

"Ship to Shore"

February 2013

This Issue

P1	Principal's Report
P 5	Deputy's Report
P6	Deputy's Report
P7	General News
P17	Science
P19	Maths
P22	T & L News
P15	Achievements
P25	TAS
P18	Library News
P27	Welfare
P31	Library
P38	Community News

Field Ave Toronto 2283
Ph: 0249 591788
Fax: 0249 504459
Email toronto-h.school@det.nsw.edu.au
Website: www.toronto-h.schools.nsw.edu.au



NEXT P&C MEETING

Tuesday 26th February 2013

Commencing at 6.00pm

in the School Library

All Welcome!

Principal's Report

Mark McConville

Welcome

Welcome back to another school year – and as in past years I'm sure that there will be plenty of things going on at the school! I would like to especially welcome all the new families that have commenced with the school this year. I trust that your children are settling in and enjoying their school experiences.

We have high expectations in all areas with students. We expect them to work hard and work to their potential, demonstrate respect to the staff and fellow students and to become the best person that they can possibly become.

If you have any concerns throughout the school year, I encourage you to approach the school, as it is better to sort a problem rather than continue for a period of time worrying about it.

Staff Changes

New permanent staff for 2013 include:

- Mrs Paula Reilly – who has been appointed as the Deputy Principal replacing Mr Hudson (who has retired). Mrs Reilly was previously at Merewether High School.
- Mrs Candice Little in the English Faculty.

New temporary staff for 2013 include:

- Mrs Tania Dotta in Maths.
- Ms Sarah Crawford in Maths.
- Ms Melissa Ready in Science.
- Mrs Emily Clewett in Science.
- Mr Scott Walton in TAS.



We do have staff in relieving capacities. They are:

- Mr Russell Moore who is Relieving Head Teacher Welfare while we have seconded Ms Wilson-Babic to the role of Head Teacher Science. Ms Wilson-Babic will remain in this role until we fill the Head Teacher Science position via interviews.
- Mr Leo Hudson as Relieving Head Teacher Support. Even though Mr Hudson has retired we managed to convince him to come back for a period of time until we permanently fill this position!

Other staffing changes include:

- Mr Gillard is now the HT Administration replacing Mr Richards who decided to go back to full-time teaching duties. I would like to thank Mr Richards for his efforts over the previous few years in the HT Admin position.
- Mrs Kellie Smith gained a permanent appointment to Hamilton South Public school.
- Ms Verity Robson has taken a further 12 months leave.
- Mrs Saidee Wyborn has finally retired! Mrs Wyborn retired a number of years ago – but we were lucky enough to talk her into remaining ‘casually’ at the school. I would like to wish Saidee all the best for her retirement – it is well deserved!
- Mr Daniel Stolman accepted a temporary position at Warner Bay High School.

I would also like to welcome back Mr Graeme Pauley who has returned after 12 months leave.

There have been other staff changes that I will outline in other sections of my report.

Aboriginal Education Team

Toronto High School has been a School in Partnership (SiP) for the past 3 years. In that time, the school has been provided with additional funds to support Aboriginal Education. Those funds directly employed Tracey Walpole, Rhonda Finlay, Steve Tapim, Rod Smith and Kim Robl. As those funds are no longer available to the school – we have been unable to continue to employ those staff members.

We will be able to continue to seek support via Des Barton and Tracey Walpole. Des is operating out of Biraban PS and Tracey is operating out of Fennel Bay PS.

School Learning Support Officers (SLSO's / Teacher Aides)

Due to the changes in funding of SLSO's, we held interviews at the end of 2012 for our available positions in 2013. Marcia Harman, Kim Robl and Barb Morgan were successful.

Unfortunately we have had to release several staff members who have been at Toronto HS in a temporary position for a number of years. I would like to thank Karen Goldie, Beth Lydiard, Amber Allen and Bronwyn Carr for their work with student and staff during their time with us.

Year 12 HSC Results

Congratulations to all students receiving fine results in the 2012 HSC. The students, their teachers and parents are to be congratulated on the results. Congratulations to all of the class of 2012 for a very successful year and we look forward to the 2013 cohort results. We are still waiting on all the data from the Board of Studies and the DEC so that we can do a full analysis of the cohorts performance. Many of the students have gained entry to university and I'm sure will continue their success in tertiary studies. We once again improved in the HSC rankings of schools in NSW.

'Sorry' Day

On Wednesday 13th February, Toronto High School held a formal assembly to celebrate the anniversary of the Commonwealth Government apology to the Stolen Generation. I would especially like to thank Tracey Walpole and Des Barton who shared their personal stories and experiences to the students.



Parent Awareness Evening

The Parent Awareness Evening will be conducted on Wednesday 27th February for parents and students in Year 7, 11 and 12. The night is designed to provide information about high school, the HSC, and how to support your child through high school.

Information will be distributed to the relevant student years to take home.

Yr 7 2014 Information Evening

The Term 1 Year 7 2014 Information Evening will be held on Wednesday 6th March in the hall. The night is designed to provide parents and students for the Year 7 2014 class information about the school and enrolment processes. Notes have been distributed via the local Primary Schools.

School "APP"

Great news! Our school APP is in the final stages of completion with Apple I-Tunes and will be released in the coming weeks. Our APP is going to give parents the ability to instantly access newsletters, messages, send in a sick note, and many other features.

We are quite excited about the launch and further information will be made available closer to the time.

Swimming Carnival

Congratulations to all of the students who attended and participated in the swimming carnival on Tuesday. Mr Richards did a great job organising the carnival. All of the students need to be acknowledged, as the pool staff commented several times to me about the excellent behaviour of our students on the day.

Thanks to the staff and parents that assisted and supported the day.

Student Assistance

Parents experiencing financial difficulty in meeting school expenses including subject specific fees and uniforms are invited to confidentially contact the school to discuss the process. A limited amount of funds is supplied by the Government for needy families to assist with educational expenses.

I encourage parents to seek this assistance.

Parents – This is an example of how your child’s timetable looks and explains what the abbreviations represent.

Example of Year 7

Student Timetable

Term 1 Week 1 - Term 1 Week 2

Smith, Greg

Student Name

Week 1

	M1	T1	W1	Th1	F1
	Monday	Tuesday	Wednesday	Thursday	Friday
	11/02/2013	12/02/2013	13/02/2013	14/02/2013	15/02/2013
ROLL	7R (7R 1) Room: E10 Mr M McDonald	7R (7R 1) Room: E10 Mr M McDonald	7R (7R 1) Room: E10 Mr M McDonald	7R (7R 1) Room: E10 Mr M McDonald	7R (7R 1) Room: E10 Mr M McDonald
Period 1	7S (7WEL S) Room: STUDIO 1 Mrs S Gibson	7S (7MU S) Room: MU2 Mrs J Stout	7S (7HM S) Room: AU2 Mr D Slevin	7S (7MA S) Room: COMPUTER Mrs T Dotta	7S (7HM S) Room: AU2 Mr D Slevin
Period 2	7S (7HM S) Room: AU2 Mr D Slevin	7R (JRSP7) Room:	7S (7SC S) Room: LAB 1 Mrs E Clewett	7S (7MU S) Room: MU2 Mrs J Stout	7S (7PE S) Room: MPC1 Mr S Richards
Period 3	7S (7MU S) Room: MU2 Mrs J Stout	7R (JRSP7) Room:	7S (7LA S) Room: AU6 Mrs A Kolbas	7S (7HM S) Room: AU2 Mr D Slevin	7S (7HM S) Room: AU2 Mr D Slevin
Period 4	7S (7LA S) Room: E10 Mrs A Kolbas	7R (7T 1) Room: DT2 Mrs B Fraser	7S (7MA S) Room: E9 Mrs T Dotta	7S (7HM S) Room: AU2 Mr D Slevin	7S (7LA S) Room: AU6 Mrs A Kolbas
Period 5	7S (7SC S) Room: LAB 1 Mrs E Clewett	7P (7TEP SP) Room: MPC1 Mrs J Willott	7S (7HM S) Room: AU2 Mr D Slevin	7P (7TEP SP) Room: MPC1 Mrs J Willott	7S (7MA S) Room: E9 Mrs T Dotta
Period 6					

Subject

Class Name

Week 2

	M2	T2	W2	Th2	F2
	Monday	Tuesday	Wednesday	Thursday	Friday
	18/02/2013	19/02/2013	20/02/2013	21/02/2013	22/02/2013
ROLL	7R (7R 1) Room: E10 Mr M McDonald	7R (7R 1) Room: E10 Mr M McDonald	7R (7R 1) Room: E10 Mr M McDonald	7R (7R 1) Room: E10 Mr M McDonald	7R (7R 1) Room: E10 Mr M McDonald
Period 1	7S (7HM S) Room: AU2 Mr D Slevin	7S (7HM S) Room: AU2 Mr D Slevin	7S (7MU S) Room: MU2 Mrs J Stout	7S (7LA S) Room: AU6 Mrs A Kolbas	7P (7TEP SP) Room: MPC1 Mrs J Willott
Period 2	7S (7MA S) Room: E9 Mrs T Dotta	7R (JRSP7) Room:	7S (7LA S) Room: AU6 Mrs A Kolbas	7S (7HM S) Room: AU2 Mr D Slevin	7R (7T 1) Room: FT1 Mrs B Fraser
Period 3	7S (7PE S) Room: MPC2 Mr S Richards	7R (JRSP7) Room:	7S (7PE S) Room: DT5 Mr S Richards	7S (7MA S) Room: E9 Mrs T Dotta	7S (7HM S) Room: AU2 Mr D Slevin
Period 4	7S (7SC S) Room: LAB 1 Mrs E Clewett	7P (7TEP SP) Room: MPC1 Mrs J Willott	7S (7MA S) Room: E9 Mrs T Dotta	7S (7MU S) Room: MU2 Mrs J Stout	7S (7PE S) Room: MPC1 Mr S Richards
Period 5	7R (7T 1) Room: FT1 Mrs B Fraser	7R (7T 1) Room: FT1 Mrs B Fraser	7S (7SC S) Room: LAB 1 Mrs E Clewett	7R (7T 1) Room: FT1 Mrs B Fraser	7S (7SC S) Room: LAB 1 Mrs E Clewett
Period 6					

Classroom

Teacher

Toronto High School runs on a two week cycle; Week 1 and Week 2. Teachers tends to refer to dates in ‘weeks’, eg Week 1...

