

# TORONTO HIGH SCHOOL



## "Ship to Shore"

October 2015

### Upcoming Events

**Term 4**  
**30 Oct**  
HSIE Film Festival

**2 – 6 Nov**  
Yrs 9 & 10 Yearly Exams

**5 Nov**  
U15yrs Girls Netball

**6 Nov**  
Yakka Day

**9 Nov**  
Yr 10 HSIE Jewish  
Museum Excursion

**9 – 13 Nov**  
Yrs 7 & 8 Yearly Exams

**10 Nov**  
Yr 11 Parent Teacher  
Night

**11 Nov**  
Yr 7 Immunisations –  
Visit 3  
Hunter Trials Boys  
Basketball

**16 Nov**  
Yr 9 IMAX/Sydney  
Museum Excursion

**17 Nov**  
MADD Night

**18 Nov**  
Yr 12 Formal  
Hunter Trials Girls  
Softball

**19 Nov**  
Hunter Trials Girls  
Cricket

Field Ave Toronto  
2283  
Ph: 0249 591788  
Fax: 0249 504459  
Email [toronto-  
h.school@det.nsw.edu.au](mailto:toronto-h.school@det.nsw.edu.au)  
Website: [www.toronto-  
h.schools.nsw.edu.au](http://www.toronto-h.schools.nsw.edu.au)



### NEXT P&C MEETING

Tuesday 27 October 2015  
Commencing at 6.00pm  
in the School Library  
*All Welcome!*

### Principal's Report

Mark McConville

#### SCHOOL CAPTAINS/SCHOOL PREFECTS for 2015/2016

*Congratulations to the following students who have been elected as Prefects to the THS Student Leadership team for 2015/2016.*



The Prefects for 2015/2016 are: Mikaela Bell, Alicia Roughley, Cassandra Skene, Brayden Hjort, Zachary Martin and Timothy Sutcliffe.

Female Senior Prefect	Emily Black
Male Senior Prefect	Jon Ridgeon
Female Vice Captain	Imogen Jaeger
Male Vice Captain	Cameron Stewart
Female School Captain	Dayle Beazley
Male School Captain	Samuel Maxwell

Due to the overwhelmingly high calibre of our nominated candidates, it was decided to create new positions in the Student Leadership Team. These new positions are called Senior Student Leader. I am therefore pleased to announce the Senior Student Leaders for 2015/2016 are –

Lauren Goodwin, Matthew Watson, Erin McKenna and Brendan Macey

*All of this Student Leadership Team will soon be embarking on a number of leadership courses and developing a leadership plan to improve some aspect of the school or community.*

I would like to acknowledge our outgoing Leadership Team for 2014/15. The Prefects for 2014/15 were –

Prefects	- Kaede Bunn, Anika Butler, Tanesha Sant, Hayden Jensen, Liam Johnston, Taylor Jones
Senior Prefects	- Georgia Clifton & Matthew Watson
Vice Captains	- Jessica Lynch & Brodie Gould-Gouldsworthy
School Captains	- Gemma Driscoll & Bailey Andrews



# TORONTO HIGH SCHOOL

October 2015

They have worked tirelessly to support the school in many ways. From volunteering for community service, dealing with individual student issues, representing the school at special events and generally promoting all the positive aspects of this great school. Many of these activities and events occur outside of normal school hours. I would like to convey my personal thanks and good luck to each of the outgoing prefects.



## **GREAT ACHIEVEMENTS!!**

Congratulations to the following students who have attained significant achievements recently –



### **INDIAH DARE & SHAE JORDAN (Yr 12 - 2015) – “Callback”**

Both Indiah and Shae completed their HSC Practical Dance examinations recently and have both been nominated for inclusion in *Callback*. *Callback* is an annual showcase of exemplary HSC Dance works and will be held at the Seymour Centre, University of Sydney in February 2016.

This is quite an accomplishment and we wish both girls the very best of luck with their performances.



### **MIKAELA BELL (Yr 12) – National Youth Science Forum**

In July this year Mikaela was selected by Rotary District 9670 to participate in the National Youth Science Forum in Canberra. She has again been accepted to attend the Forum in January 2016. The National Youth Science Forum (NYSF) is an Australian program dedicated to exposing Year 11 students who are heading into Year 12 and are thinking about a career in science, engineering and related disciplines to major scientific institutions and researchers, so that they may make more informed choices for their future endeavours. They are also given training in time management, interview skills and public speaking.

This is indeed an honour to be selected by Rotary, especially twice!! Well done Mikaela!!

### **BILLY ARTHUR (Yr 7) – Australian Futsal Championships**

Billy competed in the Australian Futsal Championships in Brisbane recently, as part of the U/13yrs team, and has now been selected to tour Barcelona in November as part of the Australian Representative Barcelona Tour.

Whilst on the tour, Billy will be provided with coaching from both the Australian and Spanish Futsal coaches during the first week as well as competing in the tournament in the second week. He will also get to watch Barcelona FC play soccer at their home ground which is an absolute privilege. Best of luck Billy and enjoy this wonderful opportunity!



### **NORTHERN NSW SCHOOL FUTSAL CHAMPIONSHIPS**

Over the September holidays we had 12 students represent in 5 state teams at the Gold Coast. The boys team were crowned grandfinalists, whilst the girls came fifth in their division.

Our students representing Northern NSW were – Flynn Fittler, Billy Arthur, Tim McQuillan, Tyrell Paulson, Noah Fittler, Preston Cunningham, Brady McRitchie, Blake Arthur, Luke Callen, Kurtis McRitchie, Taj Field, Jorja Rocteur, Briana Waters

Well done to all of these students!!



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## JORJA ROCTEUR (Yr 9) – AUSTRALIAN FUTSAL

After competing in the Northern NSW School Futsal Championships Jorja was selected in the **Girls Australian Futsal team** and will tour the USA in July next year. Congratulations Jorja!!



## NSW All Schools Track & Field Championships

**Kathleen Young** (Year 10) recently competed in the 2XU NSW All Schools Track and Field championships held on 8-11 October 2015. She competed in both the 1500m, where she missed out on qualifying for the final, and the 800m where she qualified for the final and came 9<sup>th</sup>. Fantastic effort Kathleen, *especially just to make it to this state event!!*

**Luke Young** (Year 8) also competed and came first in the 800m, just missing out on a record by 0.3 second, and then the next day came first in the 1500m, setting a new competition record as can be seen below.

Luke will now compete in the **Australian All Schools National Track & Field Championships** to be held early December in Victoria. We wish Luke every success with the national championships.



2015 2XU NSW All Schools - 8/10/2015 to 11/10/2015				
Track and Field Championships				
SOPAC, Homebush				
Event 196 Boys 1500 Metre 14 years				
=====				
Meet Record: R 4:08.31 2014 :Lorcan Redmond, St Phillips				
Name	Age	Team	Finals	Points
=====				
Finals				
1 Young, Luke	14	Toronto High	4:07.64R	
2 Raimond, Oli	14	Caringbah High	4:15.69	
3 Vlatko, Anthony	14	Internationa	4:19.47	
4 Martin, Zac	14	Gosford High	4:19.68	
5 Mumford, Joshua	14	Emmanuel Ang	4:25.87	
6 Ferris, Josh	14	Arndell Angl	4:26.71	

## ANIKA BUTLER (Yr 12 2015) – 2015 FISAF World Sport Aerobics Championships

After winning a silver medal in the NSW State Titles Sports Aerobics and Bronze in the Australian National Titles this year, Anika has now qualified for the Australian Team to compete at the 2015 FISAF World Sport Aerobics Championships in Martinique, Caribbean Islands in December.

This is a fantastic achievement for Anika and we wish her the very best with the championships.



