TORONTO HIGH SCHOOL *"Ship to Shore"*



NEXT P&C MEETING Tuesday 26th November 2013

Commencing at 6.00pm

in the School Library *All Welcome!*

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Upcoming Dates

<u>Term 4</u>

27 November Yr 6 to 7 2014 Information Night

2 December The Hive Homework Centre

4 December Yr 6 to 7 Orientation Day

9 December The Hive Homework Centre

13 December Rewards Day

17 December <u>Presentation Ceremonies</u> <u>Years 10 & 11 -</u> 11.45am to 1.50pm

Years 7, 8 & 9 - 6.00pm to 8.00pm

18 December Last Day of Term 4 2013

<u>2014 – Term 1</u> 29 January Yrs 7, 11 & 12 return

30 January Yrs 8, 9 & 10 return

Field Ave Toronto 2283 Ph: 0249 591788 Fax: 0249 504459 Email torontoh.school@det.nsw.edu.au Website: www.torontoh.schools.nsw.edu.au



Principal's Report Mark McConville

Year 12/HSC/BBQ Breakfast

Congratulations to our students who have now completed their Higher School Certificate. We look forward to hearing the great results shortly.



I would like to wish our departing Year 12 students all the best for their future and I hope they are successful in their endeavours. They have been a great Year 12 group and their parents should be proud of them. I look forward to hearing about all the great things that they do in their future life in time to come.

The Year 12 formal was a fantastic night at Newcastle Town Hall. A big thank you to Ms Goman and the Year 12 committee who organised the event. It is always great to see the Year 12 students all 'done up' at their last 'official' school function.

There is one other function for Year 12 - we have invited Year 12 back to the school on Wednesday 18 December 2013 at 7.30am for a BBQ breakfast to celebrate the release of the HSC results – I look forward to catching up with them all. Breakfast will be held outside the kitchens in TAS.

Year 7 2014 Information Night and Release of Classes

The Year 7 2014 Information Evening is being held on Wednesday 27 November in the school hall commencing at 6.00pm. This evening is for students and parents of Year 7 2014 to learn the latest information and to discover their class for next year.

The new THS uniform will be available for purchase by new students. The front office will also be available for the payments of fees as well as the Year 7 2014 bookpacks.

Catalina Academy 2014

Next year is our second intake of students into the Gifted and Talented class called the Catalina Academy for Innovation in Learning (C.A.I.L.). This is an exciting time for all those involved as Toronto High School adds to its quality educational suite of options for local families. Testing for the 2015 intake will take place early in 2014 - please contact the school for further details.

November 2013

Greg Piper's visit

Mr Piper (State member for Lake Macquarie) visited the school to discuss state parliament, government and voting to all Year 11 students.

Mr Piper then met with the School Prefects to discuss his experiences of leadership and making a difference. He was very generous with his time and we look forward to catching Mr Piper in Sydney next year when we visit State Parliament.



Attendance of Students in Term 4 2013

All students are required to attend school until *Wednesday 18 December 2013.* School staff is involved in School Development Days on 19 & 20 December, marking the end of Term 4 in 2013.

First Day for Students 2014

Staff will return to school on Tuesday 28 January 2014 for a Staff Development Day.

Students in Years 7, 11 & 12 will return to school on Wednesday 29 January 2014.

Students in Years 8, 9 & 10 will return to school on Thursday 30 January 2014.

End of Year Presentations

Please note presentations for all years will be held on Tuesday 17 December 2013. Each presentation ceremony will be held in the school hall. Details are as follows -

Years 10 & 11	Tuesday 17 December	commencing at 11.45am to 1.50pm
Years 7, 8 & 9	Tuesday 17 December	commencing at 6.00pm to 8.00pm

ALL students are expected to be in FULL SCHOOL Uniform – including black shoes. If there is an issue – please contact the school prior to the day of the presentation.



Uniform and Shoes for 2014

It is great to see the vast majority of students wearing the correct school uniform.

Toronto High School has recently opened the new Uniform Shop and photos will be displayed in the near future on the school website and facebook pages. Feedback so far is very positive with many students appearing keen to wear the new items.

List of items and pricing is included in the newsletter for your information.



<u>'Hoodies' are not allowed</u> at school. When purchasing a jumper for next year – please ensure that it doesn't have a hood.

When you enter a school and see students in the correct uniform it creates a very positive impression of the school. The school uniform is just like a uniform worn in the workplace. If you are working at McDonalds and you arrive for a shift in 'almost the right uniform' – you will be sent home. It is an important habit to develop. If you are experiencing financial difficulties, please contact the school so that we can assist.