There are 5 lessons in a day known as periods. Tuesday’s have 3 periods and sport.

Year 7 classes are named a single letter eg, R, E, S, P, C, and T



Deputy Principal's Report – Yrs 7, 9 & 11

Greg Morgan

How good is it to be back at school in 2013. The students are so excited, they keep coming up to my office wanting to tell me about how they will wear full school uniform, black enclosed leather shoes, will be on time to all of their classes, want homework each night Still it's a nice thought.

On the more serious side, this year I will be the Year 7, 9 & 11 Deputy Principal and its nice to welcome all of our students back to school ready for a new learning experience. These years are important years as they start Stages 4, 5 & 6.

Year 7

Year 7 is where the students are most excited and fragile. They have to adapt to the new school environment and are now once again the babies of the school. This often means that many will need support to become confident at school. Parents should debrief your child and talk about the positives of high school. If your child needs support please contact the Year Advisor Mrs Gibson. Most importantly check your child's books, see if they have margins and underlined headings. If not have your child do it and check to see the work is complete and neat.

Lastly, your child's levels of literacy and numeracy are vital in determining future success in higher years and Mums & Dads should try and work on the three R's (reading, writing, arithmetic) at home by encouraging reading every day and non calculator maths.

Year 11

Year 11 begin the Higher School Certificate and only runs for 3 terms this year. This means final exams are at the end of Term 3. This will be stressful and many students will struggle with this course for a variety of reasons. Parents need to be supportive, flexible, patient and adaptive to survive this process. However it is important to realise that students do have time to have a life and study as well. Finding the balance is the problem. Research shows that the earlier the student establishes a study program the better they perform in all aspects and the more relaxed they become.

Developing Positive Attitudes

One of the school focuses this year is on students wearing full school uniform, correct shoes and getting to school each day and being on time. Teachers work hard with parents to develop students' attitudes and manners which reflect good behaviour. Our aim is to be the best school in the region producing the best results and we ask all parents for their support in obtaining these aims. The last few years HSC results, School Certificate and NAPLAN results have certainly put us well along the road to reach these goals.

Helping Out

This year, as in past years, we encourage parents to join the P&C and actively support the school and help out on the school canteen. If you have any queries or issues please contact the school at any time

Data storage

Students are advised to back up all of their data that they have stored on the school's network. They will need to store this on their own hard drive. The school will be re imaging network settings which will wipe the primary data off. This will occur in week 10 this term. If you don't back it up, it will be gone.....



Deputy Principal's Report – Yrs 8, 10 & 12

Paula Reilly

Welcome to Term 1 at Toronto High School. It is my great pleasure to be working with you this year. Being new to the school, I have been very impressed with the dedication and enthusiasm of the staff as well as the friendliness of the many students, staff, parents and the wider community members with whom I have come into contact. I look forward to the challenges that this year brings and in being part of a committed learning community who work together to ensure that students achieve their personal best.

Research indicates that the best outcomes for students are achieved when the school, home and wider community are all working together with a shared set of values. Of course, the students themselves have a big role to play here. So, what can students do to become the best they can at Toronto High? It has been my experience that in order to achieve their personal best, students need to:

- put study first
- be well organised and this includes having a quiet space to study
- set short and long time goals and stay committed to these
- have regular study times each week
- work with their teachers and ask questions when they don't understand
- reflect on and analyse their own performance
- take responsibility for their own learning
- attend school every day except when sick
- try to stay positive and seek help when needed
- have a range of interests

One of the important points mentioned above is the importance of being at school every day. Students need to be in class every lesson, actively involved in their own learning in order to give themselves the best chance of success. At Toronto High, in order to support students, an Attendance Committee meets every Tuesday with the Home School Liaison Officer, to target all years, in an attempt to ensure student attendance remains at an acceptable level of at least 85%.

Any student who falls below this level of attendance runs the risk of falling behind his/ her cohort in all aspects of work. If this occurs, the Attendance Team will intervene to establish causes for absences and will attempt to resolve the issues, in co-operation with students and parents/caregivers. Interviews may be conducted with students and/or with their families. It is emphasised to all students, that attendance details are printed on the front cover of school reports and become an important piece of information for future employers to consider when offering jobs to students. In fact, this could be the first thing that they look at. Employers want to know that their employees will have a good work ethic and turn up for work, on time, prepared with the necessary tools to do their job. This is real life and it is important to train for it! At formal assemblies, Toronto High recognises those many students who have maintained an exemplary attendance record.

Once at school, students need to be able to achieve their personal best without other students interfering with their learning. We are committed at Toronto High to maintaining a safe and happy workplace, free from all forms of harassment and violence where students respect one another, their teachers and their environment.

Toronto High School has a **zero tolerance** for sexual or racial harassment, physical violence or harassment of staff. Students are constantly reminded of these basic requirements on our daily assemblies. We promote the Charter of Dignity and Respect in the workplace. At the end of the morning assembly, students are sent to class with the message, "Show respect at all times for teachers, as well as other school staff, follow class rules, speak courteously and co-operate with instructions and learning activities."

Remember, **"If it's to be, it's up to me."**

GENERAL NEWS

ABSENT NOTES

Parents/Carers are advised that all absences need to be explained within 7 days of the absence or they will be listed as unexplained. Should you have any questions please contact the office on Ph 49 591788.

CHANGE IN DETAILS

Please ensure the school is informed of any changes in student's details including new telephone numbers, change of address etc. It is vital that we are able to contact parents in the case of an emergency. Forms are available from the front office.

FEES

Student Invoices for 2013 are in the process of being finalised and will be mailed to parents shortly. Payments can be made by cheque, cash or EFTPOS at the school's front office. For your convenience we are also able to take credit card payments over the phone. The hours for receipting are 8.00am to 2.00pm. Should you be unable to pay the entire amount upfront, these fees can be paid weekly, monthly or quarterly.

IMMUNISATIONS

Immunisations are scheduled for Monday 25th February 2013. Parent Information Kits have been distributed to students. Please return these to the front office as soon as possible. Detailed information is provided further in this bulletin. Please contact Mr Moore for any other queries.

MEDICAL ISSUES

Any student who is sick at school should report to the Print Room or Front Office. Please encourage your child not to contact you directly and to follow school procedures regarding this.

SCHOOL PHOTOS

THS school photos are booked in for Wednesday 6th March 2013. Please ensure that your child comes to school in **full school uniform** on the day. Envelopes will be handed out to students prior to this date, and **need to be brought to school on Photo Day with the exact money enclosed**. Please contact Mr Moore should you require any further information.

UNIFORM SHOP – OPENING HOURS

Monday	8.00am to 8.15am	1.00pm to 1.20pm
Wednesday	8.00am to 8.15am	1.00pm to 1.20pm

Please phone the front office on Ph 49591788 to make an appointment for any other times.

Thank You.

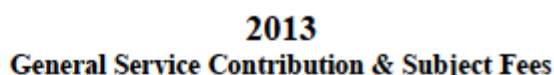


2013 General Service Contribution & Subject Fees

General Service Contribution: Covers items such as duplicating paper, printing of school reports and the purchase of additional materials.

Subject Contribution: Fees for subjects where students are supplied with materials that are consumed or items made that can be taken home.

GENERAL SCHOOL CONTRIBUTION YEARS 7 TO 10 \$75 per STUDENT			
Family Discount: 1 st Child – full fee; other child/children in same family will receive a 20% discount on the General Contribution			
YEAR 7 / 2013		YEAR 8 / 2013	
General Service Contribution	\$75	General Service Contribution	\$75
French Book	\$28	PD/H/PE (Work Books)	\$10
Music	\$25	Visual Art (Blue Book)	\$50
PD/H/PE (Work Books)	\$12	Technology	\$70
Sport – Term 1	\$50	TEP – CAPA	\$20
Technology	\$70	TEP – Challenge	\$30
TEP – CAPA	\$20	TEP – Environmental Science	\$30
TEP – Challenge	\$30	TEP – Sport	\$20
TEP – Environmental Science	\$30	TEP – Computer Technology	\$20
TEP – Sport	\$20		
TEP – Computer Technology	\$20		
Y7 Camp	\$100		
YEAR 9 / 2013		YEAR 10 / 2013	
General Service Contribution	\$75	General Service Contribution	\$75
Child Studies	\$15	Child Studies	\$30
Dance	\$5	Dance	\$5
Drama	\$15	Drama	\$15
Food Technology	\$75	Food Technology	\$75
Food Technology-Hospitality	\$75	Industrial Technology – Engineering	\$60
Industrial Tech – Engineering	\$60	Music	\$30
Industrial Tech – Metals	\$70	PD/H/PE Workbook	\$10
Industrial Tech. – Timber	\$70	Photographic & Digital Media	\$65
Music	\$30	Physical Activity & Sports Studies	\$20
PD/H/PE (Work Books)	\$10	VET – Hospitality (Kitchen Operations)	\$75
Photographic & Digital Media	\$65	VET – Hospitality Tool Kit Hire	\$20
Physical Activity & Sports Studies	\$20	VET – Hospitality Text Book	\$40
Visual Arts (Green Book)	\$50	VET – Manufacturing Pathways-Timber	\$60
		VET – Manufacturing Pathways-Metal	\$60
		Visual Art (Yellow Book)	\$60



Subject Contribution: Fees for subjects where students are supplied with materials that are consumed or items made that can be taken home.