## ALEX MATTHEWS (Yr 10) – LMCFC Borneo Cup Squad

During the September break Alex travelled to Borneo to participate in the 2015 Borneo Football Cup, as part of the Lake Macquarie City Football Club U/15yrs Borneo Cup Squad. The team finished in fourth place in the eight team tournament against predominately state based academy teams from Malaysia and The Phillipines. The team only lost the semi-final 1-0 to the eventual winners. This was a tremendous experience for Alex as he got to compete against the best Indonesian athletes. Well done Alex!





# TORONTO HIGH SCHOOL

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## NAPLAN 2015

The school NAPLAN results for 2015 when published, will not look as strong as they have in previous years. This is due to:

- A number of students presented notes to be exempted from the NAPLAN tests. The school made a decision to place them in the NAPLAN exams.
- A large number of students did not write any responses in some of their papers. This was due, in part, to some of those students who presented notes and a 'contagion effect' with many other students not completing papers/answers as a result. As a school, we are investigating strategies that we can implement for 2016 to ensure that this doesn't occur again.
- Students in our Support Unit are included in NAPLAN results.

In order to determine a true picture of student and school results, an **Adjusted NAPLAN** result has been calculated. This supports the school to ensure that feedback to the school on individual and group interventions is accurate and adjusted considering the circumstances. NAPLAN is only one measure that the school uses to identify interventions for students.

The following adjustments to calculations occurred:

- Results from students in the Support Unit were **removed** from calculations.
- Results from students who did not respond or responded minimally (and well below expectation/ability) were **removed** from calculations.
- Results from students who were tested by the LAST team (as a result of missing NAPLAN) were **added** to the calculations.

The Adjusted NAPLAN results indicate that the students tested this year, are generally performing as well or better when compared to previous cohorts. We are waiting on the release of further NAPLAN school data in order to determine our performance against 'like or similar' schools; but we expect that once again we will be one of the higher performing schools in our band using the adjusted NAPLAN data (although in the online published data; this won't appear to be the case as it will be our unadjusted NAPLAN data).

### Key School Contacts

#### DEPUTY PRINCIPALS

Years 7, 9 & 11

Mr Morgan

Years 8, 10 & 12

Mr Pesle

#### HEAD TEACHERS

English

Mr Carlson

Mathematics

Mrs Coates

Science

Mr Raso

CAPA

Mrs Allanson

HSIE

Mrs Philipson

PDHPE

Mrs Gromek

TAS

Mr Chapman

Support Unit

Mrs Milson-Black

Student Services

Ms Wilson-Babic

*Year 7 Advisor*

Mr Moore

*Year 8 Advisor*

Mrs Jenkins

*Year 9 Advisor*

Mrs Chapman

*Year 10 Advisor*

Mrs Willott

*Year 11 Advisor*

Mr Muxlow

*Year 12 Advisor*

Mr Richards

*Boys Advisor*

Mr Pauley

*Girls Advisor*

Mrs Fotheringham

*ARCO/ADCO*

Mrs Fotheringham &

Mrs Hodges

*Student Support Officer*

Miss Smith

*Careers Advisor*

Mr Connell



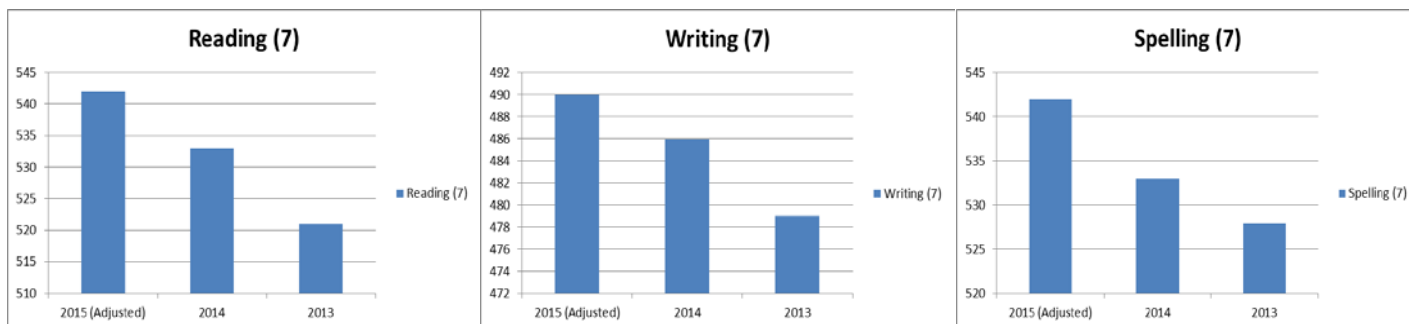


# TORONTO HIGH SCHOOL

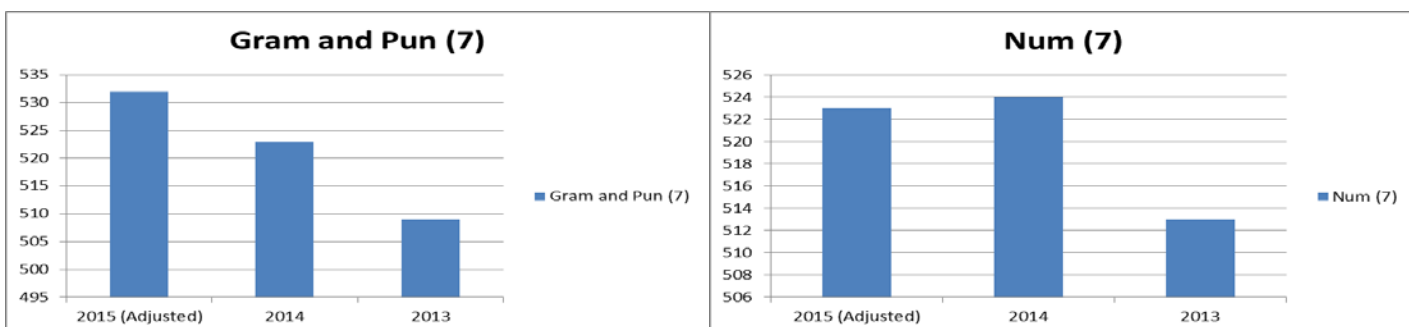
October 2015

Below are graphs that are a comparison from previous NAPLAN results to the 2015 Adjusted NAPLAN results.

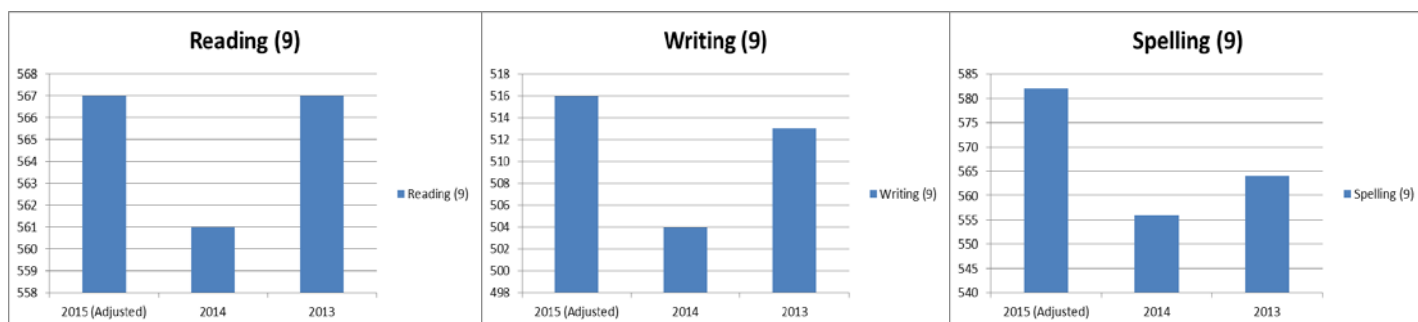
## YEAR 7:



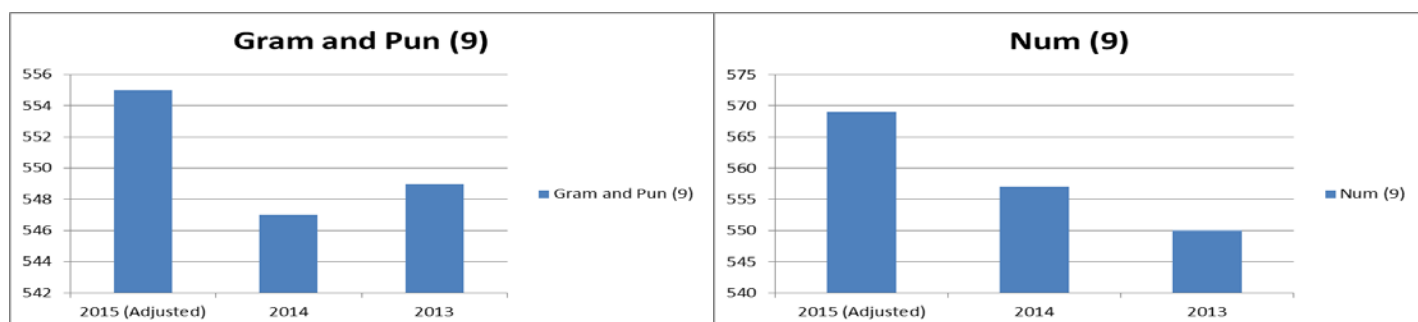
## YEAR 7:



## YEAR 9:



## YEAR 9:





October 2015

## General NAPLAN Information:

Your child's report will show his or her results in comparison with all other students from the same year group in Australia who sat the tests and will include:

- the national average
- the range for the middle 60 per cent of students
- whether your child has achieved the national minimum standards

An important feature of the national assessments is that your child's achievement in literacy and numeracy is measured against common national assessment scales that continue from Year 3 through to Year 9. This means that as your child advances through school and has these assessments every second year, you will be able to monitor your child's progress in literacy and numeracy.

Another important feature of the report is how the achievement of the national minimum standard is shown. The report shows the national minimum standard as a full band on the scale. For example, the national minimum standard for Year 7 is Band 5. If your child's result is in this band, then he or she has typically demonstrated the basic elements of literacy and numeracy needed to participate in school in Year 7. If your child's result is in the bottom band for the year level, he or she has not achieved the basic skills of literacy and numeracy for that year and needs focused intervention and additional support to help achieve the skills required to fully participate in schooling.

If you would like further general information about the new national literacy and numeracy assessments, please visit [http://www.naplan.edu.au/home\\_page.html](http://www.naplan.edu.au/home_page.html) or contact your child's Year Advisor.

## HSC

By the time this bulletin is released, the HSC would be well underway for our students. I would like to wish all of our Year 12 students good luck with their exams – although if they study and work hard with their preparations they won't require luck! I look forward to reporting on their results and future paths.

## School Uniform & Shoes

It is great to see the vast majority of students wearing the correct school uniform.

As the end of the year approaches we will be advertising to all families the correct uniform requirements (including shoes) so that purchases can be made for 2016.



Black leather shoes are the only acceptable shoes (except for sport). These shoes have no markings (like the Nike Swoop etc) and are a plain black leather shoe. We will send information out before the end of Term 4.

When you enter a school and see students in the correct uniform it creates a very positive impression of the school. The school uniform is just like a uniform worn in the workplace. If you are working at McDonalds and you arrive for a shift in 'almost the right uniform' – you will be sent home. It is an important habit to develop. If you are experiencing financial difficulties, please contact the school so that we can assist.

## Student Assistance Scheme

Parents experiencing financial difficulty in meeting school expenses including subject specific fees and uniforms, are invited to confidentially contact the Head Teacher Student Services (Ms Wilson-Babic) to discuss the process. A limited amount of funds is supplied by the Government for needy families to assist with educational expenses. I encourage parents to seek this assistance.



# TORONTO HIGH SCHOOL

October 2015

## Deputy Principal (Relieving) Report – Yrs 7, 9 & 11

Andrew Carlson



Welcome to Term 4 2015. I have been relieving Mr Morgan in the Deputy's role since the beginning of Term 3 and welcome Greg back in Week 4 of this term. I would like to thank students and staff for making my time in the chair an enjoyable one.

### Senior Students

Teachers are currently putting the finishing touches on reports for Year 11 and have already started teaching Year 12 content. Students in Year 12 will be receiving their Assessment Task Booklets and it is a good idea for parents/carers to take a look as well and familiarise themselves with the rules and regulations of the HSC. The HSC can be daunting for students and parents alike. Parents should spend some time with their child's learning about their subject choices and assessment task due dates.

### Junior Students

The juniors are also busy studying for their yearly examinations. These examinations start in Week 5 and run into Week 6. When students aren't in examinations they will be expected to be in class, business as usual. Help prepare your child for their exams by:

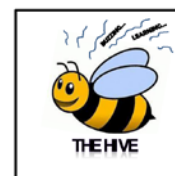
- working out a revision timetable for each subject
- break revision time into small chunks of approximately one hour long sessions with short breaks
- make sure your child has all the essential books and materials
- buy new stationery, highlighters and pens to make revision more interesting
- go through school notes with your child or listen while they revise a topic

The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.

### The Hive Homework Centre

Students are encouraged to make use of 'The Hive' Homework Centre which operates on Monday afternoons from 2.30pm to 3.30pm in the school Library. The Centre is manned by teachers volunteering their own time to assist students with any aspects of their studies. Please contact Mrs Smith-Kain should you require any information regarding this service.

## The Hive: Schedule Term 4, 2015



EVERY Monday		Week 4 26/10/15	Week 5 2/11/15	Week 6 9/11/15	Week 7 16/11/15	Week 8 23/11/15	Week 9 30/11/15	Week 10 7/12/15
'Literacy Club' with Mrs Chapman	Volunteer Teachers	Mrs Havercamp (Science) Mrs Jenkins (Maths)	Mr McDonald (Maths) Mrs Oldham (Science)	Mrs Havercamp (Science) Mrs Jenkins (Maths)	Mr Finch (HSIE) Mr McDonald (Maths)	Mr Finch (HSIE) Mrs Oldham (Science)	Mr McDonald (Maths) Mrs Havercamp (Science)	Mrs Smith-Kain





# TORONTO HIGH SCHOOL

October 2015

## Deputy Principal's Report – Yrs 8, 10 & 12

Andrew Pesle



### Year 12 2015

The 2015 Year 12 cohort have been great ambassadors of Toronto High School and I congratulate each and every one of them on their positive achievements and the efforts they have made during their time here at the school. The Year 12 Graduation Ceremony was held during the last week of Term 3 and it was fantastic to witness the emotion and pride displayed by our students during this very special event.

This formal occasion celebrated the many successes of Toronto High HSC students in a number of areas including academia, sport, cultural and community service. It was quite humbling to be part of the proceedings and to witness the way the students conducted themselves at the ceremony and in the days leading up to their graduation. Well done to all! You have made Toronto High proud!

I would like to take this opportunity to thank our parents and caregivers for their association with and support of the school over the past years. I would also like to wish the students of Year 12 2015 the very best for their HSC and beyond. I know that they have the skills and sense of social justice to make a difference in the world.

### Delivery of 2015 HSC results

This year HSC results will be delivered to students via email and text message from 6.00am on **Wednesday 16 December 2015**. Students will also be able to access their results at the same time via Students Online.

Please encourage your child to log into Students Online > My Details and check that their email addresses and mobile telephone numbers are correct. They should use their personal email address, rather than school email address, if they are not going to have access to their school account in December. Students will be sent a Students Online Bulletin reminder before the end of term, which will also feature a personal message from BOSTES President, Tom Alegounarias. Please ask your child to look out for this.