<u>Black leather shoes</u> are the only acceptable shoes (except for sport). These shoes will have *no markings* (like the Nike Swoop etc) and will be a plain black leather shoe.



Student Assistance Scheme

Parents experiencing financial difficulty in meeting school expenses including subject specific fees and uniforms are invited to confidentially contact me to discuss the process. A limited amount of funds is supplied by the Government for needy families to assist with educational expenses. I encourage parents to seek this assistance.

As this is our final newsletter for 2013 I would like to take this opportunity to wish our students, staff and wider parent community all the best for the festive season and to stay safe over the holidays. I'm looking forward to working with you all again in 2014.



Deputy Principal's Report – Yrs 7, 9 & 11

Greg Morgan

It's getting close to Christmas. Yearly exams are now completed and reports are being compiled. Classes operate up until the last day of term, being Wednesday 18 December 2013. All school operations are as normal, students attend all day, every day, in uniform, and complete their classwork. Therefore all students are expected to attend school up until and including the last day of the school year. There are no early holidays.

BYOD

In 2014 one of the main changes to students will be the BYOD program, Bring Your Own Device. It is important to note - this does not include smart phones. It must be some type of Laptop or Tablet. However the details are still changing as to what devices will work with current school systems. It appears that android and I-pad systems **WILL NOT** be fully compatible.

Therefore it may perhaps be prudent to hold off purchasing any device in the interim and wait until further information is available. The school will ensure that no student is disadvantaged and we will keep you informed as new information is available.

Uniform

The new Uniform Shop opened on Friday 15 November 2013. The articles of clothing have small changes which have made a big difference to the overall uniform appearance. Any student can purchase the new uniform however the existing uniform will still be recognised for the next few years.

The main uniform concern is **shoes**. Please buy your child the necessary school shoes rather than the fashion shoe alternative. The THS Uniform details are included later in this newsletter.

On the fashion note, many girls are bringing handbags and clutch bags as school bags, leaving a lot of books at home. Please ensure that your child has an appropriate school bag that allows them to carry all the necessary school books and equipment needed each day.



Deputy Principal's Report – Yrs 8,10 & 12

Paula Reilly

Year 12

Year 12 students, at the time of this report, have finished their HSC examinations and are going through the signing out process. All students are expected to sign out. This means that all books and equipment must be returned and outstanding fees paid. This protocol must be attended to.

New Uniform

It is fantastic to hear the "buzz" from the students regarding the new uniform. As mentioned previously, the new "modified" uniform has now been released and is available for purchase from our new Uniform Shop, located at the Field Avenue end of the school MPC building.

Zero Tolerance

Recently I watched a report on sixty Minutes regarding the tragic circumstances of a young girl's death due to bullying she had experienced with social media. This was extremely distressing for me, as a parent and also as a teacher.

At Toronto High we have a zero tolerance for any bullying, sexual or racial harassment, physical violence or harassment of students and staff. Students are constantly reminded of these fundamental requirements, on our daily assemblies. Students are encouraged to take responsibility for their own actions and not blame others for their responses. The only person we can control is ourselves and blaming others when we do the wrong thing, takes away our own responsibility.

Toronto High School promotes the Charter of Dignity and Respect in the workplace. From the morning assembly, students are sent daily off to class, with the message – "Show **respect** at all times for teachers, other school staff and helpers, including **following class rules**, speaking **courteously** and **co-operating** with one another, following **instructions** and becoming involved in all **learning activities**."

Please report any issues in this regard to either myself, Mr Morgan, Mr McConville or for students in particular, the Year Advisor firstly. We treat these matters extremely seriously.

Playground

Students are reminded about the necessity of keeping our grounds neat and tidy; therefore disposing of any rubbish they have in the waste bins provided in the playground. In particular for those students who enter via the Awaba Road entrance could they please ensure rubbish is disposed of properly.

At Toronto High School we encourage all students to take pride in their school. Therefore when visitors enter our grounds first impressions are lasting impressions. *Be proud of your school!*

Appropriate Behaviour

May I remind students that whilst out in the community, either before school, after school or on school excursions, it is expected that appropriate behaviour will be displayed at all times. Students – you represent our school especially with the wearing of our school uniform so please wear it with pride. It is an honour to receive feedback from the community about how well behaved our students are. Any *inappropriate* behaviour will <u>not</u> be tolerated.

I remind all students about the protocols of leaving school during the day. If sick, students may report to sick bay, contact will be made with family and if possible, students will be collected by a family member and will be signed out of school by the office staff.