Family Discount: 1st Child – full fee; other child/children in same family will receive a 20% discount on the General Service Contribution

VET Hosp.Text Book/CD (if not purch in Year 10)	\$40
---	------

TORONTO HIGH SCHOOL **ATTENDANCE**

In NSW parents are legally responsible for ensuring their children attend school regularly. This means all children of compulsory school-age are legally required to attend school. Compulsory school-age means between the ages of six and the minimum school leaving age. The minimum school leaving age requires all children complete Year 10 of secondary education and then participate in education, training or full-time employment until the age of seventeen.

Attendance is recorded daily and a 'roll call' is conducted at 8.15am every morning. Rolls are legal documents and may be requested by courts to verify attendance of any student. At Toronto High School, students are required to be at school before 8.15am for roll call at 8.15am – this includes students in Years 11 and 12. Class rolls are marked every lesson and discrepancies will be reported to a Deputy at the beginning of each lesson.

EXPLAINING ABSENCES

Any absence, whether partial or whole day will be reported as 'unexplained' until an explanation is received. The explanation may be a letter to the roll call teacher, a FAX or phone call (as long as the reason and source of the information is documented, signed and dated by the person accepting the explanation).

- The *Education Reform Act 1990* requires parents/caregivers to inform the school of the reason for any absence within 7 days. If this does not occur then the absence will be permanently recorded as 'unexplained'. The *Education Reform Act 1990* also instructs the school to assess the validity of the absence. Parents cannot give permission for their children to miss school unless there is sufficient justification. The School is expected to make a judgement on whether the reason is valid and this can only be done if the reason is supplied.
- A reminder will be given to students by the roll call teacher the day they return to school, if they do not have an explanation note. No reminder will be issued for unexplained absences after 7 days.
- A letter will be sent home after 2 days unexplained absence. If a note has been given to the roll call teacher prior to the reminder letter reaching home, please disregard the letter.
- If parents are aware that their child is going to be absent from school, please contact the school prior to the absence. Leave in excess of 12 days must have the approval of the Principal. Work may be organised through the Year Adviser. The Principal has the authority to issue an exemption from attendance, if the reason provided is considered to be valid.

LATE TO SCHOOL

- Students who arrive after 8.15am should report to the office. They will be recorded as a 'partial absence'. Late students will be given a green slip – one part is given to their classroom teacher and the other is to be taken home to be signed and completed by a parent/caregiver unless a note is produced at the time of arrival.
- Unexplained repeated lateness may result in disciplinary action.
- All Years must attend roll call each day. There are no late starts for Years 11 & 12.

ATTENDANCE AT SPORT

- Sport time should not be seen as a time for appointments. Tuesday is a regular school day. However, if an appointment is unavoidable at this time, an appointment card should accompany the note where possible. This will only be considered if the school has been notified the preceding Monday. All sport half day passes are processed through the Sports Organiser, Mrs Gromek, and/or the relevant Year Deputy.
- Requests to come home without a specific justifiable reason will not be granted. It should be clear that parents/caregivers do not have the right to exempt their child from sport. The Principal alone has that power to grant exemptions in special circumstances.

ATTENDANCE, SCHOOL REPORTS AND 'N' AWARDS

- The number of absences will be printed on a student 's School Report. No changes will be made to absences on Official Rolls or School Reports unless it is an administrative error on the School's part.
- Regular attendance at school is essential if students are to maximise their potential. No Years are to leave the school grounds during the day (this includes lunch and recess) and in particular if students are in Years 11 or 12 and do not have a timetabled lesson, they are to be in the library, working quietly. Attendance in Years 9, 10, 11 and 12 must be above 90% for students to meet Course outcomes. Below these levels may result in 'N'warning letters for the course. Unsatisfactory attendance, less that 90% for Years 7 & 8, may result in students repeating that Year.

ATTENDANCE WHILST RECEIVING CENTRELINK PAYMENTS

- Centrelink will regularly ask clients proof of enrolment and attendance – Toronto High School will issue letters in this instance to cover this request.
- Toronto High School must complete a term report on all students accessing Abstudy. If attendance falls below an acceptable level, **CENTRELINK** will discontinue Abstudy payments.

LEAVING SCHOOL EARLY

If students wish to leave early, they should:

- Apply for a half day pass before 8.15am, preferably the day before it is required. All applications, except Tuesday Sport are through the relevant Year Deputy.
- Half day passes will be picked up from the front office when required.
- Year 11 & 12 students:
- If timetabled off period 5, Year 12 students can leave at the conclusion of period 4 **but** Year 11 students can only leave the school at the conclusion of lunch. Both Years must sign out, unless there are no timetabled periods for the whole year. In the event of this, Year 12 may leave at the beginning of lunch but Year 11 must wait to the end of lunch.
- If Year 12 are timetabled off period 4 as well as period 5, they may leave at the end of period 3. This is only for Year 12, Year 11 must remain at school until the conclusion of lunch.
- Tuesday's periods 4 & 5, if Year 11 are not timetabled on class, they are allowed to leave at the conclusion of lunch, and do not need to sign out.

ABSENCE NOTES

These must clearly state:

Full Name: _____ Roll Class: _____	
Date(s) of absence: _____	
Dear _____,	
Reason for absence	
Signed: _____	
Date: _____	

A page of blank 'absence note' proformas follows on the next page, for your use.

Full Name: _____ Roll Class: _____

Date(s) of absence: _____

Dear _____,

Reason for Absence

Signed: _____

Date: _____

Full Name: _____ Roll Class: _____

Date(s) of absence: _____

Dear _____,

Reason for Absence

Signed: _____

Date: _____

Full Name: _____ Roll Class: _____

Date(s) of absence: _____

Dear _____,

Reason for Absence

Signed: _____

Date: _____

NSW SCHOOL-BASED VACCINATION PROGRAM 2013

Each year NSW Health offers the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school-based vaccination program.

In 2013 the following vaccines will be offered:

- Hepatitis B vaccine for all Year 7 students who have never received a course of hepatitis B vaccine when they were a baby
- Varicella (chicken pox) vaccine for all Year 7 students who have not previously received varicella vaccine or had chickenpox disease.
- Human Papillomavirus (HPV) vaccine will be offered to Year 7 male and female students, and to Year 9 male students, as a 3-dose course over a six-month period (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school into Year 8).

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to read all the information provided, complete the Consent Form and return it to their child's school. Please ensure that your child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child's name) on the Consent Form, as this is required to record the student's information on the National HPV Vaccination Register and, for female students only, link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

IMPORTANT POINTS

- ensure your child has eaten breakfast the morning of the clinic
- ensure your child is wearing clothing that enables the upper arm to be exposed
- **COMPLETE CONSENT FORMS IN BLUE OR BLACK PEN ONLY**

STOP PRESS !!!!

2013 NSW School-Based Vaccination Program (missing information)

The NSW Ministry of Health has been informed that a small number of Parent Information Kits which contain forms for parents to read and sign for school vaccination may be **missing important information**.

Please check that all information is included in the Parent Information Kits:

- parents of **Year 7 female students** should receive a pink **Year 7 Girls** envelope that includes a checklist, privacy statement and 4 *Consent Forms* and *Information for you and your child* sheets for:

- 1) Human Papillomavirus (HPV) (pink)
- 2) Diphtheria-Tetanus-Pertussis (dTpa) (blue)
- 3) Hepatitis B envelope (green)
- 4) Varicella (chicken pox) (yellow)

- parents of **Year 7 male students** should receive **two** envelopes:

- a blue **Year 7 Boys** envelope that includes a checklist, privacy statement and 3 *Consent Forms* and *Information for you and your child* sheets for:

- 1) Diphtheria-Tetanus-Pertussis (dTpa) (blue)
- 2) Hepatitis B envelope (green)
- 3) Varicella (chicken pox) (yellow)

- an olive green **Boys Human Papillomavirus (HPV)** envelope that includes a *Consent Form* and *Information for you and your child* sheet

- parents of **Year 9 male students** should receive an olive green **Boys Human Papillomavirus (HPV)** envelope that includes a *Consent Form* and *Information for you and your child* sheet.

If all the information is included and you would like your child to be vaccinated, please read the *Information for you and your child* sheet, sign the *Consent Form* and return the signed *Consent Form* to your child's school. If you do NOT wish your child to be vaccinated, do NOT complete or return the *Consent Form*.

If any information is missing from your Parent Information Kit, please contact your child's school immediately and a replacement Kit will be provided.



TORONTO HIGH SCHOOL

Field Avenue TORONTO NSW 2283
Postal Address: PO Box 180 TORONTO NSW 2283

Telephone: 02 4959 1788
Facsimile: 02 4950 4459

You are invited

To our Parent Evening

Making the most
of high school

**An evening of information for parents of students
in Year 7**

Parents are invited to Toronto High School. Seminars will be looking at different ways in which you as a parent can help your student through the vital high school years. The school is committed to ensuring the best start for all **Year 7** students and parents.