During the examination period, the Presiding Officer will give all students a "Student Details Form" to take home. This will show the email address and mobile phone BOSTES has for them, and explain how to update them if needed. Students who do not wish to receive their results by email or SMS can opt out via Students Online > My Details until 5pm on **Tuesday 15 December**. Further information can be found on Students Online > Results > Getting your results. For more information, contact: Students Online 1300 13 83 23.

### Examinations Years 7 - 10

Students and parents are advised Toronto High School will conduct examinations for students in Years 7 to 10 as follows –

**Years 9 & 10 – Week 5** - Monday 2 November through til Friday 6 November

**Years 7 & 8 – Week 6** - Monday 9 November through til Friday 13 November

### Illness/Misadventure on exam day

It is important that you attend the exams where possible, even if you believe your performance in the exam will be affected. You should, however, never risk harm in order to attend an exam or attend an exam against medical advice.

If you *do* unfortunately become ill or suffer an accident, students in Years 7 – 11 are required to submit an Illness/Misadventure Appeal Form through myself, or Mr Carlson, the Acting Deputy Principal (*Years 7, 9 & 11*). These forms are available from the school Print Room. You must obtain documentary evidence, generally on the day of the exam to support your illness/misadventure appeal. If you did not sit the exam this evidence must indicate why you were unable to attend.

## YEAR 12 (2015) AWARD RECIPIENTS



First	Last	Why	Subject
Brooke	Armstrong	1st	VET Retail Services
Orrin	Banks	1st	Ancient History
Orrin	Banks	1st	English Advanced
Orrin	Banks	1st	Modern History
Aleisha	Bennett	1st	VET Hospitality - Food and Beverage
Rachael	Berwick	1st	Community and Family Studies
Rachael	Berwick	1st	Exploring Early Childhood
Rachael	Berwick	1st	Food Technology
Scott	Brajlih	1st	Biology
Scott	Brajlih	1st	Business Studies
Scott	Brajlih	1st	Geography
Ebony	Chate	Equal 1st	English Studies
Georgia	Clifton	1st	English Extension 1
Georgia	Clifton	1st	English Extension 2
Georgia	Clifton	1st	Visual Art
Indiah	Dare	1st	Dance
Kayley	Davies	1st	VET Business Services
Gemma	Driscoll	1st	Drama
Sean	Ellis	1st	Chemistry
Riley	Hill	1st	Legal Studies
Brooke	Horn	1st	Earth & Environmental Science
Liam	Johnston	1st	Music
Taylor	Jones	1st	English Standard
Nicholas	Mackay	1st	Senior Science
Nicholas	Mackay	1st	VET Metals and Engineering
Brayden	Nayler	1st	VET Construction
Reannen	Roberts	1st	General 1 Mathematics
Tanesha	Sant	1st	Aboriginal Studies
Kaitlyn	Walton	Equal 1st	English Studies
Isabella	Williams	1st	General 2 Mathematics
Mitchell	Williams	1st	Engineering Studies
Mitchell	Williams	1st	Mathematics
Mitchell	Williams	1st	Mathematics Extension One
Mitchell	Williams	1st	PDHPE
Mitchell	Williams	1st	Physics

# ADF LONG TAN AWARD



Gavin Conroy

# CALTEX ALL ROUNDER AWARD

Anika Butler

# PRINCIPAL'S HONOUR ROLL

- ➔ Orrin Banks
- ➔ Rachael Berwick
- ➔ Scott Brajliah
- ➔ Georgia Clifton
- ➔ Mitchell Williams

# ACADEMIC EXCELLENCE & NEWCASTLE UNI SCHOLARSHIP

- ➔ Mitchell Williams





# TORONTO HIGH SCHOOL in MPC

## 2015 YEARLY EXAMINATIONS – YEAR 7, 8, 9 & 10

Period	WEEK 5				WEEK 6				
	Monday 2/11/15	Tuesday 3/11/15	Wednesday 4/11/15	Thursday 5/11/15	Monday 9/11/15	Tuesday 10/11/15	Wednesday 11/11/15	Thursday 12/11/15	Friday 13/11/15
<b>1</b>	<b>YEAR 9 MATHS</b> 1½ hours, <b>No Read Time</b> Calculators Allowed 9MA1,2 -Green 9MA3,4 -White 9MA5 - Blue		<b>YEAR 10 MATHS</b> 1½ hours, <b>No Read Time</b> Calculators Allowed 10MA1, Green 10MA2,3,4 White 10MA5,6 Blue	<b>YEAR 10 GEOG</b> 50 mins + 5 minutes read time	<b>YEAR 8 MATHS</b> 1.5 hours, <b>no calculator</b> <b>No Read Time</b> 8MA1,2,3,4 – White 8MA5 - Green		<b>YEAR 8 SCIENCE</b> 1½ hours, 5 minutes read time	<b>YEAR 8 HUMANITIES</b> 50 mins + 5 minutes read time	<b>YEAR 7 MATHS</b> 1.5 hours, no calculator <b>No Read Time</b> 7 T,C,P,S,E - White 7 R - Green
<b>2</b>		<b>YEAR 9 ENGLISH</b> 1 hour + 10 minutes read time				<b>YEAR 9 SCIENCE</b> 1½ hours, 5 minutes read Time			
<b>3</b>	<b>YEAR 10 SCIENCE</b> 1½ hours, 5 minutes read time		<b>YEAR 10 ENGLISH</b> 1 hour + 10 minutes read time	<b>YEAR 9 HISTORY</b> 50 mins + 5 minutes read time	<b>YEAR 7 SCIENCE</b> 1½ hours, 5 minutes read Time			<b>YEAR 7 HUMANITIES</b> 1 hour, <b>No Read Time</b>	
<b>4</b>									
<b>5</b>									

- Normal timetabled lessons apply outside of scheduled examinations.
- If you fail to attend an exam you need to notify the Head Teacher of the subject immediately on return, and complete misadventure / appeal forms.
- Serious attempts must be made for all exams. Examination centre rules will apply for all exams.
- Full school uniform and all necessary equipment required. Special Provisions held in Library.
- For Exams held on Monday, Wednesday, Thursday and Friday students should go to the MPC for roll marking at 8.15am.
- For Exams held on Tuesday students should be at the MPC for roll marking at the beginning of Period 2 (9.39am)



## CANTEEN NEWS

The new Summer Menu Canteen Price List is included in the newsletter. Reminder to students that if they order before school or at recess not only will they receive a 5% discount, but they will also be served quicker at lunchtime, as there is a separate line for pre-ordered food. *This means less time queing and more time for lunch!!!*

## LOG BOOK 2015 - Now on Sale!!

Students wishing to purchase the annual THS Log Book can now do so, at a cost of \$10.00, at the school front office. The book is filled with lots of different information, photographs and stories of sporting events, excursions etc. Orders close on Wednesday 9<sup>th</sup> December 2015 and Log Books will be disbursed to students during the last week of Term 4. For any enquiries please see Mr Golvers, Science Faculty.

## LOST PROPERTY

There is a large amount of school uniforms in Lost Property which is located in the Print Room. If your child has lost articles of clothing recently it may be worth checking there. Articles are held in the Print Room for one week, before being sent to the Support Unit classroom where a larger stock is held. Replacing school uniforms can be costly to parents so please ensure ***your child's name is written on each article of clothing***, for easy identification.

## PAYMENT OF STUDENT FEES

Student Statement of Accounts have recently been mailed to parents/caregivers. The school's front office is open for payments from 8.00am to 2.30pm. Payments can be made by cheque, cash or EFTPOS, and credit card payments can also be taken over the phone.

## IMMUNISATIONS

**11<sup>th</sup> November 2015 – Year 7 Dose 3 HPV**

### WHAT IF MY CHILD HAS MISSED A VACCINE

If your child has missed any vaccinations they will be offered any missed doses at the next clinics at their school.