Students may seek an early leave pass

A note from parents must be provided before school, detailing dates, time and reason. This note will be countersigned by one of the deputies, will be presented to the office for recording and the early leave pass will be available for collection by the student at the nominated time. The student will be signed out of school by office staff.

Absence from School

All absences MUST be explained with a note, on the student's return to school. The note must include student's full name, Roll class, date of absence and reason for being absent.

At Formal Assemblies, Toronto High recognises those many students, who have maintained an exemplary attendance record. It is emphasised to all students, that attendance details are printed on the front cover of school reports and become a significant piece of information for future employers to consider, when offering jobs to students.

Bags

We have noticed that a number of students have started to bring handbags to school in place of a proper school bag. The problem is that these students are often not bringing the correct equipment to school for work; no books, pens, rulers and so on.

We urge parents and caregivers to support us to help their children to become work ready by ensuring they have a proper bag and equipment ready for the day's work and that the bag is not one that will cause problems later on with posture.



Finally, a word about being successful:

How Growth Mindsets Create Life Success.

Why we quit easily and lack motivation.

Maybe you are "naturally academically gifted" or perhaps you have to work hard at school to achieve good results and even then "good results" may not be that great. Many students believe the reason they don't get good results is because they are not smart. As a result they give up easily and lack motivation. Why bother working hard on a task if it is only going to end up making you feel disappointed or worse a failure?

What successful people have that most people don't have?

Successful people believe that failure is good! Yes, you read that right. Michael Jordon says, "I've failed over and over in my life and that is why I succeed". Some people see failure as a guide, clue, message, and information about what to improve so they can achieve their goal (they have a growth mindset). On the other hand, people who quit easily at the slightest hint of difficulty believe that failure is a reflection of who they are (fixed mindset).

What are fixed and growth mindsets?

Many students believe that intelligence is fixed, that each person has a certain amount and that's it. This has been described as a fixed mindset. Students with this mindset worry about how much of this fixed intelligence they possess. A fixed mindset makes challenges threatening for students (because they believe that their fixed ability may not be up to the task) and it makes mistakes and failures upsetting (because they believe that such setbacks reflect badly on their level of fixed intelligence). Other students believe that intelligence is something that can be cultivated through effort and education. They don't necessarily believe that everyone has the same abilities or that anyone can be as smart as Einstein, but they do believe that everyone can improve their abilities. And they understand that even Einstein wasn't Einstein until he put in years of focused hard work. Students with this growth mindset believe that intelligence is a potential that can be developed through learning. As a result, confronting challenges, learning from mistakes, and persevering in the face of setbacks become ways of getting smarter.

Below is a summary of how the fixed and growth mindset attitude affects different situations.

Situation	Fixed Mindset	Growth Mindset
Challenges	Avoids	Embraces
Obstacles	Gives up easily	Persists in the face of setbacks
Effort	Sees it as fruitless	Sees it as pass to mastery
Criticism	Ignores it	Learns from it
Success of Others	Feels threatened	Finds lessons and inspiration

The good news is that you aren't stuck with the same sort of mindset forever! To change your mindset, firstly start to really listen to your inner voice. How do you react to challenges? What do you say to yourself when things are difficult or don't work out how you want? Once you become aware of your reactions, you then need to start changing the messages to yourself to be more aligned with a growth mindset. For example, if you find yourself thinking 'I don't think I can do it', recognise that you have a choice about how you react, talk back to

the fixed mindset with a growth mindset voice. Say to yourself, 'Well I think this is going to be hard but if I put in the effort and get help along the way I probably can do it'. Every time you have a fixed mindset thought, challenge it with a growth mindset perspective. You'll be amazed at the differences that start to appear in your life!



I would like to encourage every member of the school community to spend an hour on the fourth Tuesday of each month attending our P & C meetings. Being involved in making a difference for your child/children, and all other students at Toronto High School, can be a rewarding experience.

The P&C are but few in number but work hard to improve the learning environment for all students, working towards ensuring sustainable fundraising income for the school.

This year we look forward to the announcement of the inaugural Leo Hudson Awards for students in Year 7 to 11 at our annual presentation ceremonies.

With the end of the year nearly upon us, I would like to wish all members of the Toronto High School community a safe and enjoyable Christmas and New Year on behalf of the THS P&C.

Kenn Whatson, President

General News

Payments

The school has been transitioning to a new financial accounting system over the past couple of weeks and we are now pleased to advise our EFTPOS facilities are again available for payments in our front office.