The sessions presented are from 6.30-8.30pm
(There will be a light snack served during the evening)

Date: Wednesday 27th February

Where: Meet in School Library

Sessions will include strategies for supporting teenagers, where to get help, how to help them organise their schedules, and much more. Each workshop session will be with an experienced teacher. The topics for the evening are

- Coping with relevant teenage issues.
- Living with a teenager in 2013.
- Working with the school to support your child.
- 'My School' website, NAPLAN and Toronto High School.

Please indicate if you will be attending and return the form below to the **front office** as soon as possible. For organisational purposes we are providing 80 places on the night. The first 80 in with replies will be guaranteed a place.

I will be attending the Parent Awareness Seminar for **Year 7 parents** on **Wednesday 27th February 2013**.

Names of parents attending _____

Signed _____



TORONTO HIGH SCHOOL

Field Avenue TORONTO NSW 2283
Postal Address: PO Box 180 TORONTO NSW 2283

Telephone: 02 4959 1788
Facsimile: 02 4950 4459

Dear Parents and Caregivers,

Our school recognises that the HSC provides very real challenges for students, their families and the teachers. We are keen to see that all of our students make wise and informed choices, and reach their full potential.

Press reporting around the HSC consistently emphasises success at the top end of the candidature. We at Toronto High celebrate our share of these high-end results, but we also know that any school's best results are achieved when *every* candidate across the year achieves a personal best. A balanced network of school, family and student provides the ideal structure for this to occur.

We are inviting parents and senior students to the school for a series of short workshops and a light dinner. We see it as important that we help parents to find their way through all of the information around the HSC, direct them to valuable internet sites, and discuss with them effective ways in which school and home can work together to support and guide students.

The date for these workshops is **Wednesday 27th February**. Supper will be provided for all interested parents. The sessions will be from 6.30-8.30pm. During the evening there will be three 40 minute sessions, with supper. Each parent will visit each of the sessions. This year there are different sessions for the **Year 11 and the Year 12** parents.

Experienced teachers will present each section. Please complete the form below and return to the front office as soon as possible.

Mrs. E. Allanson
Head Teacher CAPA

Mr. M. McConville
Principal

TO BE RETURNED TO THE FRONT OFFICE

I will be attending the **Parent Awareness Seminar for Year 11 and 12 parents** on **Wednesday 27th February**.

Parent Name _____

Student Name _____

Signed _____

Roll Class of Student _____

Science News

Science is off to a busy year! Our Faculty has farewelled longstanding staff members, Saidee Wyborn and Elizabeth Lewin who both have retired and we wish them well.

Our Faculty members are now; Mrs Kusan, Mr Golvers, Mrs Darby, Mr Ditz, Mrs Clewett, Ms Ready and Mrs Gogary. Relieving Head Teacher is Ms Wilson.

Subjects covered this Semester will be -

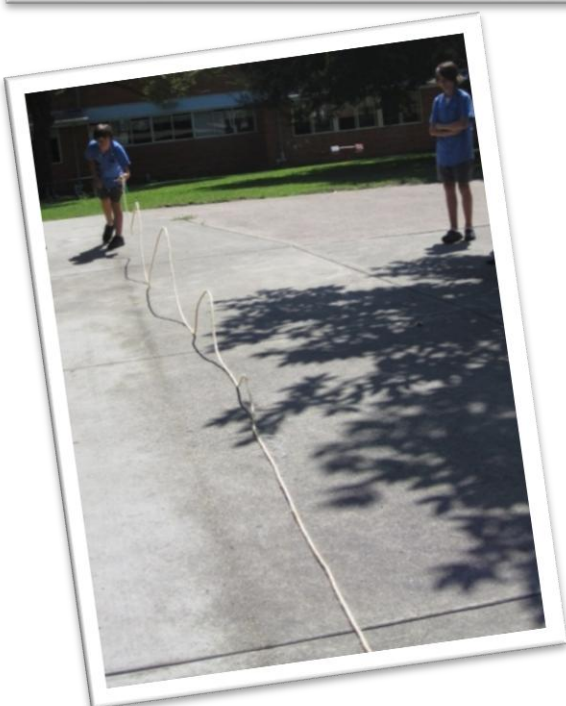
Year 7 - Being a Chemist and Being a Biologist

Year 8 - Being a Research Scientist, Being a Geologist, Being a Particle Physicists

Year 9 - Physical World, Living World and Chemical World

Year 10 - Living World, The Physical World

Already as you can see from the photos students are engaging in these topics.



Science Assessments

Please see the Assessment Schedule below for how we're assessing your child. Should a student miss a task they have ONE CYCLE to complete the task – if the task is NOT completed the student will receive a zero or an estimate based upon their appeal form.

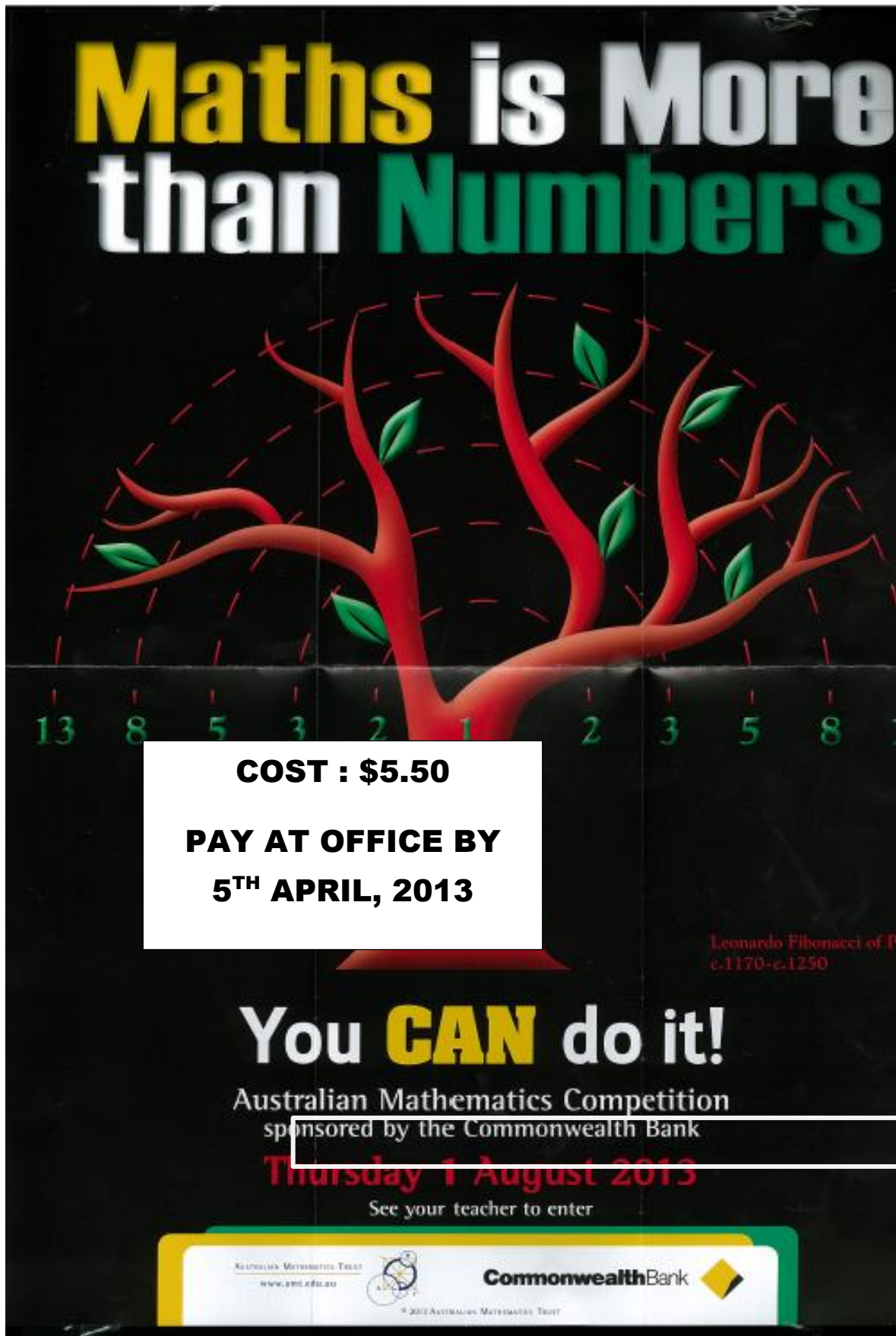
2013 Assessment Schedule - Science Faculty				
YEAR	Semester 1 (100%)			
	Task 1	Task 2	Task 3	Task 4 Semester 1 Exams
7	Bunsen Burner Licence	Being a Chemist Topic Test (Lit/Num focus)	Separation Practical	*Being a Chemist *Being a Biologist - Cells
Weighting	10%	30%	20%	40%
Task Date	Term 1 Weeks 4/5	Term 1 Weeks 6/7	Term 1 Weeks 9/10/11	Term 2 Week 4/5
Teacher Responsible	Kim Gogarty	Jasna Kusan	Melissa Ready	Kim Gogarty

2013 Assessment Schedule - Science Faculty				
YEAR	Semester 1 (100%)			
	Task 1	Task 2	Task 3	Task 4 Semester 1 Exams
8	Basic Experimental Design	Group Research Project	Identifying Rocks	* Being a Researcher * Being a Geologist * Being a Particle Physicists - Atoms
Weighting	10%	30%	20%	40%
Task Date	Term 1 Weeks 3/4	Term 1 Weeks 7/8	Term 1 Weeks 9/10/11	Term 2 Week 4/5
Teacher Responsible	Kim Gogarty	Emily Clewett	Melissa Ready	Andrew Golvers