### WHAT IF MY CHILD HAS NOT RECEIVED ALL VACCINES BEFORE THE END OF 2015

Any Year 7 student with missed doses of vaccine can be caught up in 2016.

**Additionally – any Year 8 student** who commenced HPV vaccination while in Year 7 and are yet to finish all 3 doses of HPV (and who has not received any from their local doctor) can still receive these at the next clinic at their school.

Don't forget a Record of Vaccination is given to each student for each vaccination. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

Any questions, visit the NSW Ministry of Health website at:

<http://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx>



# TORONTO HIGH SCHOOL

October 2015



## THS UNIFORM SHOP -

### **Online Ordering**

The THS Uniform Shop operates an Online Ordering System which enables parents to place an order online at any time. The Online Ordering system is easy to use. Simply –

1. Search [www.daylightsportswear.com/toronto](http://www.daylightsportswear.com/toronto)
2. Create an account
3. Place your order
4. Select 'walk in' to pick up your order from the School Uniform Shop on the next open day

For further details please see website – [www.daylightsportswear.com/toronto](http://www.daylightsportswear.com/toronto) or alternatively contact the THS Uniform Shop Manager (Mel) on 0438 080 840 for any enquiries.

### ***Extended Hours – January 2016***

For the convenience of parents/caregivers the THS Uniform Shop will be open during the January 2016 holidays. Please see the attached flyer for opening hours and current price list. Further information regarding our uniform requirements can be found on the school website.

## **THS UNIFORM SHOP – OPENING HOURS**

Wednesday 12.00 pm to 4.00 pm      Friday 10.00am to 2.00pm

For any enquiries please contact Mel on Ph 0438 080 840

*The THS Uniform Shop is proudly operated by Daylight Sportswear*

### **Are Your School Uniforms Too Small or need Replacing??**

Just a reminder the school offers a service to parents/caregivers who have unwanted uniform items. By completing the **TBay - Advertising Request Form** included in this newsletter, parents/caregivers can provide a list of the garments they wish to sell, the size and price of the item, and their contact phone number. These details will be published in November's newsletter for any parents wishing to purchase second hand items.

Alternatively, parents/caregivers are welcome to donate their second hand uniforms at the school's front office to assist needy families.

Further information regarding this initiative can be found on the school website under "Uniforms"-  
[www.toronto-h.schools.nsw.edu.au](http://www.toronto-h.schools.nsw.edu.au)





# TORONTO HIGH SCHOOL

October 2015

## **BRONZE MEDALLION**

Congratulations to the Year 10 boys who recently received their Bronze Medallion Awards. The program was organised through the PCYC where the boys attended Toronto Pool each Wednesday during Term 3 and learnt stillwater lifesaving swimming, lifesaving techniques, and received a CPR qualification.

Congratulations to Jo Hampton-Dunn, Bailey James, Dylan Partington, Zach Wilkinson, Travis Neesom, and Jackson Stothers.



Thank you to the PCYC, Toronto Pool, Ben and Christie, for volunteering their services to assist our students.

## **WESTLAKES ZONE GALA DAY**

Students from Years 7 & 8 represented the school in netball, soccer and Oz Tag at the Sports Gala Day held at Ulinga Park, Cardiff South recently, playing against other high schools.

Teams were scheduled to play 6 games in each sport, and managed to get through 3 of the rounds, before bad weather forced the rest of the day to be cancelled. Despite our students being totally saturated, muddy, and exhausted, they enjoyed themselves thoroughly and demonstrated good sportsmanship with students from other schools.

Special mention to our Year 10 students who took on umpiring duties for the day. They each put in an outstanding effort. Also to Mr Moore, Miss Crawford and Miss Simmons for assisting. Well done to all!



## **School Terms 2016**

**Term 1 - 27.1.16 to 8.4.16**

**Term 2 - 26.4.16 to 1.7.16**

**Term 3 - 18.7.16 to 23.9.16**

**Term 4 - 10.10.16 to 20.12.16**

## ***Do you have our School APP yet?***

Download our School APP by visiting the Apple APP Store or Android Google Play market, search Toronto High School & press install.



# *Iotas Athletics Carnival 7<sup>th</sup>*

## *September*

Brandon, Andrew, William, Miss Leather and I went to the IOTAS Athletics Carnival at Glendale. We caught the 270 Bus from Awaba Road near the school to Glendale Shopping centre. At 10:00 our school went to march on the track with all the other schools. We were excited to come third in the march past. After the march past we went to compete in the 100 metre run. I came 5<sup>th</sup>, Brandon came 2<sup>nd</sup>, Andrew came 5<sup>th</sup> and William came 4<sup>th</sup>. We then competed the 200 metres I came 4<sup>th</sup>, William came 2<sup>nd</sup>, Andrew came 4<sup>th</sup> and Brandon came 2<sup>nd</sup>. Brandon went in the 400 metre run and he came 1<sup>st</sup>. We cheered him on to victory as he passed the finish line. Then we had to get going. It was a wonderful day with nice weather and we had a lot of fun with our friends.

By Liam Garrett.





## SRC Newsletter - Sophie & Chelsea

### Jeans for Genes

Jeans for Genes is a fundraiser to help scientists at the Children's Medical Research Institute (CMRI) discover treatments & cures so that children can have a long, healthy life.

Our school successfully raised \$585 which was donated to CMRI to help them find a cure.

Congratulations to all of the students who participated by wearing appropriate clothing! Keep this up, as it will lead to more mufti days!



### Around The School

The SRC previously put together a seating proposal - to get more seating in our school. We are pleased to announce that this has been approved!!

Fundraising will be commencing soon, so that we can put in sheltered seating in the Winter courtyard.



### Upcoming Events

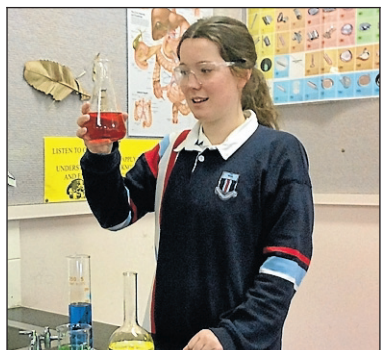
- Battle of the Bands in Term 4

On behalf of the SRC, we would like to thank Mrs Jayne for all her hard work & commitment to the SRC this year! Thankyou Mrs Jayne.



Secondary entry #15: Toronto High School

# Toronto Times



Mikaela at work in the laboratory.  
Picture: Daniel Morris

## Student off to science youth forum

By LACHLAN MACKAY,  
DANIEL MORRIS and  
JOSHUA MCNAMARA

YOUNG science enthusiast Mikaela Bell has been selected to attend the 2016 National Youth Science Forum in Canberra in January 2016 along with another 400 aspiring scientists from around Australia.

The 14-day program, sponsored by Rotary, is an annual event targeted at nurturing the next generation of scientists and engineers.

Each year students entering year 12 can apply to attend the forum through a keenly contested application process. There was an anxious 3-month wait for Mikaela to learn that her application was successful.

Mikaela's selection is particularly remarkable as this year she is completing her year 11 studies as an accelerated student, having moved directly from year 9 to year 11.

The forum will be hosted by the Australian National University and Mikaela will be "kept very busy with lectures, group activities, practical laboratory sessions and social events".

Mikaela's main interests in science are marine biology and chemistry, and she hopes to find ways to explore these areas further at the forum. "I think it's going to be a really good opportunity to not only learn about science but also learn where I fit into science and where I can go with science in the future."

## A place to hide, survive

By KOBE NOBLE,  
ULA JOHANSSON and  
ABBY ROOKER

THE Threatened Species Last Stand Project is fighting to save the endangered squirrel glider.

The Coal Point Progress Association has initiated the project to help preserve the glider and other threatened species in the area.

The project will cost around \$250,000 and undertake a range of measures over six years to protect threatened and endangered species.

The squirrel glider is a native possum whose numbers have decreased due to habitat loss, and was officially listed as a vulnerable species in 2008.