We thank you for your patience during this time. For your convenience the hours for receipting of payments in the front office are 8.00am to 2.00pm.

Please contact the school should you have any enquiries in this regard.

Updating Your Records

With the Christmas holidays looming, it may be prudent to bear in mind that any changes in your child's details ie medical details, addresses, contacts, phone numbers and emergency contacts etc, need to be advised to the school front office. During the holidays, many people move residences, update their mobile phones, and possibly develop medical conditions etc.

Keeping the school updated with your details is important, particularly in the case of an emergency if your child is ill. Please phone one of our friendly ladies in the front office if you are unsure if your information is up to date. Your support on this important matter is greatly appreciated.

Year 7 (2014) Parent Information Evening

This information session is scheduled for Wednesday 27 November 2013. On the evening the new Uniform Shop will be available to intending students and will be open 5pm to 9pm at the rear of the school MPC building.

Facilities will be available for the payment of 2014 fees, as well as for the purchase of Year 7 Bookpacks at a cost of \$70.00. We highly recommend the purchase of these bookpacks as they include all items required by our faculties as well as a calculator, THS Diary, goggles and other stationery items. A full itemised list is included in the Year 7 2014 Student Information Booklet.

MADD Night, Annual Art & Film Exhibitions

On Wednesday 20 November 2013, the Creative and Performing Arts Faculty (CAPA), held their annual **MADD** night. Students in CAPA have been extremely busy preparing for these events over the last couple of weeks and it was great to see the results of their fine efforts.

It is truly amazing the scope of talent we have here at Toronto High, from the students in art and film, music and drama, and also our Sound and Lighting Crew. Each and every one of them have developed personally as well as professionally throughout the course of the year.

As this is the last newsletter for the year, we look forward to publishing some of our photos from these events on our website and facebook page in the coming weeks.

Also a huge thank you to Mrs Allanson and all of our CAPA teachers for supporting our students with these events.

Premiers Debating Challenge

In the hotly contested Premier's Debating Challenge Toronto High School has emerged as the winners for the Hunter/Central Coast Region.

The team from Toronto High School entered the regional finals undefeated and kept this record intact as they defeated Berkeley Vale High School in the semi-final. Advancing to the final to meet Gosford High School (who had beat Merewether High School in their semi-final the week earlier), the team went on to successfully argue the affirmative case on the topic "That the downloading of music without permission should be treated as theft."



The Toronto High School team of

Julia Tavasci, Grace Miller, Catherine Keogh and Jessica Arundell are to be congratulated on their fine efforts, and will now participate in the state finals to be held at Sydney University from 27-29 November 2013. Well done girls!!

Thank you to Mr Banks and Mr Kapitanof for your support of our students.

Year 12 Formal

The Year 12 Formal was held on Thursday 21 November 2013 at Newcastle Town Hall from 6pm-11pm. It was a fabulous evening with a total of 160 staff, students and guests attending.

The photographer for the event was A-One Fotomakers who took formal portraits and fun photos on the night. All students who had already paid for the Formal Foto Booklet received their Booklet, and those wishing to purchase photographs can now do so through A-One Fotomakers.

We will endeavour to publish some photos of this fantastic night on our website and on our Facebook page in the near future. Any enquiries to Ms Goman, Year 12 Advisor.

Leadership Training Day

Our Student Leaders recently had the opportunity to attend a leadership training day for secondary student leaders at the Newcastle City Hall on Thursday 31 October 2013.

The GRIP Student Leadership Conference concentrated on training student leaders for their role as school leaders. The style, topics and content of the conference all focused on what the students can do RIGHT NOW, by arming them with lots of practical ideas to help support and encourage their student leadership.

The students completed sessions on:

- Succeeding in School Leadership
- What makes a Successful School Captain
- Being a leadership Group of Influence
- How to maximize Student Involvement
- Creating Unity at School Lessons from Nelson Mandela
- Creating House Spirit Lessons from Cathy Freeman

Our students were active participants and the final outcome was that each of them were very positive and keen to embrace their new roles.

GRIP Leadership conduct conferences throughout Australia for the benefit of our aspiring leaders.

Waves and Warriors

On Friday 6 September our Year 8 Humanities students enjoyed a grand finale to their Waves and Warriors Unit with the Year 8 CAIL students and the Support Unit. An incursion was held in the MPC with a guest speaker where the students and teachers were immersed in the Maori culture through participation in a traditional welcome ceremony and the Haka. Guest speaker Peter Moaranroa shared his knowledge and personal experiences with the students.