2013 Assessment Schedule - Science Faculty				
YEAR	Semester 1 (100%)			
	Task 1	Task 2	Task 3	Task 4 Semester 1 Exams
9	Angle of Reflection	Physical World Topic Test	Sense & Control Practical	*Physical World *Living World *Chemical World - Periodic Table
Weighting	10%	30%	20%	40%
Task Date	Term 1 Weeks 4/5	Term 1 Weeks 7/8	Term 1 Weeks 9/10/11	Term 2 Week 4/5
Teacher Responsible	Paul Ditz	Leanne Darby	Andrew Golvers	Jasna Kusan

2013 Assessment Schedule - Science Faculty				
YEAR	Semester 1 (100%)			
	Task 1	Task 2	Task 3	Task 4 Semester 1 Exams
10	Using a Microscope	Individual Research Project	Chemical Reaction Practical	*Living World *Chemical Reactions *Physical World - Electricity
Weighting	10%	30%	20%	40%
Task Date	Term 1 Weeks 4/5	Term 1 Weeks 7/8	Term 1 Weeks 9/10/11	Term 2 Weeks 4/5
Teacher Responsible	Jasna Kusan	Emily Clewett	Paul Ditz	Paul Ditz

AUSTRALIAN MATHS - COMPETITION 2013



Maths is More than Numbers

COST : \$5.50

PAY AT OFFICE BY
5TH APRIL, 2013

Leonardo Fibonacci of P
c.1170-c.1250

You CAN do it!

Australian Mathematics Competition
sponsored by the Commonwealth Bank

Thursday 1 August 2013

See your teacher to enter

Australian Mathematics Trust
www.amt.edu.au

Commonwealth Bank

© 2013 Australian Mathematics Trust

Hints on being a **SUCCESS** at Mathematics



Know your BASIC Mathematics well. Learning Maths is like building a house – the whole dwelling depends on good solid foundations



UNDERSTANDING Mathematics is best achieved when the student **LISTENS** carefully and **CONCENTRATES** well while the teacher is giving explanations



Be willing to **ATTEMPT to answer questions** – put pen to paper – have a go, even if you might make a mistake. You can often learn from your mistakes.



Avoid making the same mistakes over and over again. Find out how to answer the questions correctly by asking your teacher or by studying examples carefully – they are your guides



Get plenty of practice in doing problems the right way. **Mathematics is a practical subject** – you need to do it rather than just read it or think about it. There are **NO** shortcuts



Practice makes perfect. Practice at home is important as only limited time is available for practice in the classroom



In Mathematics, particularly, **missed work does count.** Often the work we are doing today depends on the work we have been doing or did earlier. You cannot afford to have gaps in your knowledge. A racing car does not get very far with one wheel missing. Catch-up whenever you miss work



Mathematics is a **precise subject with a language of its own.** There is need for great care and attention to detail when writing in this language

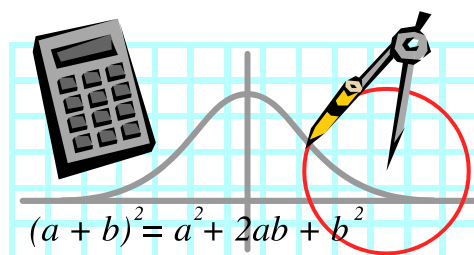


Mathematics is **not remembered** by just learning a series of formulae. The best preparation for tests and examinations is:

- **Regular revision** – doing problems from previously attempted work
- **A well organised book** – this includes being neat, well set out, important notes clearly marked and problems done thoroughly



Confidence and success come only from hard work. You fool no one but yourself by copying answers directly from back of book or from others who have done the work.



Parents frequently seek suggestions as to how they can help their child improve in Mathematics.

Here are some suggestions:

- Show an interest in the work they do
- Encourage their efforts
- Avoid giving your child any bad experiences from your schooling – eg I couldn't do algebra
- Hear your child recite basic multiplication tables. Extend this to basic additions like $1+9$, $2+8$.. giving a total of 10
- Inspect your child's workbook occasionally – Your casual inspection helps to reinforce the teachers action in trying to maintain neat and logical setting out
- Check that homework is being done. Look in their book ... incomplete exercises are usually to be completed for homework. We like homework to be attempted even if they are wrong. As a parent you can help by checking that it is being done and answers are not copied from the back of the text
- When homework is not set students can try some of the exercises done in class or others from the text
- Tutors can be helpful but they do not replace a week of maths lessons. If you have a tutor check with the teacher that your child is still doing the classwork. Ensure that the tutor assist and does not do set homework and assignments
- Use ALL tests wisely, the mark is not the only thing to look at, look at the work your child knows and praise it, assist them to correct their mistakes then the mark may be better in the future



Teaching & Learning News

Term 1 is already looking to be a very busy one.

Trial Naplan

Students in Year 7 and Year 9 will participate in a Trial NAPLAN examination during Week 5 – 25th to 28th February.

This trial will run exactly as the NAPLAN exams will in Week 3 of Term 2, giving students an opportunity to develop their understanding of formal test conditions. These exams will also allow staff to analyse the results and develop teaching and learning programs aimed at improving student ability. Please ensure that your child is at school across the period of the Trial NAPLAN exams and that they come to school with the appropriate equipment including a calculator for the Numeracy component. A letter will be going home to parents with the details. Any concerns, please contact me at the school 49591788.

Literacy/Numeracy

All students should be working on developing their skills in composing persuasive texts. Opportunities to do so will be made available across all subject areas. A common scaffold for writing paragraphs has also been introduced at Toronto called the TXXXC model. Your child should be using this model as often as possible to develop their writing.

Students in Year 8 will be undertaking intensive literacy/ numeracy lessons within their Humanities course. They have been allocated one hour per fortnight for this lesson. This term, students will be focused on sentence construction, using TXXXC to write paragraphs, spelling and grammar, and thinking about numeracy problems.

All My Own Work

Year 11 students recently completed a compulsory program called All My Own Work. This program teaches students about the principles of recognising the work of others in research. Any student who has not completed this course of work cannot be entered for their preliminary courses at the Board of Studies. It is essential that they make a time with me to complete this work.

VET

Students have access to a wide variety of VET courses at THS. This year the school has the following courses: Construction, Retail Services, Hospitality, Furnishings, Metal & Engineering, Business Services, Manufacturing pathways and Sports Coaching. Each VET course has a fee component. Please ensure that these fees are paid this term so that practical work can be undertaken.

Most VET courses require students to complete 70 hours of compulsory work placement. Prior to starting this, students need to demonstrate their readiness for work by completing a “Work Readiness” program. This was undertaken last year though there are some students who were absent at that time and will consequently, need to complete this asap. Work readiness is also determined by the commitment students make to completing class work.

UNSW Competitions

This year, all students at THS will have the opportunity to participate in academic competitions across 2013. Below is a table outlining the subjects examined, the fees and the dates of the testing. If you would like your child to participate and they have not received a note, they may see in my office in the library to collect one. All payment is due to the office no later than the **8th APRIL**.

ICAS Subject	Year levels	ICAS exam date	Price
Computer Skills	7 - 10	Tuesday 21st May 2013	\$8.80
Science	7 - 12	Wednesday 5th June 2013	\$8.80
Writing	7 - 12	Friday 21 st June 2013	\$18.70
English	7 - 12	Wednesday 31 st July 2013	\$8.80
Mathematics	7 - 12	Tuesday 13 th August 2013	\$8.80
TOTAL cost for participation in ALL exams			\$53.90 (Yr7 – 10) \$45.10 (Yr11/ 12)

The Hive

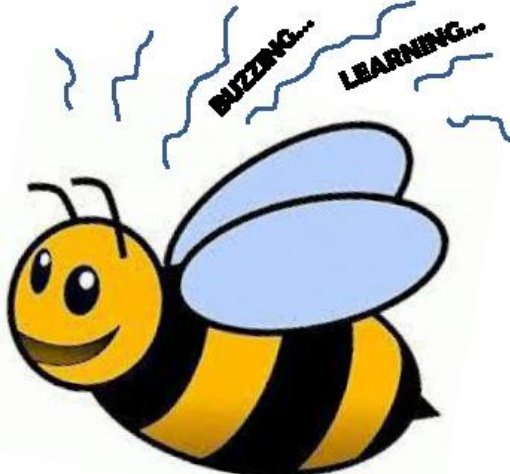
The Homework Centre has been remodelled to provide an opportunity for students to access a wide variety of academic and social learning support. In addition to being able to utilise the computers and reference material, students will also now be able to watch educational DVDs which are in line with course work; seek additional literacy support; gain extra advice and assistance from teachers and spend time with our Student Support Officer, Maddy. A schedule of events is attached and will be renewed every term.

The Hive is a centre focused on learning. It isn't an after school care facility nor a place for students to gather and socialise. To encourage positive participation in The Hive, students involved in learning will be entered into a term draw to win a prize.

The Hive is open every Monday 2:25 – 3:25 from week 4. As The Hive closes after regular school hours, alternative transport arrangements will need to be made for students who normally catch a bus home. Afternoon tea will be provided. Please encourage your child to attend.

For information on any of these areas, please do not hesitate to contact me on 49591788.

Mrs Melynda Smith-Kain
HT Teaching & Learning



THE HIVE

Join the 'Literacy Corner', watch an educational DVD, use the computers and reference books, spend 'Time with Maddy' or get help from the volunteer teachers.

The Hive will be buzzing every Monday in the Library
2:25 – 3:25pm.

Afternoon refreshment will be available.

