (incl BBQ)

Payment online here or Cash paid at PCYC Lake Macquarie.

PCYC Lake Macquarie Open Day

Demonstrations including:

- Boxing
- Judo
- Archery
- Gymnastics
- Pipe Band

BBQ, cold drinks and coffee cart onsite.
Proceeds to Rotary & PCYC.



Like our Facebook page to stay up to date with updates and activities



To access our Facebook page

TorontoHighSchoolNSW-Official Site

Go to www.facebook.com/TorontoHighSchool



TORONTO HIGH SCHOOL

1ST BRAKE DRIVING SCHOOL

LEARN TO DRIVE

LAKE MACQUARIE
NEWCASTLE
CENTRAL COAST

A LESSON CAN COMMENCE
FROM YOUR HOME,
SCHOOL, WORKPLACE OR
ANY OTHER LOCATION



3 for 1 HOUR LESSONS
(CONDITIONS APPLY)

Contact Steve

0438 455 733

Email: s11959@outlook.com

(Monday - Sunday - All Hours Considered)

ABN No. 901 332 978 41



Arrendell

secondary education centre™

- English, Maths, Sciences
- All levels Years 5 - 12
- Exam preparation workshops
- Essay writing & study skills
- Small group & one-on-one tutoring
- HSC specialists
- Qualified, experienced teachers
- Your child is special & deserves the best

Book now for Term 3!



*40 years of helping
Newcastle students succeed*

4929 2522

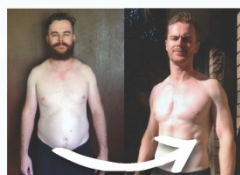
arrendell@ozemail.com.au

Toronto Diggers
PRESENTS

If not now, when Toronto?

12 WEEK COMMUNITY
HEALTHY LIFESTYLE PROGRAM
CREATED BY LARRY EMDUR & CAMERON BYRNES

Starts 29th August



From this to this



And this to this

Join our community to get healthy and lose weight in this exclusive program, plus share in some awesome prizes!

- ✓ EASY TO FOLLOW RECIPES
- ✓ AT HOME EXERCISES
- ✓ SHOPPING LISTS
- ✓ BOOT CAMPS
- ✓ FIRST 250 GET WELCOME GIFTS!



REGISTER NOW!

It's an amazingly low
\$35 for the whole 12
week program!

Register at www.ifnotnowwhentoronto.com.au or at Toronto Diggers.

\$5 from every registration
will be donated to Toronto
High School.

THANK YOU TO OUR SUPPORTERS



Celebrity Personal Trainer
Cameron Byrnes & TV
Personality Larry Emdur.



For more information contact Toronto Diggers on 4959 2411
or visit www.ifnotnowwhentoronto.com.au.