Dividing into two groups of locals and visitors the students enacted a traditional welcome ceremony whereby Mrs Hodges impressed us all with her beautiful singing voice for the local's welcome song "Advance Australia Fair" accompanied by the local students. The visitors then responded with a memorable rendition of "Amazing Grace" lead by Mr Moaranroa.

Following the welcome song select students, who were acting as leaders of their group, participated in the traditional greeting known as 'Hongi'. The students pressed their foreheads to foreheads with noses touching noses. Now we were all considered family as we had shared our breath "spirit" with each other.

From there we created a sharing circle to learn the Haka. Greater understanding was achieved through the explanation of the word meanings and actions that accompanied the song. Other activities included viewing sand art that told the creation story of the Maoris and oral stories shared by Mr Maoranroa.

THS LOG BOOK

The annual THS Log Book will be available for purchase in the next week. Log Books need to be pre-ordered and paid for through the school front office. Information will be announced at our morning assemblies.

Should you have any enquiries please contact Mr Golvers in the Science Faculty.

Canteen News

A message from Judy Bradley Canteen Co-ordinator

I would like to say a heartfelt thank you to all of the volunteers who have very kindly donated their time and helped out in the canteen this year. Without your valuable support the canteen would not operate as efficiently as it has this year. Many hands make light work! So thank you!!!

Judy Bradley

SCHOOL TERMS 2014

Term 1Tuesday 28 .1.2014 - Friday 11.4.2014Term 2Monday 28.4. 2014 - Friday 27.6.2014Term 3Monday 14.7. 2014 - Friday 19.9. 2014Term 4Tuesday 7.10. 2014 - Friday 19.12.2014

*DET School Development Days are held on the first day of Term 1, 2 & 3 and on the last 2 days of Term 4



November 2013

Netball

On Thursday 24 October Mrs Clewitt was privileged to take the U15's Toronto High School Netball Team to play against Kotara High School. The students involved included Ashley Howe, Hayley Chalmers, Maddison Woolnough, Jasmine Bax, Erin D'Agostino and Kimberley Taylor.

It was a very warm day with the girls putting in an excellent effort. Unfortunately though we had to play with only 6 students the entire game, with each player working hard to keep up with the pace of the game.

Unfortunately the girls were defeated however they need to be congratulated for their excellent sportsmanship and for representing the school well. Congratulations girls! Well played!

SPORT News



Other Sporting News



MITCHELL CLUFF

Year 7 student Mitchell has been riding dirtbikes since he was very young. He competes in events all over Australia and recently placed third in the Australian Dirt Bike Championships.

This year alone Mitchell has earned a first placing in *nine* different Dirt Bike Championships.

Most recently he earned second and third placings in the NSW State Titles; two first placings in the Victorian State titles; as well as his third placing in the Australian Dirtbike Championships in June.





Congratulations Mitchell! Well done!

ANIKA BUTLER

Congratulations to Anika Butler of Year 10. In our August newsletter we reported that Anika was off to represent Australia in the World Aerobic Championships in Belgrade, Serbia in October.

Well results are now in! Anika placed 6th.

That's fantastic Anika! Well done!!!

November 2013

Toronto High School Uniform 2014

These items are only available from the School Uniform Shop

Girls	Boys			
Bottoms				
THS blue tartan skirt				
Navy shorts (with THS symbol embroidered)	Grey shorts (with THS symbol embroidered)			
Navy trousers (with THS symbol embroidered)	Grey trousers (with THS symbol embroidered)			
Тор	os			
Year 7 to 10 - Junior blue blouse	Year 7 to 10 - Junior blue shirt			
(with school logo on pocket)	(with school logo on pocket)			
Year 11 and 12 - Senior white blouse	Year 11 and 12 - Senior white shirt			
(with school logo on pocket)	(with school logo on pocket)			
School navy jumper (with school logo)	School navy jumper (with school logo)			
Girls navy cardigan (with school logo)				
Sport U	niform			
Track suit jacket (v	vith school logo)			
Track suit pants (wi	- .			
THS Spor	ts Socks			
Sports shirt (wit	h school logo)			
PE Elective shirt (v	vith school logo)			
Sports shorts (with THS	symbol embroidered)			
Other	Items			
Girls white	THS socks			
Girls black pantyhose				
Boys THS grey socks (wit	th blue and red stripes)			
THS snapt	back cap			
THS be	eanie			
THS s	carf			
THS	tie			
Apron	white			
Apron	-			
Safety g	lasses			
Not available from the	School Uniform Shop			
Black leath				
Sport s	hoes			

Note: shorts and skirts must be no shorter than 7cm above the knee.