Suzanne Pritchard, president of the Coal Point Progress Association, said preserving habitat is critical to maintaining glider numbers: "The main thing that stops the squirrel glider population growing is that they don't have enough habitat hollows. They only need small hollows but any size hollow takes 100 years to form."

Unfortunately the natural process of forming hollows is being disrupted, partly through measures that may be targeting safety concerns: "When branches snap off that's actually what starts to make the hollow that an animal or bird can live in, but what's happening is that when branches have snapped



Dr Chris McLean and Norbert Lica installing a squirrel glider box in Threkeld Reserve.

off or trees have tilted over a bit people come along and chop the whole tree down."

Lake Macquarie City Council has recognised that the "squirrel glider habitat is expected to be subjected to continuing development impacts over the next 50 years" in their Squirrel Glider Planning and Management Guidelines 2015.

To combat this loss of habitat for the squirrel glider, the Threatened Species Last Stand Project has installed 28 nesting boxes in the Coal Point area.

Engaging the community to join the effort in saving the squirrel glider has included working with Coal Point Public School where the students are planting banksia and

wattle to provide the squirrel gliders with winter food, which is scarce.

Suzanne Pritchard says that everyone can help out. "There are many things people can do for the wildlife: keep an eye out for their cats and their dogs ... You can also plant natives in your backyard and join a local Landcare group."



Hair ... going ... gone. Amy Clarke shaves her hair to help find a cure for cancer.

## Brave Amy shaves to find a cure

By ASHLEIGH COLLETTE, KIRI GARNETT and  
JESSICA HJORT

SHOWING courage and compassion, year 11 Toronto High School student Amy Clarke has taken on the Leukaemia Foundation's challenge of The World's Greatest Shave and shaved off all her hair in front of 1000 students and staff.

Amy's efforts have seen her fundraising tally climb

over \$3000, exceeding her initial goal of \$2000.

Amy became involved in the challenge because of both her desire to help others and a personal connection.

"I wanted to make a change in both my life and other people's lives and help the Leukaemia Foundation because I have had family

members affected in the past."

Amy felt nervous on the day of the shave yet was committed to making a difference and determined to go through with it. "I was really happy when they handed me the pony tail and I realised it was the best decision I have ever made."

Amy's actions have also sent a powerful message to the school community about compassion.

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See how much you could save when you switch to Australia's Home Lender of the Year 2015.

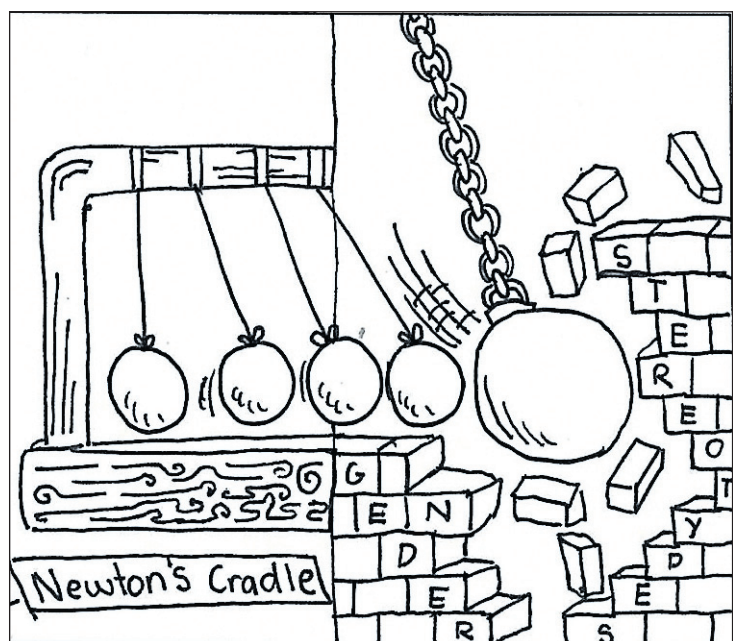
13 19 87 [newcastlepermanent.com.au/cashback](http://newcastlepermanent.com.au/cashback)



Here for good.







Cartoon: Matthew Lysaght

## Time to stop all the stereotypes

### EDITORIAL

By **ROSIE DAVIDSON-TAIG, TY LEWIS and TODD VANDYKE**

PROGRESS in gender equality throughout the 20th century has been substantial. Throughout this time Australia has been a leader, such as in being one of the first countries to give women the vote and the right to stand for parliament. However, we should not be complacent in the light of past achievements and should be looking to the equal representation of women in roles of the 21st century.

We must remain mindful that developments in science and technology are expected to make obsolete 60 per cent of today's jobs by 2025. If stereotypes and discrimination that have steered women away from science and technology continue the consequences will be dire.

With the achievements of famous scientists such as Elizabeth Blackburn, Marie Curie and Linda Richards, you would think that women would be more highly regarded in science and technology; but you'd be wrong – sadly there are still discriminatory attitudes.

Two recent controversies have

highlighted this problem. The remarks of Tim Hunt, a Nobel Prize winner in the field of Medicine that "Three things happen when they [women] are in the lab: you fall in love with them, they fall in love with you, and when you criticise them they cry," were demeaning and unacceptable.

Then there have been revelations that female surgeons in Australia have faced harassment from their male counterparts. Such incidents send the wrong message to young women contemplating careers in these fields and contribute to the historical under-representation of women in science.

One thing is clear, the absence of women in science has not resulted from a lack of ability. As observed by Mikaela Bell who will be attending the 2016 National Youth Science Forum: "I think that we've always had the capability in science to be as good as the boys, I just think that the interest, or the drive to be a part of it, wasn't there before."

In the Australian team for this year's International Science Olympiad nearly half of the representatives are women. This will be the highest proportion of women ever in the competition.

Old stereotypes are clearly wrong and we should be looking towards a bright future.

# Students leap ahead now in many courses

By **MADISON GRAHAM, KIRA MORRIS and CODY MORAN**

TORONTO High School students are taking advanced study options as they embrace the opportunity to accelerate in their education through the school's LEAP program.

The Learning Enrichment Acceleration Pathways, or LEAP program, is a gifted and talented program developed to meet the needs of students beyond the regular curriculum.

The program runs from year 7 to year 9, enabling students to participate in a full but accelerated curriculum.

At the end of year 9 students then have a number of educational pathways available to them, ranging between following the normal progression to year 10, accelerating in a single year 11 subject or accelerating in all subjects to a full year 11 course load.

This is the first year in which students are moving from the LEAP program on to a range of senior courses.

While students are challenged by the demands of completing accelerated courses the opportunity is proving to bring out their best.

Head of Teaching and Learning and LEAP, Melynda Smith-Kain, said: "Students who are accelerating in a subject are performing at the top of their classes."

Hannah Lavis, a year 10 student



Jacob, Jeffrey and Julia are leaping ahead.

Picture: Cody Moran

student who this year is completing a fully accelerated year 11

studying a year 11 Business Studies course, said that while working at an advanced level has presented difficulties at times, the recipe for overcoming these is simple: "Hard work, dedication and motivation."

The hard work is paying dividends for the students and Mikaela Bell, a

course, and will shortly commence her Higher School Certificate.

"It has opened up a lot of doors and opportunities," she said.

The students who are involved in accelerated programs encourage others to follow their lead and set themselves high academic targets.

## Rising cricket star is taking on the state

By **JOEL MATHER, BILLY ARTHUR and FLYNN FARDELL**

TALENTED cricketer Jess Hjort has been accepted into the NSW Academy.

Jess has won selection into the Newcastle-Central Coast Under-15 Girls' team and will be competing with the best players from across NSW in a state-wide tournament to be held in October this year.

Jess's cricket success stems from club level competition that she has been involved in for the past five years.

Her cricketing career started when she was 8-years-old playing for Warners Bay Cricket Club before moving to Newcastle City Cricket Club where she currently plays.