The Hive: Schedule Term1, 2013

EVERY Monday	Other Activities	Week 4 18/2/13	Week 5 25/2/13	Week 6 4/3/13	Week 7 11/3/13	Week 8 18/3/13	Week 9 25/3/13	Week 10 PUBLIC HOLIDAY	Week 11 8/4/13
'Literacy Club' with Mrs Hinten and Ms Turner	DVDs	"Secrets of Lost Worlds" (History/ Humanities)	"First Australians: They have Come Here to Stay" (English, Aboriginal Studies, History)	1. "Cartoon Drawing" (CAPA) 2. "Horrible Histories: the Romans" (History/ Humanities)	"Life in the Trees" (Humanities Geography/ Science)	"Engineering Connections: Bullet Trains" (LOTE, TAS)	"INSIGHT - A Roof Over their Heads: Insight into the Mentally Ill" (English/ PE)		"How Stuff Works – Timber" (TAS, Science)
	Volunteer Teachers	Mr Ditz (Science) Mr Slevin (HSIE) Ms Gogarty (Science) Mrs Jenkins (Maths)	Mr Ditz (Science) Mrs Philipson (HSIE) Ms Reddy (Science) Mr McDonald (Maths)	Mr Ditz (Science) Mr Finch (HSIE/Eng) Mr Power (English) Ms Kusan (Science) Ms Crawford (Maths)	Mr Ditz (Science) Mrs Wilkinson (Eng) Mrs Lavis (Maths)	Mr Ditz (Science) Ms Gogarty (Science) Mrs Willott (PE) Mr Moore (PE)	Mr Ditz (Science) Ms Reddy (Science) Mrs Gibson (CAPA) Ms Goman (HSIE) Ms Dotta (Maths)		Mr Ditz (Science) Mr Marshall (PE) Mr Battle (CAPA) Mrs Figures (Lib/Math)

The purpose of "The Hive" is to provide an additional opportunity for all students to enhance their academic and social learning at Toronto High School. It isn't designed as after school care or as a venue for students to socialise with friends.

All students who attend "The Hive" and who participate in learning activities will be placed in a draw for a term prize. This will be announced at the end of each term.

"The Hive" operates outside of regular school hours so alternative arrangements will need to be made by parents if students normally catch a bus home.

*Students will need to be collected by **3:30pm**.*

*Please ask **Mrs Smith-Kain** for any additional information.*

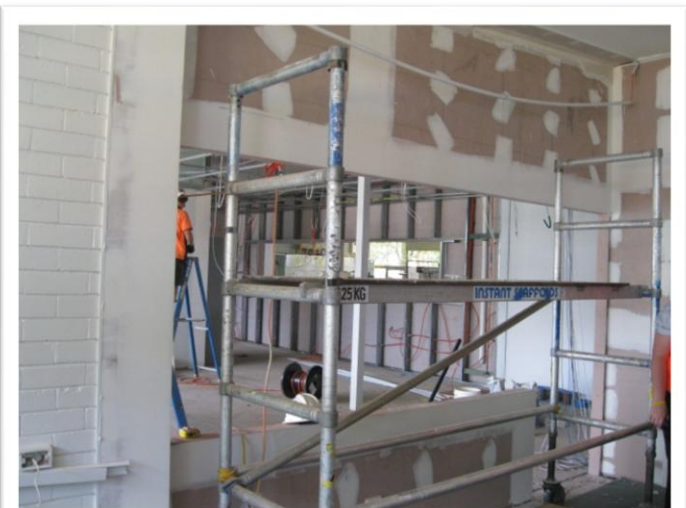
TAS Faculty News

TAS Course Fees

TAS course fees need to be paid as soon as possible. Non payment of fees impacts greatly on the delivery of our practical components of our subjects. A course fee provides us with money to buy the consumables that are required for our practical based subjects. The consumable materials include timber, numerous food products for cooking classes, metal, nails, screws, glues, textile materials, just to name a few.

Toronto High School Trade Training Centre

Construction of the Toronto High School Trade Training Centre for Metals and Engineering continued over the school holiday period. During construction the TAS faculty is down two workshops and a seminar room. This week Milestone 1 was achieved with the handing back of a timber workshop to the school. A new wall was constructed between the timber workshop and the trade training centre.



Kate Broekman

The Scout Association of Sri Lanka and Scouting Australia recently made available scholarships to attend the RISGO Centennial Jamboree in Kandy, Sri Lanka with it's theme this year 'Toward Global Leadership'.

Kate Broekman of Year 11 has been successful in being selected to attend the Jamboree for an amazing opportunity. She is one of only three youth members from Australia going to attend.



Congratulations Kate! We look forward to reading about your adventures on your return.

Anti-Racism and Anti-Discrimination

Contact Officers

Toronto High School is fortunate to have Mrs Kath Fotheringham and Mrs Sue Hodges as the school's Anti-Racism and Anti-Discrimination Contact Officers.

If at any time you find that you have a concern about anything to do with racism or discrimination at the school, you are encouraged to contact Mrs Fotheringham and/or Mrs Hodges so that your concern can be resolved.



"It is our aim to work with all of our school community to ensure that we do the very best we can to ensure a productive, safe and enjoyable experience for our students."

Toronto High School and the NSW Department of Education and Training have procedures for ensuring that complaints are handled fairly.

Further information is also available on our website and in the Department's Complaints Handling Guidelines which includes a guide to Lodging a Complaint. These documents can be accessed on the Department's internet website at

<https://www.det.nsw.edu.au/.....>

The Welfare Team

Hello and welcome back to the start of another exciting school year!

Here at Toronto High we are extremely lucky to have a fabulous welfare team who support our students in many different capacities and are more than happy to communicate with parents. As we have such a big welfare team, here is some information on our key staff members focused on counselling and student well-being .



Jo Wickham & Belinda Robinson – School Counsellors

School Counsellors provide valuable support for students and are an integral part of the welfare team , they work closely with students, parents and teachers. School Counsellors primarily provide counselling and psychological assessment of students.

Jo is a registered Psychologist who has been at THS for almost 5 years and has developed a great rapport with many of our students. Jo has over 30 years' experience in the education system and has raised three boys of her own. She provides fantastic advice and support for parents!

Jo is available Mondays, Wednesdays and Thursdays.

Belinda is a School Counsellor in training and this year will be her second at THS after 9 years of teaching in primary schools. Belinda has two young children and is also a previous graduate of THS! Belinda has experience working with students with Special Education needs and provides very caring and consistent support for our students.

Belinda is available Fridays.

Madelyn Smith – Student Support Officer

Student Support Officers are a relatively new position in the DEC, focused on strengthening the school's student welfare provisions by supporting the Principal, School Counsellors and Welfare Team as well as designing and implementing Student Wellbeing Programs.

Maddy has a degree in Social Science and Psychology and 2013 will be her second year at THS. Maddy has a very generous and caring nature, wisdom beyond her years and the advantage of youth when it comes to relating to the students.

Maddy is available every day.

Margaret Wood – School Chaplain

The Chaplaincy program assists school communities to support the spiritual, social and emotional well-being of their students, staff and parents. This can include support and guidance about ethics, values, relationships and spirituality, the provision of pastoral care and enhancing engagement with the broader community.

Margaret is registered with Chaplaincy Australia and came to THS Term 4 2012. Margaret has many years' experience working in schools in various capacities and has four children of her own so possesses a wealth of knowledge and experience regarding teenagers!

Margaret is available Thursdays and Fridays.

At a high school level it is possible for students to access counselling and welfare services at school at all times, with or without parental permission. However, we endeavour to communicate with parents as much as possible and of course comply with all mandatory reporting requirements. Should you have any concerns regarding your child, please feel free to contact us, we are only a phone call away and will often be more readily available as we are non- teaching staff!





Joanna Moorhead loves having four daughters, although bringing them up hasn't been without challenges. She talks to psychologist Steve Biddulph about how best to raise girls – especially through the sometimes daunting adolescent years

When our fourth daughter was born, I could not have been more thrilled: when people asked whether we weren't even a teensy bit disappointed she wasn't a boy, I honestly wondered if they were a few sandwiches short of a picnic. By this stage, our older girls were 10, eight and three, and I was certain that life held no bigger prize than the joy of raising daughters. Bringing up sons may be just as good, for all I know – but the one thing of which I am sure is that raising girls makes for a wonderful, passion-fuelled, exciting, interesting and fun-filled lifetime.

The decade since Catriona's birth has done nothing to dispel my thrill at being the mother of four girls, but it has certainly brought more than a few frightening moments for Gary and me. I don't want to invade the privacy of my elder daughters, who are now 20 and 18, by spelling out the gory details, but think alcohol, ambulances, hospitals, police officers and wild parties and you're in the right area – and that's only the stuff we know about. I grew up with a sister and we were no angels, but my parents didn't have to deal with most of the situations Gary and I have had to deal with. Girlhood has changed over the last few years: it seems much edgier, more fragile, more frenzied and scarier than it was in my day.

The psychologist and author [Steve Biddulph](#) agrees. In 1997, he wrote a bestseller called [Raising Boys](#): back then, he says, the story was that while there were some worrying trends around boys (too much ADHD; exam underperformance; worries about excessive drinking), everything for girls was going rather well. Since then, things have about-faced radically. "There's now a cluster of really serious problems that are hugely on the up for girls," he says. "One in five will experience a serious psychological disorder before reaching adulthood. They are a lot more anxious, they are more likely to self-harm, they are more prone to bullying, they are binge drinking and they are more likely to be at risk of promiscuous sexual behaviour. Girls are more stressed and depressed than they've ever been before."