Toronto High School Uniform Shop Special Opening Hours



JANUARY 2014

TUESDAY	21. JAN	9.00am - 2.00pm
WEDNESDAY	22. JAN	9.00am - 2.00pm
THURSDAY	23. JAN	9.00am - 2.00pm
FRIDAY	24. JAN	9.00am - 2.00pm
TUESDAY	28. JAN	8.ooam - 4.oopm
WEDNESDAY	29. JAN	8.00am - 4.00pm
THURSDAY	30. JAN	8.00am - 12.00pm
FRIDAY	31. JAN	7.45am - 11.45am

THEN BACK TO NORMAL TRADING:

Wednesday 12.00pm – 4.00pm

Friday 7.45am – 11.45am

PRICE LIST / ORDER FORM ON THE BACK EFTPOS NOW AVAILABLE

YEAR 7 (2014) Orientation Evening

Wednesday 27th November 2013

Uniform Shop will be open from 5pm to 9pm

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November 2013



Daylight Sportswear Pty Ltd ABN 76 069 733 455 35 Garema Circuit, Kingsgrove NSW 2208 Tel: (02) 9758 5588 Fax: (02) 9758 5566 Email: daylight@daylightcorp.com

Toronto High School

UNIFORM SHOP

	UNIFORM SHOP	,		
ME:	YEAR:	DATE:		REC#
ПЕМ	PRICE	SIZE	OIX	TOTAL INCL GST
Girls				
Navy Girls Shorts	30.00			
Navy Girls Slacks	39.00			
Girls Tartan Skirt	49.50			
Jnr Sky Blouses	29.00			
Snr White Blouses	29.00			
Boys				
Ash Grey Elastic Shorts	32.00			
Ash Grey Tailored Trousers	42.00			
Grey Elastic Waist Trousers	39.00			
Jnr Boys Sky Shirts	28.00			
Snr Boys White Shirts	28.00			
Jumpers				
Navy Wool Jumpers	73.00			
Navy Acrylic Cardigan	50.00			
Sports				
School Jackets	65.00			
Sports Shorts	27.00			
Trackpants	39.00			
Sports Polo	34.00			
Sports Polo - Elective HPE	34.00			
Others				
Tie	20.00			
Black Tights	10.00			
Navy Aprons - Tas Metal	10.00			
Beanie	12.00			
Scarf	20.00			
Urban Snapback Cap	15.00			
White Aprons - Tas Cooking	10.00			

CASH

TO PAY: \$

CREDIT CARD

PER.....



As part of Stage 5 Industrial Technology Engineering we have seen the introduction of two new 3D Printers in our Trade Training Centre.

Mr Muxlow's and Mr Pauley's Year 9 Engineering classes have used the Computer Aided Design in the development of 3D drawings for wheels and axle blocks, as part of their Formula 1 model racers. After designing the components the finished drawings are then converted into a file format that the 3D Printers recognise and a 3D component is produced.

It is fantastic to witness our students' enthusiasm, with several wanting to spend their lunchbreaks discovering this new technology.

A big thank you to Mr Muxlow in setting up the 3D Printers in such a short timeframe.













On Friday 25 October 2013 the Support Unit went to Newcastle Beach to learn about life saving skills.

We met at Fassifern Station in the morning to catch the train to Newcastle. When we got to the beach we got changed into our beach clothes and put on sunscreen. Most of the kids played Frisbee or Catch for a while.

Then we headed to the Ocean Baths to meet the surf lifesavers. The first lifeguards we met were Jacob and Katie and they told us about safety and the Sun Safe Program.

The Support Unit students did many activities such as:

- Learning how to paddle on life saving boards
- Saving others in the water with floatation devices and a rescue board
- Learning about the rescue boats
- Playing the water bucket game





We had lunch at midday sitting in the shade and afterwards learned about the flags on the beach. The red and yellow flags are the safe zone and no surfers are allowed in between these flags. The blue, white and black flags are for the surfers only, but experienced swimmers can swim at their own risk. The red flag means that the beach is closed and there is dangerous surf.

The lifeguard showed us what a rip current looked like whilst Katie taught us how to escape the rip. To escape from a rip current you swim parallel to the waves and the waves bring you back to shore. If you get into trouble you need to put your

hand up in the air. The surf lifesavers will rescue you. It is important not to wave as the lifesavers will think you are just waving, and not that you are actually in trouble.