Jess had to overcome some early self-doubt as she "wanted to quit because I didn't think I was good enough". However, she grew to "love the challenge of competing against good players" and soon began to build



Jess has her eye on the cricket state championships.

Picture: Joel Mather

Jess's idol is Elyse Perry, the renowned cricketer and soccer player. "I dream

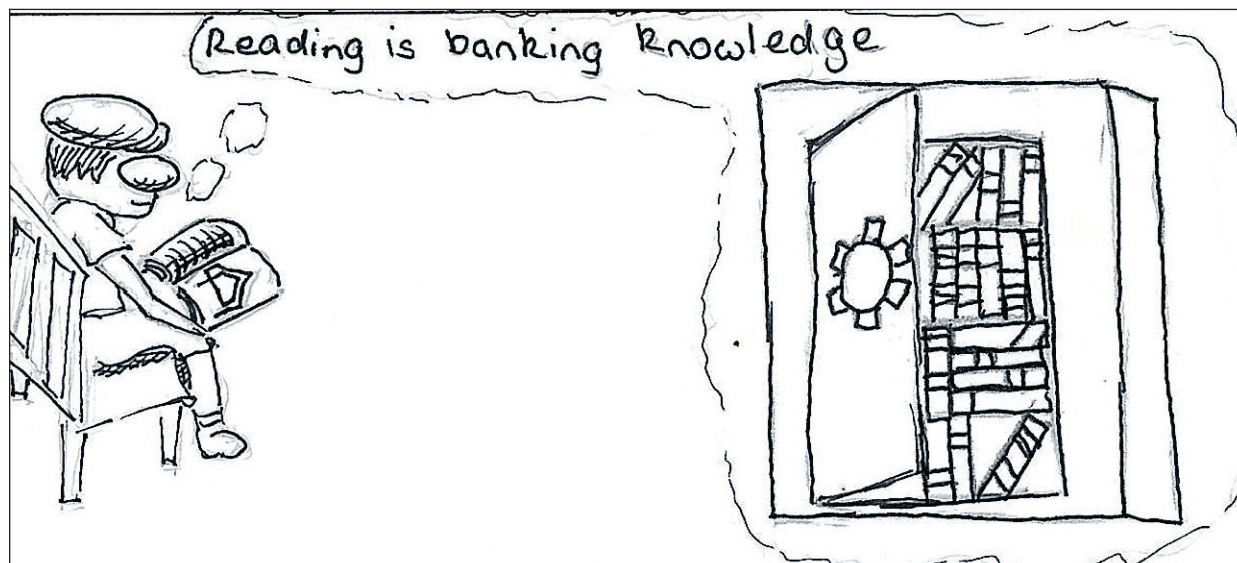
some impressive statistics. "My best performance was when I took five wickets, bowling against the best team in the competition."

to also play at a national level and inspire other young girl cricketers to rise above the stereotypes and pursue their dreams."

OPINIONS EXPRESSED IN THIS SCHOOL NEWSPAPER ARE NOT NECESSARILY THOSE OF THE COMPETITION SPONSORS



SEE THE ENTRIES ONLINE AT [theherald.com.au/community/newspapers-in-education/](http://theherald.com.au/community/newspapers-in-education/)



Advertisement created by Callum Prescott and Connor Edwards, of Toronto High School.

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# Library Newsletter

## Toronto High School

### NEWS

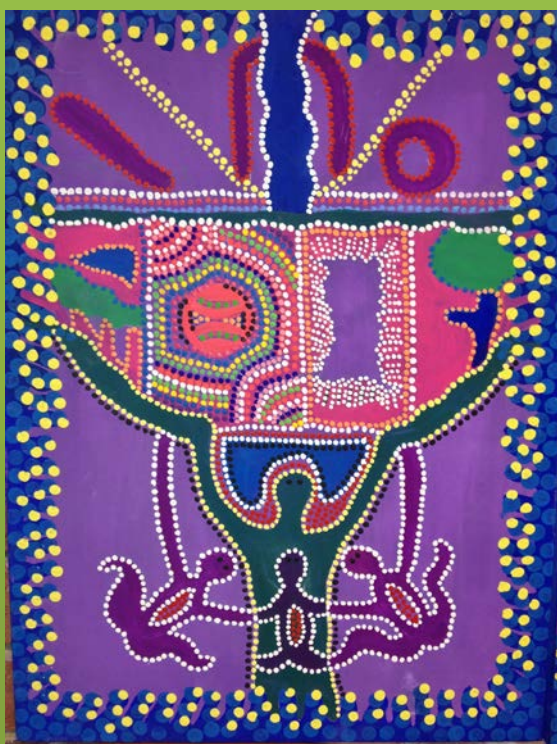
Toronto High School wishes all of our HSC Students the best for the up and coming Exams.

The Library has recently hosted Naidoc Week to celebration the achievements of the indigenous community. The event included a whole school assembly, a student sausage sizzle and a luncheon held here in the library. The luncheon was catered for by the TAS Department, all of the delicious food was prepared by THS students.

Students are reminded that The Hive Homework Centre is available every Wednesday after school here in the Library.

Thankyou

Jayne Frost and Suzanne Figures  
Teacher /Librarians



### NAIDOC LUNCHEON



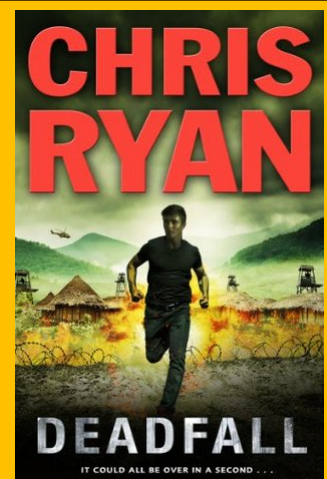
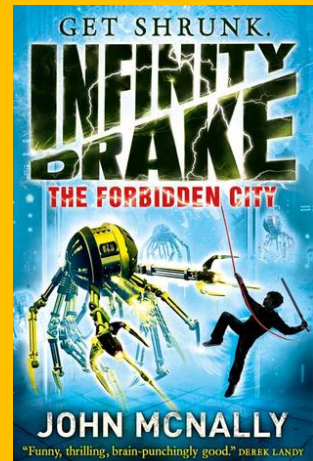
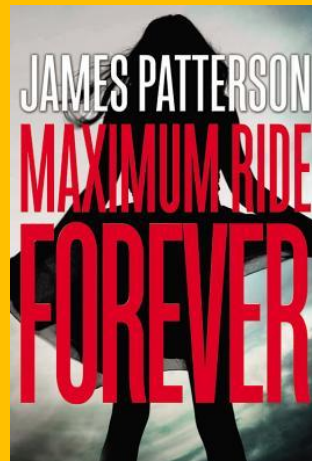


22nd July 2015

# The Booklook Newsletter

Toronto High School Library

## SERIES FICTION





# TORONTO HIGH SCHOOL CANTEEN MENU

## TERM 4 2015

**Lunches must be ordered BEFORE SCHOOL OR AT RECESS**

*\*Canteen Prices Can Change Without Prior Notice*

### Hot Food

Lean Sausage Roll	\$2.00
Lean Pie	\$3.00
Cheese & Bacon Pie	\$3.00
Lean Potato Pie	\$3.00
Chicken & Vegetable Pie	\$3.00
Quiche – Orders Only	\$3.00
Hot Dogs – Friday Only	\$3.00
Mamee Noodles (Beef or Chicken)	\$2.00
Chicken Tempura Crackles	\$2.00
Single Serve Sauce -	\$0.30
Tomato, Sweet & Sour or BBQ	

### Sandwiches

Ham & Light Cheese	\$3.50
Ham, Tomato & Light Cheese	\$3.50
Lettuce, Tomato & Light Cheese	\$3.50
Chicken, Lettuce & Mayo	\$3.50
Egg & Lettuce	\$3.50
Vegemite & Light Cheese	\$3.50
Toasted – add 50c	
Salad Box	\$5.00
Salad Box & Ham or Chicken	\$6.00