So what's changed? Biddulph points to the big bad world of marketing and advertising, whose brightest brains worked out a few years ago that the preteen and teenage girl market was underexploited. "They're perfect prey for the advertisers: young girls are socially very aware, very finely tuned to the cues in the world around them, and it's been easy for advertisers and marketing people to make them feel anxious or unsure about themselves, and to push items they can quickly be persuaded they 'need'." In no time at all, says Biddulph, preteen and teenage girls were realising they desperately needed to be "cool", to have a certain look, to be a certain size, to wear their hair or their clothes a certain way. Instead of thinking, at the age of 10 or 11, "What shall I do today?" they started thinking, "How shall I look today?"

Biddulph is right, and the commercial grip on the preteen and teenage girl market is well documented. As he says, we need to campaign against the way advertisers have been able to see our children as easy pickings, but we also need to believe that we, their parents, can still cut through the advertisers' seductive smooth-talk, that we can still – in essence – *reach* our daughters amid the frenzy of social media and texting and TV that surrounds them. My girls inhabit bedrooms strewn with copies of Heat magazine, where their laptops and mobile phones are always within reach, where Celebrity Big Brother always seems to be blaring out of some screen or other: what hope, you wonder, has a parent against the media onslaught that has penetrated right to the heart of the home?

Biddulph suggests that no teenage girl should have a TV in her bedroom, and that all mobile phones should be charged in the kitchen overnight, so they are out of reach and no late-night texting or tweeting can go on.

Biddulph agrees that, even when we think our messages aren't getting through to our daughters, they almost certainly are. "Even when they are around 14, when they are desperately trying to be not like you at all, everything you say is lodging in there somewhere," he says. In his view, mothers like me have three main ways of influencing our daughters. "The first way, and this accounts for about half of the influence you will have on them, is in your role-modelling," he says. "Think about not just what you do, but how you do it.

"Think about how to be kind, how to be patient towards others – your daughters are watching the way you deal with that other driver who just cut you up; how you respond to the assistant who serves you slowly in the shop. If you are unkind, or sharp, they'll learn that's how you deal with other people, and they'll go on to deal with other people in a similar way."

The second way we influence our daughters, he says, is in explaining why we do certain things. "Explain your values to your kids: that it's good to take care of yourself, that you also need to care for others, that it helps if people keep to their agreements, that most situations can be solved with some compromise, that everyone's voice counts, that honesty is better in the long run. You might see your daughters rolling their eyes, but a day or two later they'll be adopting your philosophy – often with friends when you're not even around."

The third means of influence, says Biddulph, is in the other women to whom we expose our daughters. "You might need to do a bit of social engineering because you may feel there are role models she needs and you may need to seek them out," he says.

But it's not only mothers who matter to girls. "Eighty per cent of daughters are going to be heterosexual, so they will be interested in the opposite sex, and their confidence right through their life will draw on their first main relationship with a man – their dad. If he is kind, respectful and, most of all, interested in her, she will have been given a benchmark. It makes a girl know she's interesting and worthwhile, and it means that if some boy comes along who treats her badly, then she'll have the confidence to get out of that relationship."

The truth about raising daughters is this: it takes plenty of good humour, a lot of time, a huge amount of love, and the odd occasion when you have to just cling on tight and hope the road isn't going to stay so bumpy for long. But when I think back to when our fourth daughter appeared, I can truly say it was the day that made me feel like the luckiest woman alive – and nothing that has happened since has ever dented that feeling for long.

• *Steve Biddulph's Raising Girls* is published by HarperCollins

MATHS COMPETITION 2013

Cost - \$5.50

Please pay at front office by Friday 5TH April 2013

Library Newsletter

Toronto High School

NEWS

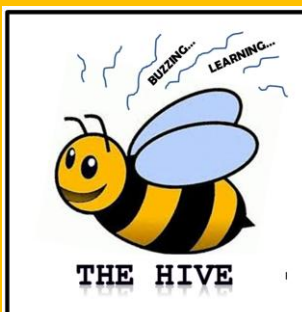
The Library would like to welcome the new students and parents to our school community.

We are proud to inform our 'Ship to Shore' readers that student use and book borrowing in the Library has continued to rapidly increase. This is due to initiatives such as the regular book borrowing visits from the Humanities classes, the schools Reading programs, The Hive, student and parent notifications in the form of the BOOKLOOK Newsletter, the NEW TITLES and NEW SERIES book stands and the LINKLOOK.

We will endeavour to keep the trend going in 2013!!!

Mrs Frost/Mrs Figures
Librarians

'The Hive'
Homework Centre
THS Library
Mondays 2.25-3.25pm
Mrs Smith - Kain



LinkLook

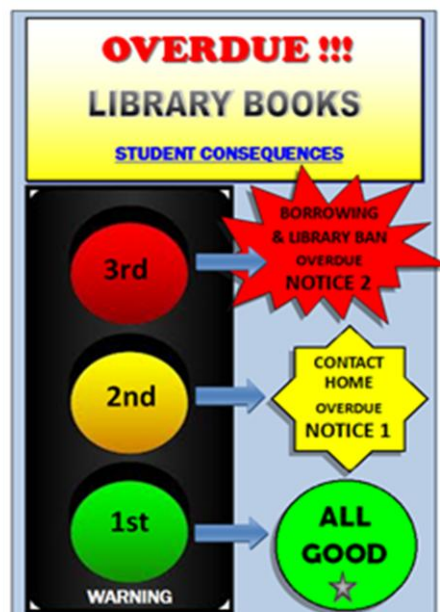
T.H.S.L Website suggestions

schoolatoz

Practical help for parents? – This website has links to a variety of student support

Need help with homework? Browse the maths and English A-Z lists, subject help sheets, assignment starters, student tips and more to help support your child's learning.

<http://www.schoolatoz.nsw.edu.au/home>



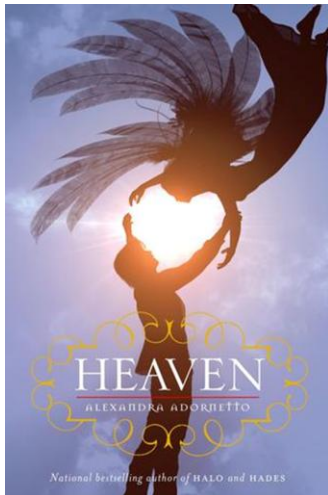
The Booklook Newsletter

Toronto High School Library

NEW FICTION TITLES

Heaven (Halo #3)

by Alexandra Adornetto

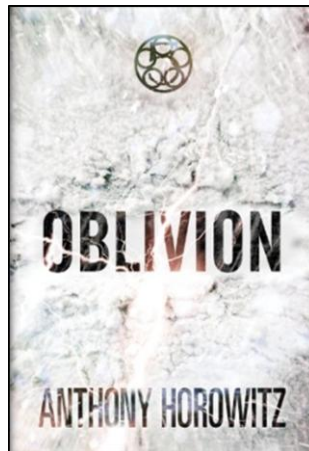


<http://www.goodreads.com/book/show/13056511-heaven>

Oblivion

(The Gatekeepers #5)

by Anthony Horowitz

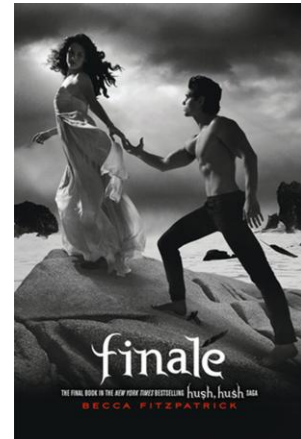


<http://www.goodreads.com/book/show/13343752-oblivion>

Finale

(Hush, Hush #4)

by Becca Fitzpatrick



<http://www.goodreads.com/book/show/12751687-finale>

Silence

(Hush, Hush #3)

by Becca Fitzpatrick

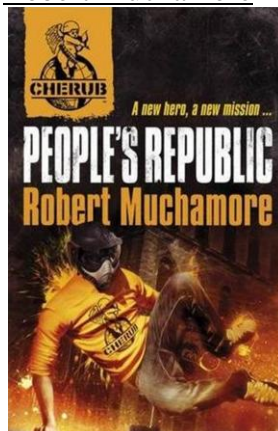


<http://www.goodreads.com/book/show/10637766-silence>

People's Republic

(Aramov #1)

by Robert Muchamore



<http://www.goodreads.com/book/show/9222713-people-s-republic>

Echo

(The Soul Seekers #2)

by Alyson Noel



<http://www.goodreads.com/book/show/12439057-echo>

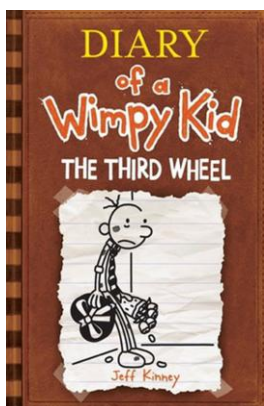
The Booklook Newsletter

Toronto High School Library

NEW FICTION TITLES

The Third Wheel

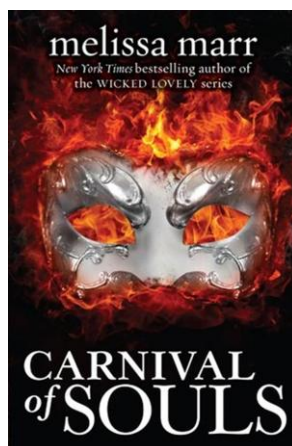
(Diary of a Wimpy Kid #7)
by Jeff Kinney