At the end of the day each of us received a special bag from the lifeguards. There was information on how to be safe and be sun smart, a wrist band and an aluminium drink bottle.

I thanked the lifeguards for the day. Everyone agreed that it was a great day and that they would like to do the course again next year.













































November 2013

The Hive Homework Centre

EVERY		Week 8	Week 9	Week 10
Monday		25/11/13	2/12/13	9/12/13
'Literacy Club' with Mrs Chapman and Mrs Johnston	Volunteer Teachers	Mr Ditz (Science) Miss Crawford (Maths)	Mr Ditz (Science) Ms Lavis (CAPA)	Mr Ditz (Science) have

The Hive Schedule for remainder of Term 4, 2013

The THS Hive Homework Centre concludes for Term 4 2013 on Monday 9 December. We thank students and staff for their support of this very valuable resource and look forward to the service continuing again early Term 1 2014.

Please contact Mrs Smith-Kain should you have any enquiries.



TIPS FOR PARENTS

Comprehension help for teens

Some kids will read perfectly in primary school and then suddenly struggle with comprehension in high school. Here's why.

Comprehension help: <u>http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/reading/comprehension-strategies-you-can</u>

Planning for the future

Throughout your child's school life you'll need to make choices about aspects of their education and future. Here's a selection of tips to help you plan for parent-teacher talks, subject selection, careers advice and backto-school.

Planning for the future: <u>http://www.schoolatoz.nsw.edu.au/homework-and-study/planning-for-the-future</u>

Maths tips for tweens

Kids who find maths easy in the early years of school can be turned off quickly if they get confused and can't work it out. Here are 10 ways to get your tween through the more challenging times.

Maths tips: <u>http://www.schoolatoz.nsw.edu.au/homework-and-study/mathematics/mathematics-tips/tips-for-tweens-who-find-maths-hard</u>

Time to party

While most parties go off without a hitch, celebrations can go wrong and get out of hand – particularly if the party is unplanned. Here are tips to help ensure your teen and their friends have fun but stay safe.

Time to party: <u>http://www.schoolatoz.nsw.edu.au//wellbeing/development/time-to-party</u>



To access our facebook page – <u>Toronto High School NSW – Official Site</u> Go to www.facebook.com/TorontoHighSchool

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Library News

Why Chess?

- Create Brighter Thinkers
- Improve Student Focus
- Achieve Academic Success

Educational Benefits of Chess:

Improves concentration and focus

November 2013

- Develops logical thinking and problem solving skills
- Enhances memory
- Encourages creative and lateral thinking
- Promotes discipline
- Accelerates emotional development
- Expands visualisation and spatial awareness
- Demonstrates actions and consequences
- Rewards correct decision making
- Increases self-confidence
- Provides opportunities to make new friends from diverse backgrounds



Combines

learning

with fun

Please see Mrs Figures in the school library for information regarding Chess coaching and Chess Club opportunities

A fun introductory chess lesson will be given by a professional coach from Sydney Academy of Chess. Everyone is welcome to come along, especially new players!



Sydney Academy of Chess Pty Ltd Sydney Chess Centre, Level 1, 30A George Street Burwood, NSW P: 9745 1170 F: 9745 1175 PO Box 1325, Burwood, NSW 1805 E: Info@sydneyacademyofchess.com.au W: sydneyacademyofchess.com.au





<u>Library News</u>



SYDNEY ACADEMY OF CHESS ABN: 14 139 982 004 Phone: 02 9745 1170 Fax: 02 9745 1176 PO Box 1325 Burwood NSW 1805 info@sydneyacademyolchess.com.au

www.sydneyacademyofchess.com.au

Dear Parents,

Sydney Academy of Chess would like to start running chess coaching/chess club at your son/daughters school, Toronto High School in 2014. The classes will be held once per week.

Chess is a valuable activity for children, developing their logical thinking skills, concentration and discipline, as well as being a source of much enjoyment! What better way to combine learning and fun!

We are currently seeking expressions of interest of children who would like to take part in the chess club/coaching in 2014.

These classes begin with an interactive lecture by one of our experienced coaches. During the second half of the lesson children play games against each other, putting newly learned strategies into practice. As the term progresses and the children become proficient in all the basics, the lectures will move on to more complex ideas such as strategy, middle game ideas and chess technique.

The cost for the coaching is \$7 per child per lesson. There are approximately 8-10 lessons during each term.

If you are interested in your child taking part in this activity, please fill in the form below and return it to the school office by *Friday* 6th *December*.