### Burgers – Orders Only

Chicken Burger – Plain	\$3.50
Chicken Burger – Lettuce & Mayo	\$4.00
Chicken Burger – Lettuce, Tomato, Light Cheese & Mayo	\$4.50

### Cakes

Chocolate Muffin	\$2.00
Finger Bun	\$2.00
Chocolate Chip Cookie	\$2.00
Chocolate Brownie	\$2.00
Cheese & Bacon Roll	\$2.00

### Milk

Plain Milk – 600ml	\$1.50
Flavoured Milk – 500ml	\$3.00

### Drinks

Schweppes Soft Drink – 450ml	\$2.50
Bottle Water – 600ml	\$2.00
Iced Tea – 250ml	\$1.50
Milo – 200ml	\$1.50
Up-N-Go – Chocolate – 250ml	\$2.00

### Juice

Macquarie Juice – 500ml	\$2.00
Golden Circle Popper – 250ml	\$1.00

**AVOID DISAPPOINTMENT  
& QUEUES!!!!**

**ORDER BEFORE SCHOOL!!!!**

**PRIORITY IS GIVEN TO**

**STUDENTS WHO ORDER EARLY**

### Ice Blocks – Lunch times only

Sunnyboys – Cola/Lime/Raspberry	\$1.00
Milo Scoop Shake	\$3.00
Frozen Yoghurt – Strawberry	\$2.00
Long Ice Block	\$0.50

<b>Snaps – (Gluten Free) Light &amp; Tangy</b>	\$1.20
<b>Chips – All Varieties</b>	\$2.00

**“HOTDOG FRIDAY” – Every Friday!!!!**

*Look out for our other special menu days as well!!!*



# Surviving Exam Stress



You may have heard the saying that “parents are only as happy as their least happiest child”. If this is indeed the case, then exam time is a time of significant stress and challenges for both parents and their children. The key to survival during this time, is therefore in parents supporting their child/children to manage their stress and in managing the contagious effects of this stress on the rest of the family system.

This information sheet is designed to give parents some survival tips and strategies for supporting children and young people during exam time.

- Maintain perspective: Success in exams is wonderful and can lead to further success and confidence in children and young people. At the same time, success in exams, at the expense of a young person’s mental health or their relationship with their parents may not be worthwhile.
- Tune into what your child wants to achieve. This may be completely different to the goals that you hold for your adolescent.
- Help your child to think about goal setting – knowing what goals they want to achieve is an important first step in planning for the future. Then they can research what is needed to reach their goals.
- Support your child to find a level of balance in their life of study, socialising, and recreation that is appropriate to the goals that they wish to achieve.
- Notice and praise your child’s efforts at developing and maintaining a study plan. If necessary and appropriate, help them to develop the plan, manage their time and to avoid other distractions e.g. accessing social networking sites, phone-calls etc.
- Ensure that child has an appropriate environment for study. They should have a dedicated, quiet space that is comfortable, has adequate lighting and is free of clutter.
- Provide emotional support: Acknowledge the challenges and perseverance it takes to stay focused on studying. Be there for them, be supportive and encouraging. Praise them for all of their achievements.
- Be supportive by giving your child space and leeway as they go through a very stressful time in their life. Try to have realistic expectations about what you can expect of your child in terms of helping around the house and try to avoid nagging them about minor issues.
- If your child feels unprepared and anxious, don’t panic with them or make things worse with “I told you so’s”. Reassure them that they can only do their best and help them to develop and apply relaxation and time-management techniques.

Lastly, and very importantly, prepare yourself for the exam results. This can be a very emotional time for families either in celebration of a great achievement or problem solving after a disappointing result. Either way it is good to allow your child to have the feelings that come with the result. If it is a disappointing one, it is good to name the feelings (eg. disappointment, shame and jealousy) and to help your child manage this intense new feeling and to eventually move on to look at other options that are available as well as what they can learn about themselves in the process. Often just being able to sit with your child’s despair creates closeness and a sense of support. Adults usually want to move away from those feelings and start problem solving too quickly. Of course we know there are a number of ways forward after a disappointing result, but it is important for us to be there with our child through this challenge and give them time to feel, to heal and then move on with problem solving.

If you want to talk about how you are managing parenting a HSC student with one of our professional counsellors, call 1300 1300 52 or visit our website [www.parentline.org.au](http://www.parentline.org.au) for tips sheets and parenting stories.

# ***Toronto High School***

## ***Uniform Shop Special Opening Hours***

2016



### **JANUARY 2016**

TUESDAY	19. JAN	9.00am - 2.00pm
WEDNESDAY	20. JAN	9.00am - 2.00pm
THURSDAY	21. JAN	9.00am - 2.00pm
FRIDAY	22. JAN	9.00am - 2.00pm
WEDNESDAY	27. JAN	8.00am - 4.00pm
THURSDAY	28. JAN	8.00am - 4.00pm
FRIDAY	29. JAN	12:00pm - 4:00pm

### **THEN BACK TO NORMAL TRADING:**

**Wednesday 12.00pm – 4.00pm**

**Friday 10:00am – 2:00pm**

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## Toronto High School

### UNIFORM SHOP

NAME: \_\_\_\_\_ YEAR: \_\_\_\_\_ DATE: \_\_\_\_\_ REC# \_\_\_\_\_

<i>ITEM</i>	<u>PRICE</u>	<u>SIZE</u>	<u>QTY</u>	<u>TOTAL</u> INCL GST
<b>Girls</b>				
Navy Girls Shorts	30.00			
Navy Girls Slacks	39.00			
Girls Tartan Skirt	49.50			
Jnr Sky Blouses	29.00			
Snr White Blouses	29.00			
<b>Boys</b>				
Ash Grey Elastic Shorts	32.00			
Grey Elastic Waist Trousers	39.00			
Ash Grey Tailored Trousers	42.00			
Jnr Boys Sky Shirts	28.00			
Snr Boys White Shirts	28.00			
<b>Jumpers</b>				
Navy Wool Jumpers	73.00			
Navy Acrylic Cardigan	50.00			
<b>Sports</b>				
School Jackets	65.00			
Sports Shorts	27.00			
Trackpants	39.00			
Sports Polo	34.00			
Sports Polo - Elective HPE	34.00			
<b>Others</b>				
Tie	20.00			
Black Tights	10.00			
Navy Aprons - Tas Metal	10.00			
Beanie	12.00			
Performing Arts Polo	34.00			
Scarf	20.00			
Urban Snapback Cap	15.00			
White Aprons - Tas Cooking	10.00			
Boys Grey Socks	8.00			
Girls 5 Pack White Socks	20.00			
Sports Socks	8.00			

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# TORONTO HIGH SCHOOL

## FIRST TIME

LODGING YOUR TAX RETURN?

The easiest and fastest way to lodge your return is online.

Follow these simple steps

1

Make sure you have your tax file number (TFN) handy and one of the following documents:

Your birth certificate, passport or citizenship certificate.



Create a myGov account

(See [my.gov.au](http://my.gov.au) for more info)



2

Call the ATO on 13 28 61 and press 5 at the prompt to get your unique linking code to verify your account.



In myGov, go to the Services page and link to the ATO.

Select 'I have a linking code' and enter your linking code when prompted.



3

From 1 July, lodge your tax return online.

(See [ato.gov.au/lodgeonline](http://ato.gov.au/lodgeonline))



4

When are tax returns due?

You have from 1 July to 31 October to lodge.

**DIRECTIONS**  
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# TORONTO HIGH SCHOOL

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**Sat 17 Oct** Joel Howlett Magician  
**Sat 24 Oct** Starshine Face Painting  
**Sat 31 Oct** Joel Howlett Magician



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