<http://www.goodreads.com/book/show/13563669-the-third-wheel>

Carnival of Souls

by Melissa Marr



<http://www.goodreads.com/book/show/11340586-carnival-of-souls>

The Recruit:

The Graphic Novel

by Robert Muchamore, John Aggs



<http://www.goodreads.com/book/show/12078722-the-recruit>

One Shot Kill

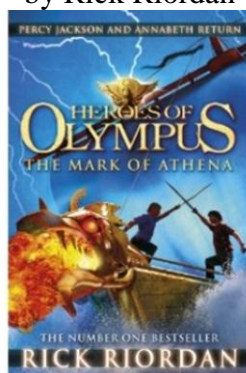
(Henderson's Boys #6)
by Robert Muchamore



<http://www.goodreads.com/book/show/13198744-one-shot-kill>

The Mark of Athena

(Heroes of Olympus #3)
by Rick Riordan

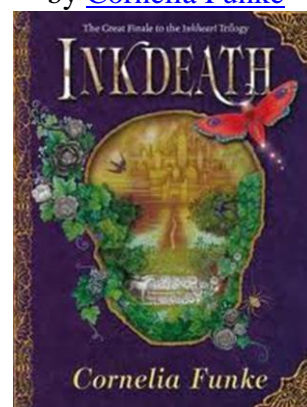


<http://www.goodreads.com/book/show/9222713-people-s-republic>

Inkdeath

(Inkworld #3)

by Cornelia Funke



<http://www.goodreads.com/book/show/2325825-Inkdeath>

DATES TO REMEMBER

<u>FEBRUARY</u>	
25th	Immunisations – Year 7 & 9
27 th	Year 7,11 & 12 Parent Awareness Evening 6-30pm
26/27/28	Years 7 & 9 Trial NAPLAN
<u>MARCH</u>	
4th	THS Athletics Carnival
5th	Hunter Region Swimming Carnival
6 th	(Year 7 2014) Parent Information Night
	School Photos
7 th	Year 12 Biology Excursion
11 th	Year 12 English Assessment Task
13 th	Formal Assembly
	Years 7, 11 & 12 Parent Teacher Night – 5pm to 7pm
15 th	School Photos Catch Up Day
18/28 th	Year 12 Half Yearly Exams
27/28 th	Years 7 & 10 Peer Support Leaders CAMP
27 th	Girls Footy Festival
29 th	GOOD FRIDAY
<u>APRIL</u>	
1 st	EASTER MONDAY
2 nd	Year 11 English Assessment Task
3 rd	Year 10 English Assessment Task
4/5/6th	NSW CHS Swimming Carnival
8 th	Year 9 English Assessment Task
	Year 12 English Assessment Task
9 th	THS Cross Country Carnival
	Year 11 Extension Maths Task
10 th	Year 11 Visual Arts Assessment
	Year 12 Visual Arts Assessment
	Year 12 Advanced English Assessment
11 th	Year 11 Maths Task
	CAIL Exams
12 th	TERM 1 ENDS
<u>TERM 2</u>	
APRIL 29TH & 30TH	Staff Development Day
MAY 1ST (Wed)	All Students return for beginning of Term 2

**Please check with relevant faculties for any further assessments task dates.*

Toronto High School

CANTEEN VOLUNTEERS

Canteen volunteers are always needed and valued in any school and Toronto High School is no exception.

We welcome you to join our happy group. By becoming a volunteer, you can be assured of a fun day whilst being busy preparing lunches for the students and staff. It is a chance for you to meet new friends and members of the staff, have a chat over coffee while you work, and discover that your teenager is no different to anyone else's.

YOUR HELP WOULD BE MUCH APPRECIATED.

If you can give one day a month, half a day or just a couple of hours it would be of tremendous assistance and very much appreciated.

IF YOU CAN HELP PLEASE FILL OUT THE FORM BELOW AND RETURN TO THE SCHOOL'S FRONT OFFICE.

Judy Bradley
Canteen Co-ordinator

Mark McConville
Principal

Toronto High School CANTEEN VOLUNTEERS

Name:

Address:

.....**Postcode.**.....

Phone: Home**Mobile**.....

DAY OF WEEK PREFERRED

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Do you give permission for your phone number to be placed on the roster?
(Please circle) Yes No



TORONTO HIGH SCHOOL

CHANGE of DETAILS

Privacy & Personal Information Protection Act 1998

The personal information provided on this form is being obtained for the purpose of processing the student's details. It will be used by the Department of Education and training for general student administration and communication and other matters relating to the education and welfare of the student. While the provision of this information is voluntary, if you do not provide all or any of this information it may delay or prevent the processing of this application for enrolment. This information will be stored securely. You may access or correct any personal information provided by contacting the school. Any changes must be in writing.

Please list the **NAMES AND YEARS** of any family members attending Toronto High School.

STUDENT NAME	YEAR

NEW DETAILS

Mailing Title: _____

Address: _____

Home Phone: _____

Mothers Work: _____ Fathers Work: _____

Mothers Mobile: _____ Fathers Mobile: _____

Email Address: _____

EMERGENCY CONTACTS

1) Name: _____ 2) Name: _____

Relationship: _____ Relationship: _____

Phone: _____ Phone: _____

Mobile: _____ Mobile: _____

SIGNED : DATE :/...../ 20

Parent/Guardian

OFFICE USE ONLY

Bus Return

Library

Computer/OASIS

2013 Parent Bulletin Distribution Preference

The school bulletin is available on the school website for viewing. Our website address is www.toronto-h.school@det.nsw.edu.au

It will be available on the website on the following dates –

Thursday - 21st March
Thursday - 23rd May
Thursday - 20th June
Thursday - 22nd August
Thursday - 17th October
Thursday - 21st November

If you would prefer to receive the Parent Bulletin by the traditional paper method, please complete and return the request below. If this request is not received by 15th March 2013 it will be assumed that parents are happy to receive the Bulletin by our website.

2013 Parent Bulletin Paper Method Request

Parents Name: _____

Students Name: _____ Class _____

Address: _____

_____ P/Code _____

I would prefer to receive my Parent Bulletin via paper method.

Parent Signature / /

Return to:

Toronto High School

COMMUNITY NEWS

LAKE MACQUARIE DOCKERS AFL FOOTBALL CLUB

Registrations for the oncoming season are on Sunday 24th February 10am to 1pm at Tulkaba Oval. The club caters for NAB Auskick 4 to 8 year olds and juniors 8 to 17 years. For further information please contact Terri Kozlik on Ph. 0409 458 725.

ROTARY INTERNATIONAL YOUTH EXCHANGE PROGRAM

Rotary International are offering students in Year 10, 11 & 12 the opportunity to experience a year of living in another country in 2014.. For further information please contact deniseparkes39@gmail.com or alternatively check out our website www.youthexchange.net.au

TIME TO SHINE!

SCHOOL PHOTOS

Are scheduled for

Wednesday 6th March, 2013.

Please be aware that **FULL school uniform**

MUST BE worn for a photo to be taken.

There is to be **NO** facial jewellery. Small **STUD** or sleeper earrings **ONLY**. **NO** necklaces worn during the photo shoot.

Year 12 **MUST** arrive at school by 7.30 and report to the MPC. You will be issued with a tie and blazer for your photo.

Any issues please ring Mr Russell Moore 4959 1788

Arrendell

Education Centre

The Power to be Your Best

**Senior Writing Workshop
(Years 10 -12) 10 hours total**

- **Essay Writing**
- **Creative Writing**
- **Question Analysis**
- **Exam Techniques**

**Creative Writing Workshop
(Years 9 - 11) 6 hours total**

- **Basics of story structure**
- **Development of strong writing style**
- **Enhanced creativity**



arrendell@ozemail.com.au

RECYCLE!! RECYCLE!! THS School Uniforms

If you or someone you know has left the school and has no use for their old school uniform we are happy to accept your donation.

These can be left at the front office

Thank You!!



- **Kumiai-Ryu Little Ninja's Club**
- **Do you want your child to learn a *Life Changing Skill*?**
- **Your child will gain these skills and so much more.**
- **Respect, Self-Control, Motivation Skills, Anti-Bullying, Self Defence**



First Lesson Obligation Free

Call **Kumiai-Ryur** to book 1 of our many **Programs**.

Located: 23 Victory Row Toronto

Mondays: 5 – 5.45 Little Ninja's 6 – 7 Adults KR Karate 7.15 – 8.15 KR Kickboxing

Wednesdays: 7.30 – 8.30 Family KR Karate 8.30 – 9.30 Family KR Kickboxing

Ph. - 0458 014 484 or visit www.krmass.com

Arrendell

Education Centre

The Power to be Your Best

- English, Maths, Sciences
- All levels Year 5-12
- Essay Writing & Study Skills
- School Holiday Workshop
- Small, Group Tutoring & One on One
- Qualified Experienced Teachers
- HSC specialists
- Your Child is special & deserves the best

Book now for 2013!



arrendell@ozemail.com.au



DRIVING SCHOOL

Female Instructor

- * Special attention given to Nervous Students
- * Work with Parents for more effective outcomes
- * Teach to drive safe NOT just drive
- * Automatic Lessons in Toyota Camry Altise
- * Pick up and drop off - Home, Work or School
- * A 1 hr structured lesson entitles you to 3 hrs in logbook

**PRESENT This Advertisement and receive
\$10 Off 1st Lesson**

Discounts for 5 or more lessons booked

Call Wendy PH: 0422 787 450

westlakesdrivingschool@gmail.com

A great value "Five Lesson Package" is available.

Find Us on Facebook!

P & C Meeting
Tuesday 26th February 2013
6pm School Library

All Welcome!!!