Thanks and regards,

Sydney Academy of Chess

Toronto High School – Chess Classes 2014

I would like my son/daughter to take part in the chess coaching organised by the Sydney Academy of Chess in 2014.

Student's name	Class
Parent's name and signature	

Contact:_____ Email:_____

The Booklook Newsletter

Toronto High School Library

NEW FICTION TITLES



Careers News

We have a School Careers website that we will be utilising. You can find the site at <u>www.torontohighcareers.com</u> or under the Careers tab on the school website.

The site contains a huge amount of information and should be your first stop when you are looking for information on jobs, careers, university or TAFE related (and there is so much more). I will communicate with you via the site as well. It has a student login area that allows you to do a heap of stuff once you have created an account.

To get an idea of what is there and what you can do, I want you to take a bit of a tour by doing the following:

1. Go to the site now. On the front page you will see a few things to note:

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- a) The Message Board I will post messages and notices here, so keep an eye on this
- b) The Careers Newsletter you can subscribe to receive a Careers Newsletter at least twice each term. This will have lots of relevant information, important dates and so on. If you wish to receive this, just put your name and email address in here.
- c) Facebook "Like" box (we have a Careers Facebook page, to be connected soon). This allows us to get important information to you via Facebook as a newsfeed. All you need to do is to click the "Like" box (in the bottom right hand corner of the page) and this will allow us to send you information. NOTE: You will have to do this from home as the school will block all Facebook access (you probably can't see the Facebook box right now).
- 2. Go to the "Calendar of Events" menu link under "Important information". Here you will find a calendar for the year. We will post all important dates and events on this. If you want to receive alerts or reminders of all upcoming events, just put your name and email address in here. You also have the option to select which categories of dates/events you want to receive reminders about.
- 3. Go down to the "Workplace Learning" menu item. Here you will see a number of pages you can go to, including Work Experience and WorkPlacement. There is also a page where you can download the documents you will need in order to go on Work Experience.
- 4. Now, just take 10 minutes to have a look over the rest of the site and see what sort of information is available –
- 5. Now you are going to create an account. Once you do this, you will have this account until you leave school.
 - a) Go down to the menu item "Help Videos" under the "for Students" tab, and watch these videos (make sure you have headphones).
 - b) Now click on the "Students Secure Area" under the "For Students" tab, this will open a new window where you can create your account (and in future, it is where you will login to your account).
 - c) Go to the "Registration" tab and enter your details **NOTE:** you can use any email address if you like, it doesn't have to be your school one it will only be used to send you your password if you forget it (it also becomes your login username).
 - d) Click the "Submit" button your account is now created and you can login *BIG NOTE:* Please write down your username and password now (it will be displayed on this page. Save it somewhere safe so you always know what it is your phone, school diary etc.).



- e) Now click on the Student Login tab and log in with your details. Have a look at the various things that you can do.
- f) Finally, let's change your password. Use the "Change Password" feature to change your password to something that you know and can remember. Don't forget to record this like in point (d) this is your new password.

Username: ______ Password: ______



Volunteer to host an international high school student through Southern Cross Cultural Exchange in February 2014 for 3, 5 or 10 month programs. This is a rewarding and unique opportunity that can help your family become closer and see the world in a new light. Out international students from France, Germany, Italy, Austria, Finland , Canada, USA, Colombia, Mexico and Japan will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501 to request our international student profiles, and capture the spirit of family and friendship.



THS

UNIFORM SHOP

"NOW OPEN"

Wednesdays

12pm – 4pm

Fridays

7.45am to 11.45am

Extended Hours during January school holidays

Visit our website for details www.toronto-h.schools.nsw.edu.au

DRIVING SCHOOL

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Female Instructor

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- * Work with Parents for more effective outcomes
- * Teach to drive safe NOT just drive
- * Automatic Lessons in Toyota Camry Altise
- * Pick up and drop off Home, Work or School

* A 1 hr structured lesson entitles you to 3 hrs in logbook

PRESENT This Advertisement and receive \$10 Off 1st Lesson Discounts for 5 or more lessons booked

Call Wendy PH: 0422 787 450 westlakesdrivingschool@gmail.com

A great value "Five Lesson Package" is available. Find Us on Facebook!



Do you have our School APP yet?

Download our School APP by visiting the Apple APP Store or Android Google Play market, search Toronto High School & press install. LJ Hooker Toronto, Rathmines & Wangi Wangi proudly sponsor 8 local schools



Toronto High P & C Meetings

Are held on 4th Tuesday of each month – 6pm School Library

Tuesday 26th November 2013